

Elisa Proietti

Contract professor

EDUCATION AND TRAINING

[12/17/2018](#)

Master's Degree in Food Sciences and Human Nutrition
University of Turin

[11/23/2022](#)

MSc in Management and Coordination of Health Professions
University of Unitelma Sapienza

[03/08/2018](#)

MSc Advanced Certificate of Professional Training in Eating Disorders and Obesity
Aidap, Verona

[11/28/2016](#)

1st Level Degree in Dietetics
University of Genoa

PROFESSIONAL HISTORY

[11/01/2022-11/01/2025](#)

PhD student

HAEMATO-ONCOLOGY AND
CLINICAL-TRANSLATIONAL
INTERNAL MEDICINE, Gerontology,
Nutrition and Anti-Aging Medicine
Department of Internal Medicine
and Medical Specialities, University
of Genoa

OTHER EXPERIENCES

[08/16/2025 - in now;](#)

Registered Dietitian hired with a permanent contract
IRCCS Giannina Gaslini

[03/11/2020- 08/15/2025;](#)

Registered Dietitian hired with a permanent contract
ASL4 Liguria

[ANSISA National Congress, ICS Maugeri, Pavia, March 15-16, 2025](#)

Winner of the 2nd prize, "Oliviero Sculati," FIVE-MINUTE COMPETITION, for the abstract titled "Ad interim analysis of data from the GDUE® study (dietary and nutraceutical approach to Metabolic Dysfunction-Associated with Steatotic Liver Disease-MASLD)"

PUBLICATIONS

Ferrando MR, Proietti E, Demontis M, Montecucco F, Pisciotta L. Sustainable development goals: a call for future internal medicine. Intern Emerg Med. 2025 Apr 11.

Lotti S., Moretton M., Proietti E., et al Association between shift work and eating behaviours, sleep quality, and mental health among Italian workers European Journal of Nutrition (2025) 64:97

Proietti, E., et al. Gdue ® study in fatty liver disease associated to metabolic dysfunction (MAFLD): preliminary data. ISBN 978-2-8325-5122-6 Aristeia International. (2024)

Formisano E., Proietti E., et al, Effect of egg consumption on health outcomes: an updated umbrella review of systematic reviews and meta-analysis of observational and intervention studies, Nutrition, Metabolism and Cardiovascular Diseases, 2025, 103849.

Valerio, J.; Borro, M.; Proietti, E.; et al. Systematic Review and Clinical Insights: The Role of the Ketogenic Diet in Managing Glioblastoma in Cancer Neuroscience. J. Pers. Med. 2024, 14, 929.

Formisano, E.; Proietti, E.; et al. Characteristics, Physiopathology and Management of Dyslipidemias in Pregnancy: A Narrative Review. Nutrients 2024, 16, 2927.

Proietti E, et al. Online Questionnaire with Fibromyalgia Patients Shows Negative Correlations between Disease Severity and Adherence to Mediterranean Diet. Nutrients. 2024 Apr 6;16(7):1078

Formisano E, Proietti E, Borgarelli C, Sukkar SG, Albertelli M, Boschetti M, Pisciotta L. The impact of overweight on lipid phenotype in different forms of dyslipidemia: a retrospective cohort study. J Endocrinol Invest. 2024 Apr 11

Formisano E, Proietti E, Borgarelli C, Pisciotta L. Psoriasis and Vitamin D: A Systematic Review and Meta-Analysis. Nutrients. 2023 Jul 30;15(15):3387

Formisano E, Proietti E, Borgarelli C, Pisciotta L. Comment to "Vitamin D in psoriatic arthritis - A systematic review and meta-analysis". Semin Arthritis Rheum. 2024 Aug;67:152457.