

# CURRICULUM VITAE

## SIMONE CHARPENTIER MORA

**PERSONAL INFORMATION:** DATE OF BIRTH: December 9, 1992, **NATIONALITY:** Italian, **EMAIL:** [simone.charpentiermora@unige.it](mailto:simone.charpentiermora@unige.it)

### CURRENT POSITION

**Licensed Psychologist and Psychotherapist**, registered with the Liguria Order of Italian Psychologists (No. 2849, Section A) since September 2018. Listed as a psychotherapist in the Register since June 7, 2023.

**Fixed-term Assistant Professor** at the University of Genoa. Competition sector: 11/E4 - Clinical and Dynamic Psychology.

**National Scientific Qualification for the role of Associate Professor** in the competition sector 11/E4 Clinical and Dynamic Psychology, SSD M-PSI/07, obtained on December 12, 2023.

For the academic year 2024-2025 **teaching the official courses "Dynamic Psychology"** as part of the bachelor's degree program in Psychological Sciences at the Department of Educational Sciences, University of Genoa; and **the official course "Psychodynamics of Family Relationships"** within the master's degree program in Psychology at the Department of Educational Sciences, University of Genoa.

For the academic year 2023-2024 **teaching the official courses "Developmental Psychopathology" and "Developmental Psychopathology Workshop"** as part of the bachelor's degree program in Psychological Sciences at the Department of Educational Sciences, University of Genoa; and **the official course "Psychodynamics of Family Relationships"** within the master's degree program in Psychology at the Department of Educational Sciences, University of Genoa.

### EDUCATION AND PROFESSIONAL FORMATION (SELECTION)

**Specialization in Cognitive Psychotherapy** for the practice of psychotherapy, completed with highest honors at the School of Cognitive Psychotherapy in Turin (Academic Director: Prof. Fabio Veglia; thesis defended on May 5, 2023).

**PhD in Social Sciences**, 33rd cycle, curriculum **"Psychology, Anthropology, and Cognitive Sciences"**. Dissertation titled "Parental mentalization, psychological functioning, and psychopathological outcomes in children during middle childhood." Evaluation: "Excellent." (Supervisor: Prof. Donatella Cavanna; thesis defended on September 8, 2021).

**Annual Postdoctoral Research Fellowship** (October 3, 2022, to October 2, 2023) at the University of Genoa for a project titled *"Emotional regulation and physiological reactivity in children during middle childhood: A multi-method and multi-informant study on the role of parental mentalization as a social buffering mechanism"*.

**Nine-month Postdoctoral Research Scholarship** (September 15, 2021, to June 2022) at the University of Genoa for a project titled *"Mentalization, physiological reactivity, and linguistic style matching within the parent-child attachment system during middle childhood"*.

### SCIENTIFIC AND CLINICAL TRAINING (SELECTION)

Intensive workshop on the administration of the **Child Attachment Interview for assessing attachment representations in school-age children**. University of Genoa, 2013 (Instructor: Prof. Yael Shmueli-Goetz, Anna Freud Centre).

Intensive workshop on the use of **Video Intervention Therapy in treating developmental disorders**. Bolognese School of Cognitive Psychotherapy, Forlì campus, 2017 (Instructor: Prof. George Downing, Salpêtrière Hospital and University VIII, Paris).

Intensive workshop on the coding and application of the **Insightfulness Assessment Procedure for evaluating parental mentalization processes**. University of Heidelberg, 2018 (Instructors: Prof. Nina Koren-Karie, Prof. David Oppenheim, University of Haifa).

Intensive training on the use of the **Connect Parent Group program for parents of children with emotional and behavioral disorders**. University of Pavia, 2020 (Instructor and supervisor: Prof. Lavinia Barone, University of Pavia).

Training on the **Metacognitive Interpersonal Therapy for personality disorders** and training on the assessment and treatment of paranoid and avoidant personality disorders. Crocetta Clinical Centre, 2022, 2023 (Instructors: Dr. Giancarlo Dimaggio, Dr. Giuseppe Nicolò, Dr. Michele Procacci).

Advanced Training Course on **"Eating Disorders and Emotional Regulation Disorders"**. This course focused on the clinical-therapeutic developments of Attachment Theory, the Family-Based Treatment protocol for anorexia nervosa in adolescence, and dialectical behavior therapy for emotional dysregulation disorders in adolescence. Crocetta Clinical Centre, 2019 (Instructors: Dr. Armando Cotugno, Dr. Francesca Manaresi, Prof. Daniel Le Grange, University of California, San Francisco).

### PRESENTATIONS AT INTERNATIONAL/NATIONAL CONFERENCES (SELECTION)

2024: **XXIV National Congress – Section of Clinical and Dynamic Psychology**, Italian Psychological Association, Salerno; **SITCC Intermediate Congress 2024**, Italian Society for Behavioral and Cognitive Therapy (SITCC), Pescara.

2023: **31st European Congress of Psychiatry (EPA)**, Paris; **18th World Association for Infant Mental Health (WAIMH) World Congress**, Dublin; **XXIII National Congress – Section of Clinical and Dynamic Psychology**, Italian Psychological Association, Florence.

2022: **30th European Congress of Psychiatry (EPA)**, Budapest; **10th International Attachment Conference (IAC)**, Lisbon; **XXX National Congress – All Sections**, Italian Psychological Association, Padua.

2021: **XXII National Congress – Section of Clinical and Dynamic Psychology**, Italian Psychological Association, Lecce.

2019: **18th International Congress of the European Society for Child and Adolescent Psychiatry (ESCAP)**, Vienna; **XXII National Congress – Section of Clinical and Dynamic Psychology**, Italian Psychological Association, Milan.

\*The AIP, WAIMH, IAC, and SITCC conferences included oral presentations (n = 10); the EPA and ESCAP conferences included poster presentations (n = 3).

### SCIENTIFIC PUBLICATIONS

Cavanna D., Bizzi F., & **Charpentier Mora S.** (2015). Individual paths and spiritual response to cancer. *Salute e Società*, 2, 143-157, doi: 10.3280/SE52015-002011.

Bizzi, F., Ensink, K., Borelli, J. L., **Charpentier Mora, S.**, & Cavanna, D. (2019). Attachment and reflective functioning in children with somatic symptom disorders and disruptive behavior disorders. *European Child & Adolescent Psychiatry*, 28, 5, 705-717, doi: 10.1007/s00787-018-1238-5.

- Bizzi, F., **Charpentier Mora, S.**, Ensink, K., Cavanna, D., & Borelli, J. (2020). Does children's mentalizing mediate the role of attachment and psychological maladjustment in middle childhood? *Journal of Child and Family Studies*, 29, 1793-1803. doi: 10.1007/s10826-020-01701-9.
- Bastianoni, C., **Charpentier Mora, S.**, De Gregorio, E., & Bizzi, F. (2020). Exploring adopted adolescents' inner world through the lens of qualitative methodology. *Children and Youth Services Review*, 113, 104973. doi: 10.1016/j.chidyouth.2020.104973
- Bizzi, F., Riva, A., **Charpentier Mora, S.**, Cavanna, D., & Nacinovich, R. (2020). Attachment representation to caregivers and mentalizing ability in early adolescents with primary headache. *Clinical Psychology & Psychotherapy*, 28, 4, 862-871. doi: 10.1002/cpp.2540
- Bastianoni, C., **Charpentier Mora, S.**, Cavanna, D., & Bizzi, F. (2021). Adopted Adolescents Talk about the Mental States: a Qualitative Exploratory Study. *Mediterranean Journal of Clinical Psychology*, 9, 2, 1-24. doi: 10.13129/2282-1619/mjcp-2956
- Bizzi, F., **Charpentier Mora, S.**, Cavanna, D., Borelli, J., & Ensink, K. (2021). Testing Children's Mentalizing in Middle Childhood: Adopting the Child and Adolescent Reflective Functioning Scale with Clinical and Community Children. *Journal of Child and Family Studies*, 1-14. doi: 10.1007/s10826-021-02057-4.
- Cavanna, D., & **Charpentier Mora, S.** (2021). On the psychodiagnosis in clinical psychology and some suggestions to reflect about. *Giornale Italiano di Psicologia*, 1, 95-101. doi: 10.1421/101225.
- Bizzi, F., Riva, A., Borelli, J., **Charpentier Mora, S.**, Bomba, M., Cavanna, D., & Nacinovich, R. (2021). The Italian version of the Reflective Functioning Questionnaire: Validity within a sample of adolescents and associations with psychological problems and alexithymia. *Journal of Clinical Psychology*, 78(4), 503-516. doi: 10.1002/jclp.23218.
- Bizzi, F., **Charpentier Mora, S.**, Bastianoni, C., Ensink, K., Cavanna, D., & Borelli, J. (2021). Attachment representations and mentalizing in middle childhood across one year: a preliminary pilot longitudinal study. *Psychoanalytic Psychology*, 39 (1), 69-73. doi: 10.1037/pap0000379.
- Tironi, M., **Charpentier Mora, S.**, Cavanna, D., Borelli, J., & Bizzi, F. (2021). Physiological factors linking insecure attachment to psychopathological risk: a systematic review. *Brain Sciences*, 11(11), 1477. doi: 10.3390/brainsci11111477.
- Charpentier Mora, S.**, Bastianoni, C., Koren-Karie, N., Cavanna, D., Tironi, M., & Bizzi, F. (2022). Parental mentalizing during middle-childhood: how is the adoption of a reflective stance associated with child's psychological outcomes? *International Journal of Environmental Research and Public Health*, 19(10), 6205. doi: 10.3390/ijerph19106205.
- Charpentier Mora, S.**, Bastianoni, C., Pederzoli, M., Rospo, F., Cavanna, D., & Bizzi, F. (2023). Which space for fathers' mentalizing? A systematic review on paternal Reflective Functioning, Mind-Mindedness and Insightfulness. *Journal of Child and Family Studies*. 32(5), 1261-1279. doi: 10.1007/s10826-023-02559-3.
- Bizzi, F., Riva, A., **Charpentier Mora, S.**, Tironi, M., Sforza, S. E., Milani, L. M., & Nacinovich, R. (2023). Investigating Functioning Profile of Adolescents with Anorexia pre and during the COVID-19 Pandemic: a cross-sectional study on Mentalizing, Alexithymia, and Impulsiveness. *International Journal of Environmental Research and Public Health*, 20(4), 3670. doi: 10.3390/ijerph20043670.
- Liotti, M., Bincoletto, A. F., Bizzi, F., Tironi, M., **Charpentier Mora, S.**, Cavanna, D., Giovanardi, G., Jurist, E., Speranza, A., Lingardi, V., & Tanzilli, A. (2023). The catcher in the mind: validation of the brief-mentalized affectivity scale for adolescents in the Italian population. *Research in Psychotherapy: Psychopathology, Process, and Outcome*, 26(3), 709, doi: 10.4081/ripppo.2023.709.
- Riva, A., Bizzi, F., Borgatti, R., Mensi, M., **Charpentier Mora, S.**, Di Guardo, S., & Nacinovich, R. (2024). Family functioning of adolescents with restrictive eating disorders with or without nonsuicidal self-injury. *Clinical Psychology & Psychotherapy*, 31(1), e2955, doi: 10.1002/cpp.2955.
- Tironi, M., **Charpentier Mora, S.**, Liotti, M., Fiorini Bincoletto, A., Tanzilli, A., Cavanna, D., Lingardi, V., Speranza, A., Giovanardi, G., & Bizzi, F. (2024). Adverse childhood experiences and psychological maladjustment in adolescence: The protective role of epistemic trust, mentalized affectivity, and reflective functioning. *Journal of Clinical Psychology*, 80(11), 2228-2246.
- Charpentier Mora, S.**, Bastianoni, C., Cavanna, D., & Bizzi, F. (2024). Emerging Adults facing the COVID-19 Pandemic: Emotion Dysregulation, Mentalizing, and Psychological Symptoms. *Current Psychology*. 1-8. doi: 10.1007/s12144-022-03322-5.



## BIBLIOMETRIC INDICATORS AND RESEARCH INTERESTS

**Bibliometric indicators:** Updated as of December 2024 based on SCOPUS: #articles: 18, #citations: 166, H-Index: 7.

My research interests and related scientific publications focus on the following topics within **the study of attachment theory, mentalization processes, and emotional regulation in parents and children:** the parent-child attachment relationship, parental mentalization processes, family relationship dynamics, attachment-based measures and interventions, emotional regulation processes, and physiological reactivity within parent-child interactive exchanges.



## AWARDS AND RECOGNITIONS

2024: Winner of the "Rising Stars 2024" award by the Italian Society for Cognitive and Behavioral Therapy (Società Italiana di Terapia Comportamentale e Cognitiva, SITCC). This recognition included the opportunity to present the awarded scientific publication as an *invited speaker* in a dedicated plenary session at the SITCC Congress in Pescara, December 13-15, 2024. The winning article was: **Charpentier Mora et al.**, (2023). *Which space for fathers' mentalizing? A systematic review on paternal Reflective Functioning, Mind-Mindedness and Insightfulness* (*Journal of Child and Family Studies*, 2023).

2022: Awarded "Best MiniTalk" by the Italian Psychological Association, Clinical and Dynamic Psychology Section, during the 30th AIP National Congress held in Padua, September 27-30, 2022, for the following oral presentation: **Charpentier Mora, S.** (2022). *Parental mentalizing as a framework for exploring child's psychological outcomes during middle childhood*. **XXX National Congress – All Sections**, Italian Psychological Association, Padua.



## PARTICIPATION IN NATIONAL AND INTERNATIONAL RESEARCH GROUPS

Current leadership of an international research group on the validation and application of the Insightfulness Assessment Procedure in the Italian population. Other group members: Prof. Nina Koren-Karie (University of Haifa), Prof. Fabiola Bizzi (University of Genoa). The group's work resulted in a scientific publication.

Current participation in an international research group on the validation and use of the Child and Adolescence Reflective Functioning Scale in the Italian population. Other group members: Prof. Karin Ensink (Université Laval, Québec), Prof. Donatella Cavanna, Prof. Fabiola Bizzi (University of Genoa), Prof. Jessica Borelli (University of California, Irvine). The group's work resulted in three scientific publications.

Current participation in a national research group studying mentalization processes and family functioning in clinical populations in collaboration with the University of Milano-Bicocca & San Gerardo Hospital in Monza. Other group members: Prof. Renata Nacinovich (University of Milano-Bicocca), Dr. Anna Riva (San Gerardo Hospital in Monza), Prof. Fabiola Bizzi (University of Genoa). The group's work resulted in four scientific publications.

Current participation in a national research project on the "Italian adaptation of the Mentalized Affectivity Scale for adolescents." Other group members: Prof. Anna Maria Speranza, Prof. Vittorio Lingiardi, Dr. Marianna Liotti, Dr. Guido Giovanardi, Dr. Fiorini Bincoletto (Sapienza University of Rome), Prof. Fabiola Bizzi, Dr. Marta Tironi (University of Genoa). The group's work resulted in two scientific publications.



#### AD-HOC REVIEWERS AND EDITORIAL ROLES

**Ad-hoc reviewer activities** for the following specialized journals: Mediterranean Journal of Clinical Psychology; The Spanish Journal of Psychology; International Journal of Environmental Research and Public Health; Biology, Behavioral Sciences, Child and Adolescent Psychiatry and Mental Health, Children and Youth Services Review, Scientific Reports, Frontiers in Psychiatry, Child Psychiatry and Human Development, BMC Psychiatry, Current Psychology, Child Abuse & Neglect.

**Guest editor** for the Special Issue "Advances in Child and Adolescent Clinical Psychology" in the journal International Journal of Environmental Research and Public Health ([https://www.mdpi.com/journal/ijerph/special\\_issues/child\\_adolescent\\_psychology](https://www.mdpi.com/journal/ijerph/special_issues/child_adolescent_psychology)).

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Genova, 24/12/2024

  
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