



Martina Olcese

Nationality: Italian | **Email:** martina.olcese@edu.unige.it

● WORK EXPERIENCE

 **DISCIPLINARY FIELD PSIC-03/A SOCIAL PSYCHOLOGY**

RESEARCH FELLOW (DISFOR) – 02/2025 – CURRENT

 **PSYCHOLOGYST – GENOA, ITALY**

EXPERT IN CLINICAL PSYCHOLOGY – 07/01/2019 – CURRENT

Assessment, diagnosis and individual psychological support for families and couples.

 **PSYCHIATRIC REHABILITATION TECHNICIAN – GENOA, ITALY**

PSYCHIATRIC REHABILITATION TECHNICIAN – 12/2014 – 12/2018

Design and implementation of individualised and group rehabilitation programmes to promote social and occupational functioning in people with psychiatric disorders.

● EDUCATION AND TRAINING

11/2021 – 10/2024

PHD COMPLETED IN OCTOBER 2024 (THESIS DEFENCE IN 2025) IN SOCIAL SCIENCES, CURRICULUM IN MIGRATION AND INTERCULTURAL PROCESSES University of Genoa-DISFOR

03/11/2021

MASTER II LEVEL IN CLINICAL PSYCHOSEXOLOGY Unicusano Telematic University

Final grade 110/110 cum laude | **Thesis** "Sexuality during pregnancy before and during the COVID-19 pandemic"

2014 – 2018

MASTER'S DEGREE PSYCHOLOGY (CURRICULUM IN CLINICAL AND COMMUNITY PSYCHOLOGY)
University of Genoa

Final grade 110/110 cum laude | **Thesis** "Suicide and the internet: analysis of websites and Instagram pages"

2009 – 2013 Genova, Italy

BACHELOR'S DEGREE IN PSYCHIATRIC REHABILITATION TECHNIQUES University of Genoa

Final grade 110/110 cum laude | **Thesis** "Voices: a comparison of national and international rehabilitation experiences"

2003 – 2008

HIGH SCHOOL DIPLOMA M. Luther King State Classical High School

● TEACHING AND TEACHING SUPPORT ACTIVITIES AT UNIVERSITY LEVEL NATIONWIDE

01/2025

Adjunct professor at the University of Genoa (DISFOR)

Lecturer in "Social Psychology of the Family in Early Childhood" (code 98304). Degree course in Education and Training Sciences.

2021 – 2024

Teaching Assistant

Teaching Assistant in Methods and techniques of community psychology (Master's degree course in psychology) and Psychology of family relationships (Master's degree course in psychology)

12/11/2024 – 13/11/2024

Workshop facilitation at the University of Genoa (DISFOR)

Conducting (4 hours) a workshop entitled "Using ecological maps and stakeholder analysis to promote community resilience" as part of the course on community psychology methods and techniques (56074)

11/01/2023

Workshop facilitation at the University of Naples Federico II

Conducted a national workshop entitled "Stakeholder Analysis and Engagement in the Promotion of Community Resilience"

24/11/2022

Lecturer at the University of Genoa (DISFOR)

Lecture (2 hours) in the course on methods and techniques of community psychology (56074) entitled "Communities Advancing Resilience Toolkit: a model for promoting community resilience"

24/05/2022 – 25/05/2023

Academic Tutor

Tutoring activities to support thesis writing.

● **INTERNATIONAL UNIVERSITY TEACHING ACTIVITIES**

16/04/2024

Lecturer at DePaul University (Chicago, United States)

Teaching students on the Master's degree course in Psychology, on the Community Psychology course, entitled "Stakeholder analysis and engagement in promoting community resilience".

18/04/2024

Lecturer at National Louis University (Chicago, United States)

Lecture to doctoral students in community psychology and professors, entitled "The community in the aftermath of traumatic events: a model to promote community resilience".

● **TRAINING INTERNSHIPS**

03/2013

Villa San Benedetto Menni (Albese con Cassano, Como)

Collaboration with clinical teams to develop individualised rehabilitation plans that include therapeutic activities, rehabilitation programmes and social interventions. Meetings with families to support them in caring for relatives with psychiatric disorders. Co-management of rehabilitation activities.

05/2012 – 07/2012

Psychiatric rehabilitation therapeutic community "Redalloggio" (Varazze, Savona)

Participation in daily rehabilitation activities. Support in the design and implementation of rehabilitation projects aimed at promoting social and occupational functioning.

01/2012 – 02/2012

Therapeutic community for drug addiction and alcoholism "Un'Occasione" (Lavagna, Genova)

Support for group rehabilitation activities aimed at managing addiction and implementing problem-solving techniques and social skills training.

01/2012 – 02/2012

SerT - ASL 4 (Lavagna, Genova)

Participation in team meetings, collaboration in the implementation of group interventions aimed at preventing pathological gambling.

06/2011 – 07/2011

Day Center for Mental Health-Mental Health Center ASL 3 (Genova)

Co-leading and supervising group rehabilitation activities aimed at managing auditory hallucinations. Supporting home visits and planning rehabilitation interventions.

01/2011 – 02/2011

Day Center "Il girasole"- ASL 3 (Genova)

Support for rehabilitation assessment and implementation of activities aimed at promoting relational functioning and activities of daily living.

01/2011 – 02/2011

Therapeutic centre "Franco Basaglia" - ASL 3 (Genova)

Support for art therapy and theatre therapy activities aimed at patients with psychiatric disorders, mainly targeting adolescents and young adults.

06/2010 – 07/2010

University Psychiatric Clinic - University Hospital San Martino (Genova)

Support in administering assessment questionnaires, co-conducting interviews and defining individualised rehabilitation projects. Co-conducting psychiatric rehabilitation activities for adolescent patients with eating disorders.

● **POSTGRADUATE PROFESSIONAL INTERNSHIPS**

08/04/2019 – 24/09/2019

SPDC-University Hospital San Martino (Genova)

Clinical internship: co-conducting assessment interviews, diagnosis and psychological support. Support in administering assessment questionnaires and participating in supervision groups.

07/11/2018 – 07/04/2019

University of Genoa (DISFOR)

Research internship: state-of-the-art analysis. Design activities, data collection and analysis, drafting of scientific articles and meetings with research teams.

● **MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS**

29/01/2020 – CURRENT

Registered with the Liguria Regional Board of Psychologists (n. 2986)

15/02/2018 – CURRENT

Regional Board of TSRM and PSTRP Professionals – Genova, Imperia, Savona

● **MEMBERSHIPS IN SCIENTIFIC SOCIETIES**

01/2024 – CURRENT

Midwestern Psychological Association (MPA)

05/2023 – CURRENT

Italian Association of Psychology – Social Psychology Section

12/2022 – CURRENT

Society for Community Research and Action (SCRA)

04/2022 – CURRENT

Italian Society of Community Psychology (SIPCO)

● **RESEARCH ACTIVITIES**

2021 – CURRENT

University of Genoa (DISFOR)

Participation in the design, collection and analysis of data, drafting and presentation of scientific articles on topics of research interest:

factors contributing to the promotion of well-being in migrant and non-migrant children, adolescents and young adults and the role of material deprivation in promoting their well-being and life satisfaction;
the experience of Italian families in welcoming Ukrainian refugee adults, adolescents and young adults;
community resilience in relation to large-scale traumatic events and forced migration:
factors that promote family resilience in families exposed to vulnerability.

● PUBLICATIONS

Madera F., Olcese M., Cardinali P. & Migliorini L. Nature connectedness in adolescents and young adult: a systematic review. *Journal of Environmental Psychology*. Under review.

Migliorini L., Olcese M., Madera F. & Cardinali P. Welcome Home: Community Resilience in Hosting Ukrainian Refugees. *Journal of Intercultural Studies*. Under Review.

Olcese, M., Madera F., Cardinali P., Prestia D. & Migliorini L. Investigating Community Resilience and Social Support: A Study of Ukrainian Women Refugees. *Journal of Community Psychology*, Under Review.

Madera, F., Olcese, M. & Migliorini L. (2025). A Systematic Review of Nature Connectedness in Adolescents and Young Adults: Fostering Environmental Responsibility and Sustainable Practices. *Journal of Prevention & Intervention in the Community*. <https://doi.org/10.1080/10852352.2025.2474909>

Migliorini L., Olcese M., & Cardinali P. (2024). Enhancing community resilience in the context of trauma: The Morandi Bridge collapse in Italy. *American Journal of Community Psychology*, <https://doi.org/10.1002/ajcp.12772>.

Arcadu M., Olcese M., Rovetta G. & Migliorini L. (2024) Bridging cultures through food: a qualitative analysis of culinary coexistence between Italian families and Ukrainian refugees. *International Journal of Intercultural Relations*. <https://doi.org/10.1016/j.ijintrel.2024.102048>

Olcese M., Madera F., Cardinali P., Serafini G. & Migliorini L. (2024) The role of community resilience as a protective factor in coping with mental disorders in a sample of psychiatric migrants. *Frontiers in Psychiatry*, <https://doi.org/10.3389/fpsy.2024.1430688>

Olcese M., Antichi L., Madera F., Prestia D., Dettore D., Serafini G., Martinotti G., Giannini M., Casale S., Cardinali P. & Migliorini L.(2024) Suicide on Italian Instagram: Insights and Implications for Prevention and Support. *Journal of Community & Applied Social Psychology*. <https://doi.org/10.1002/casp.2844>

Olcese, M., Cardinali, P., Camilleri, A. P., & Migliorini, L. (2024). Feeling Community During War: Community Resilience of Ukrainian Women Refugees in Italy. *Journal of International Migration and Integration*, 1-19. <https://doi.org/10.1007/s12134-024-01147-8>

Cardinali, P., Olcese, M., Antichi, L., & Migliorini, L. (2024). Cumulative trauma and perceived community resilience: A serial mediation model. *Journal of Community Psychology*, 52(1), 276-288. <https://doi.org/10.1002/jcop.23097>

Olcese, M., Cardinali, P., Madera, F., Camilleri, A. P., & Migliorini, L. (2024). Migration and community resilience: A scoping review. *International Journal of Intercultural Relations*, 98, 101924. <https://doi.org/10.1016/j.ijintrel.2023.101924>

Antichi, L., Olcese, M., Prestia, D., Barbagallo, G., Migliorini, L., & Giannini, M. (2023). Italian validation of the Generic Conspiracist Beliefs Scale (GCBS). *BPA-Applied Psychology Bulletin (Bollettino di Psicologia Applicata)*, (298).10.26387/bpa.2023.00016

Moreira-de-Oliveira, M. E., de Menezes, G. B., Pozza, A., Massa, L., Albertella, L., Prestia, D., Olcese, M., Fontenelle, L.F. & Marazziti, D. (2023). A "transatlantic" follow-up study of the impact of the COVID-19 pandemic on patients with obsessive-compulsive disorder. *Journal of Affective Disorders*, 341, 313-318. <https://doi.org/10.1016/j.jad.2023.08.137>

Migliorini, L., Olcese, M., Cardinali, P., & Prestia, D. (2023). Community resilience among Ukrainian refugees: what is the role of the host community in recovery from forced migration?. *Frontiers in Psychiatry*, 14, 1206304. <https://doi.org/10.3389/fpsy.2023.1206304>

Chen, W., Boggero, A., Del Puente, G., Olcese, M., Prestia, D., Jahrami, H., & Bragazzi, N. L. (2021). Googling for S Suicide-Content and Quality Analysis of Suicide-Related Websites: Thematic Analysis. *JMIR formative research*, 5(11), e29146. <https://doi.org/10.2196/29146>

Martinotti, G., Bonanni, L., Barlati, S., Miuli, A., Sepede, G., Prestia, D., Trabucco A., Palumbo, C., Massaro, A., Olcese, M., D'Ardes D., Cipollone, F., Amore, M., Bondi, E., Russo M., Carrarini, C., Onofri, M., Sensi, S.L., Vita, A. & di Giannantonio, M. (2021). Delirium in COVID-19 patients: a multicentric observational study in Italy. *Neurological Sciences*, 42, 3981-3988. <https://doi.org/10.1007/s10072-021-05461-2>

Escelsior, A., Murri, M. B., Corsini, G. P., Serafini, G., Aguglia, A., Zampogna, D., Cattedra S., Nebbia J., Trabucco A., Prestia D., Olcese M., Barletta E., Pereira da Silva B. & Amore, M. (2021). Cannabinoid use and self-injurious behaviours: a systematic review and meta- analysis. *Journal of affective disorders*, 278, 85-98. <https://doi.org/10.1016/j.jad.2020.09.020>

Prestia, D., Pozza, A., Olcese, M., Escelsior, A., Dettore, D. & Amore, M. (2020). The impact of the COVID-19 pandemic on patients with OCD: Effects of contamination symptoms and remission state before the quarantine in a preliminary naturalistic study. *Psychiatry research*, 291, 113213. <https://doi.org/10.1016/j.psychres.2020.113213>

Mirrione, E. Quinzi, L.C., Olcese, M., & Lombardo, L. "VOCE ALLE VOCI": UN GRUPPO RIABILITATIVO PER UDITORI DI VOCI (2011). Per confrontarci con il mondo psicotico (VOL.5), 108. In Varchi- Tracce per la Psicoanalisi.

● PRESENTATIONS AT NATIONAL CONFERENCES

22/09/2023

XIV Convegno Nazionale SIPCO- Immaginare comunità eque, promuovere cambiamenti sostenibili-Aosta. "Resilienza di Comunità e Migrazione: Scoping Review" M.Olcese, P. Cardinali, A.P. Camilleri, F.Madera & L. Migliorini

22/09/2023

XIV Convegno Nazionale SIPCO - Aosta. "Promuovere la resilienza di comunità attraverso un approccio partecipativo: un'analisi quali quantitativa nei territori coinvolti dal crollo del Ponte Morandi". Cardinali, P., Olcese, M. & Migliorini, L.

14/12/2022

49° Congresso Nazionale Società Italiana di Psichiatria- Genova. Contributo orale: "Resilienza di Comunità: costruzione di percorsi di benessere" L. Migliorini & M. Olcese nel Simposio: "Trauma e DPTS: cosa sta succedendo e come possiamo affrontarli?"

● CONTRIBUTIONS TO INTERNATIONAL CONFERENCES

11/09/2024

10th ICCP- Montevideo (Uruguay). Oral contribution: "Empowering Communities through Community-Based Participatory Research: Insights from the Reception of Ukrainian Refugees in Italy". M. Olcese, P. Cardinali & L.Migliorini

19/04/2024

Roundtable SCRA at MPA Chicago (USA). "Engaging in International Partnership and Research: Experiences and Lesson Learned". T. Swenski, K. Bare, S. McMahon, M.Olanrewaju, J.P. Ferrari, L.Migliorini, A.P. Camilleri, M.Olcese & Z.H. Ellis.

15/04/2024

ResilienceCon - Nashville (USA). Ignite Presentation:"Community Resilience and Social Support: Mitigating Stress and Promoting Well-Being among Ukrainian Refugees in Italy" M.Olcese, P. Cardinali, F.Madera & L.Migliorini

21/06/2023

19th Biennial Conference of SCRA- Atlanta, Georgia (USA). Ignite Presentation: "The Community Resilience of Ukrainian forced migrants in the Italian context: a preliminary study" M. Olcese, P. Cardinali & L. Migliorini.

14/09/2023

Children & Youth Perspectives Conference Theory, Research, and practice in European context, Prague. Oral contribution:"Children Well-being and material deprivation: Research data and practical implications" L. Migliorini, M. Olcese & P. Cardinali.

● CONFERENCES & SEMINARS

10/09/2024 – 13/09/2024

10th International Conference on Community Psychology. Montevideo, Uruguay.

05/07/2024

S.I.P.CO Conference "Sustainability and climate: multiple challenges for communities", Pinzolo (TN)

18/04/2024 – 20/04/2024

96th Annual Midwestern Psychological Association Conference, Chicago (USA).

14/04/2024 – 16/04/2024

ResilienceCon - The Life Paths Research Center Nashville (USA).

21/09/2023 – 23/09/2023

XIV Convegno Nazionale SIPCO-Immaginare comunità eque, promuovere cambiamenti sostenibili-Aosta.

14/09/2023 – 15/09/2023

Children & Youth Perspectives Conference Theory, Research, and practice in European context, Prague.

20/06/2023 – 24/06/2023

19th Biennial Conference of the Society for Community Research and Action (SCRA). Atlanta, Georgia (USA).

12/11/2022 – 15/12/2022

49° Congresso Nazionale Società Italiana di Psichiatria, Genova.

21/09/2022 – 24/09/2022

9ICCP The International Conference of Community Psychology, Napoli.

27/11/2021 – 28/11/2021

VI Convegno nazionale sul lavoro psicoanalitico con bambini e adolescenti. Chi cura chi?. Genova

27/02/2019

Il disturbo ossessivo compulsivo e la sessualità- Università degli studi di Firenze, Firenze.

07/05/2018 – 13/05/2018

Oltre il manicomio: i giovani e la salute mentale del nuovo millennio- settimana 180 x 40. Università degli Studi di Genova, Genova.

15/12/2017

Psichiatria e mass media tra immaginario e informazione. Convegno Sip Liguria. Ordine Provinciale dei medici chirurghi e degli odontoiatri di Genova.

29/11/2013 – 30/11/2013

Il DSM-5 e i suoi Riflessi nella Pratica Psichiatrica Clinica in Italia: le principali Revisioni e Novità. Società Italiana di Psichiatria, Firenze.

● **TRAINING COURSES**

31/01/2025

"Di casa in casa: spazi e connessioni tra l'individuo e la comunità" study day SIPCO, DISFOR, University of Genoa

23/10/2024

Training course SIPCO "La presa in carico si fa sostenibile"

03/07/2024 – 05/07/2024

Summer school-SIPCO, Pinzolo. "Comunità sostenibili e strumenti per l'assessment".

19/01/2023

"Validity theories, frameworks and practices in using tests and measures: an over-the-shoulder look back at validity while also looking to the horizon." Online seminar held by Prof. Bruno Zumbo, University of British Columbia.

16/02/2023

"Un'introduzione all'analisi qualitativa con Nvivo." Seminario online tenuto dal Prof. Giovanni Aresi, Università Cattolica del Sacro Cuore.

17/03/2023

Dall'alpha all'omega: perché cambiare?". Seminario online tenuto da Prof.ssa Angela Sorgente, Università Cattolica del Sacro Cuore.

20/04/2023

"Exploratory structural equation modelling: theoretical reflections and methodological challenges." Seminario online tenuto dalla Prof.ssa Palmira Faraci, 'Kore' University of Enna.

12/05/2023

"Comunità territoriali e legami di reciprocità" giornata studio presso l'Università degli Studi di Verona. Prof.ssa Marisol Navas, Università di Almería.

18/05/2023

"First of all, take a look at data! Visualizzazione ed esplorazione dei dati a livello univariato e multivariato" seminario online tenuto dal Prof. Massimiliano Pastore, Università degli Studi di Padova.

24/11/2023

"Ambiente: questione di comunità?" Incontro discussione online SIPCO.

09/02/2023

"Ambiente: quale approccio di comunità? L'esperienza delle comunità energetiche rinnovabili." Incontro discussione online SIPCO.

13/07/2022 – 15/07/2022

Summer school-SIPCO, Firenze. "Teoria del cambiamento e lavoro di comunità".

● EXPERIENCE IN PROJECT IMPLEMENTATION AND EXECUTION: FUNDED RESEARCH ACTIVITIES

06/2024 – CURRENT

Project Interreg marittimo IF Marittimo00069 EdA-Z

Collaboration on the European Interreg project through literature analysis and case studies relating to outdoor experiences among adolescents and young adults.

2021 – CURRENT

Research-intervention project "Oltre il Ponte" (Fondi Compagnia San Paolo)

Co-construction and implementation of the monitoring and evaluation plan for the 'Oltre il Ponte' project aimed at promoting community resilience in the neighbourhoods most affected by the collapse of the Morandi bridge.

● SCIENTIFIC POSTERS

"From emergency to community building: network and stakeholder analysis in community resilience program". Olcese M. International Conference of Community Psychology (9ICCP), Napoli, 2022.

"#suicidio: analisi di post Instagram" Prestia, D., Olcese, M., Bragazzi, N., Del Puente, G. & Amore, M. Sopsi, Roma, 2019.

"Attaccamento e sessualità nel disturbo ossessivo compulsivo". Prestia, D., Pozza, A., Sterpone, R., Olcese, M., Amore, M. & Dettore, D. Sopsi, Roma, 2019.

● REVIEWER FOR SCIENTIFIC JOURNALS

Reviewer of scientific articles

Journal of Community Psychology
Journal of Prevention & Intervention in the Community
Frontiers in Psychiatry
Frontiers in Public Health
Journal of Community & Applied Social Psychology.

● TRAINING ACTIVITIES AT PUBLIC INSTITUTIONS

04/2024 – 06/2024

Training for comprehensive schools in the Genoa area (Assoutenti)

Group meetings at comprehensive schools in the Genoa area, as a training tool aimed at promoting and enhancing emotional skills, with the aim of supporting psychological well-being and individual growth.

● MEMBER OF THE ORGANISING COMMITTEE

31/01/2025

"Di casa in casa: spazi e connessioni tra l'individuo e la comunità"

03/07/2024 – 05/07/2024

Summer school e conferenza S.I.P.CO "Comunità sostenibili: strumenti per l'assessment"

● SECRETARY OF A PROFESSIONAL ASSOCIATION

06/2014 – 06/2015

Associazione italiana tecnici della riabilitazione psichiatrica (AITeRP) sezione Liguria

Compiti amministrativi, organizzativi e di supporto per garantire il funzionamento dell'associazione. Curare la comunicazione interna ed esterna dell'associazione.

Promuovere le attività e gli eventi dell'associazione, gestire e registrare le iscrizioni

● **LANGUAGE SKILLS**

Mother tongue(s): **ITALIANO**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B2	B2	B2	B2	B1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

● **SKILLS**

Microsoft Office | Padronanza del Pacchetto Office (Word Excel PowerPoint ecc) | Utilizzo del browser | Posta elettronica | Social Network | Gestione autonoma della posta e-mail | Software NVIVO per l'analisi qualitativa | Software Analisi Statistica SPSS

● **COMMUNICATION AND INTERPERSONAL SKILLS**

Interpersonal skills

Excellent communication skills acquired during training, professional and teaching experience.
Excellent interpersonal skills with people from different social backgrounds.
Excellent ability to work in multi-professional teams.
Excellent interpersonal skills for cooperating in multicultural environments.