

Paola Cardinali – Brief Academic CV

Full Professor in Social Psychology
Faculty of Society and Communication Sciences,
Universitas Mercatorum,

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Education

2010 – PhD in Migration and Intercultural Processes, University of Genoa

2006 – MA in Psychology (cum laude), University of Genoa

2004 – BA in Psychological Sciences and Techniques, University of Genoa

Postgraduate training in:

- 2020 - Family Psychotherapy (Eteropoiesi Institute, Turin)
- 2017 - Family Mediation (Logos Institute, Genoa)
- 2015 - Perinatal Psychology (University of Brescia)
- 2012 - Family Enrichment (Catholic University of Milan)

Academic Qualifications

- National Scientific Qualification as Full Professor, M-PSI/05 – Social Psychology (2023)
- National Scientific Qualification as Associate Professor, M-PSI/05 – Social Psychology (2018)

Academic Positions

- Full Professor of Social Psychology, Universitas Mercatorum (2025–present)
- Associate Professor, Universitas Mercatorum (2021–2025)
- Research Fellow, University of Genoa (2017–2021)
- Adjunct Professor of Social Psychology, University of Genoa (2011–present)

Academic Responsibilities

- Coordinator, BA in Digital Communication and Marketing, Universitas Mercatorum (2023–present)
- Member, PhD Board in *Inclusion, Mentoring and Competence Development*, Pegaso University (2022–present)
- Member, National PhD Board in *Public Administration and Innovation for Disability and Social Inclusion*, University of Campania “Luigi Vanvitelli” (2022–present)

Scientific Memberships

- Associazione Italiana di Psicologia – AIP, sezione Psicologia Sociale
- Società Italiana di Psicologia di Comunità - SIPCO
- European Community Psychology Association – ECPA
- Society for Community Research and Action – SCRA (APA Division 27)
- European Health Psychology Society – EHPS

Editorial Roles

- Editorial Board Member, *Caleidoscopio Relazionale* (since Jan 2022).
- Guest Editor, Special Issue "Psychological Home, Transitions and Well-Being", *Behavioral Sciences* (Apr 2022 – Oct 2023).
- Review Editor, *Frontiers in Psychology* (Health Psychology section) (Mar 2023 – Jul 2025).
- Editorial Board Member, *International Journal of Intercultural Relations* (since Jul 2024)
- Guest Editor, Special Issue "Community Resilience and Migrant Well-Being", *Behavioral Sciences* (since Sep 2024).
- Associate Editor, *Frontiers in Psychology* (Health Psychology section) (since Jul 2025)

Teaching Experience (2011-present)

- Group Psychology
- Family Psychology Methods
- Social Psychology
- Social Psychology of Communication

Professional Experience

- Licensed psychologist and trainer for educators, clinicians, and teachers
- Expertise in parenting, vulnerable families, and community-based interventions

Research Interests

- Psychological Home and place attachment
- Family relationships, parenting, and transition to parenthood
- Migration and acculturation
- Youth well-being and social inclusion
- Digital technologies and mental health
- Coparenting and family interventions in separation contexts

International Congress

Recent presentations at:

- EQuIP Conference, Milan, 2024
- European Conference on Digital Psychology, 2024
- ResilienceCon, Nashville, USA, 2024
- SCRA Biennial Conference, Atlanta, 2023
- ICCP, Naples, 2022
- ICAR7, Milan, 2021
- ECCP, Oslo, 2021

Publications

Full list available via ORCID or Scopus. Recent publications (last 3 years):

- Pandolfini, V., Cardinali, P., Rania, N., & Migliorini, L. (2025). *Le sfide della valutazione: Un percorso tra teoria e pratica valutativa in un progetto nazionale di contrasto alla povertà educativa*. Milano: Franco Angeli

- Migliorini, L., Olcese, M., & **Cardinali, P.** (2025). Enhancing community resilience in the context of trauma: The Morandi Bridge collapse in Italy. *American Journal of Community Psychology*, 75, 130–142. <https://doi.org/10.1002/ajcp.12772>
- Olcese, M., **Cardinali, P.**, Camilleri, A.P., Migliorini, L. (2024). Feeling Community During War: Community Resilience of Ukrainian Women Refugees in Italy, *Journal of International Migration and Integration*, <https://doi.org/10.1007/s12134-024-01147-8>
- Olcese, M., Antichi, L., Madera, F., **Cardinali, P.**, Prestia, D., Serafini, D., Dettore, D., Casale, S., Giannini, M., Martinotti, G., Migliorini, L. (2024). Suicide on Italian Instagram: Insights and implications for prevention and support, *Journal of Community and Applied Social Psychology*, 34 (4), e2844. [10.1002/casp.2844](https://doi.org/10.1002/casp.2844).
- Olcese M., Madera F., **Cardinali P.**, Serafini G. & Migliorini L. (2024). The role of community resilience as a protective factor in coping with mental disorders in a sample of psychiatric migrants. *Frontiers in Psychiatry*, 5, <https://doi.org/10.3389/fpsyt.2024.1430688>.
- **Cardinali, P.**, Olcese, M., Antichi, L., Migliorini, L. (2024). Cumulative trauma and perceived community resilience: A serial mediation model, *Journal of Community Psychology* This link is disabled., 52(1), pp. 276–288 [10.1002/jcop.2844](https://doi.org/10.1002/jcop.2844).
- Olcese, M., **Cardinali, P.**, Madera, F., Camilleri, A.P., Migliorini, L. (2024). Migration and community resilience: A scoping review, *International Journal of Intercultural Relations*, 98, 101924, [10.1016/j.ijintrel.2023.101924](https://doi.org/10.1016/j.ijintrel.2023.101924)
- Messina, I., Rossi, T., Bonaiuto, F., Granieri, G., **Cardinali, P.**, Petruccelli, I., Maniglio, R., Loconsole, C., & Spataro, P. (2024). Group psychological counseling to contrast academic burnout: A research protocol for a randomized controlled trial. *Frontiers in Psychology*, 15, 1400882. <https://doi.org/10.3389/fpsyg.2024.1400882>
- Bizzi, F., **Cardinali, P.**, Cavanna, D., & Migliorini, L. (2024). Beyond the Family Fostering Experience: A Qualitative Study on the Perceptions of the Self and One's Own History in Italian Care Leavers, *Adoption Quarterly*, 27(1), 51–66 DOI: [10.1080/10926755.2023.2198519](https://doi.org/10.1080/10926755.2023.2198519)
- Camilleri, A. P., Ferrari, J. R., Romoli, V., **Cardinali, P.**, & Migliorini, L. (2023). Navigating sense of home: Migration experiences of home and community. *International Journal of Intercultural Relations*, 97, 101890. <https://doi.org/10.1016/j.ijintrel.2023.101890>
- Migliorini, L., Olcese, M., **Cardinali, P.**, & Prestia, D. (2023). Community resilience among Ukrainian refugees: what is the role of the host community in recovery from forced migration? *Frontiers in psychiatry*, 14, 1206304. <https://doi.org/10.3389/fpsyt.2023.1206304>
- **Cardinali, P.**, Bizzi F., Migliorini L. (2023). Through a relational lens: reflections about foster care experience in Italian emancipated foster youth, *Frontiers in Psychology*, 14, 1191307.
- Migliorini, L., Setola, N., Naldi, E., ...Iannuzzi, L., **Cardinali, P.** (2023). Exploring the Role of Birth Environment on Italian Mothers' Emotional Experience during Childbirth. *International Journal of Environmental Research and Public Health*, 20(15), 6529