

Maria Paola Ierardi

Adjunct professor

EDUCATION AND TRAINING

[23/11/2005](#)

First level degree in Dietetics 110/110

“Non-alcoholic steatohepatitis (NASH): an emerging pathology in today's society”

Dietitian University of Genoa

[19/07/2011](#)

Master's level degree in Technical Welfare Sciences with a score of 110 /110 with honours University of Genoa

[04/03/2019](#)

“Master in Multidisciplinary Integrated Treatment of Eating and Nutrition Disorders” - University of Pavia

22-24 maggio 2022

Matthew's Friends KetoCollege 2022 “6th Annual program of Ketogenic Dietary Therapies Learning and Networking

25-27 maggio 2021

Matthew's Friends KetoCollege 2021 “5th Annual program of Ketogenic Dietary Therapies Learning and Networking

ACADEMIC APPOINTMENTS

[Aa 2024/2025](#)

Adjunct professor “Diet in developmental age” of the Degree Course in Dietetics, UNIGE

[Aa 2024/2025](#)

Adjunct professor The physiology of nutrition during pregnancy and breastfeeding of the Degree Course in Dietetics, UNIGE

[Aa 2024/2025](#)

Adjunct professor Professional laboratory preparatory to the internship II AA of the Degree Course in Dietetics, UNIGE

[Aa 2023/2024](#)

Adjunct professor Professional laboratory preparatory to the internship II AA of the Degree Course in Dietetics, UNIGE

[Aa 2023/2024](#)

Adjunct professor "Diet in developmental age" of the Degree Course in Dietetics, UNIGE intership

[Aa 2023/2024](#)

Adjunct professor The physiology of nutrition during pregnancy and breastfeeding of the Degree Course in Dietetics, UNIGE

[Aa 2022/2023](#)

Adjunct professor "Diet in developmental age" of the Degree Course in Dietetics, UNIGE

[01/12/2022- 28/02/2023](#)

Internship Tutor of the Degree Course in Dietetics, UNIGE

[01/01/2021 -31/10/2022](#)

Internship Tutor of the Degree Course in Dietetics, UNIGE

[1/9/2010-31/08/2011](#)

University of Genoa, San Martino Hospital, Di.M.I.-Diabetology, scholarship for research on the topic "Relationship between diabetes, metabolic syndrome, and dietary supplementation based on the physiological precursor of -noe, a specific satiety mediator."

[1/9/2009-31/08/2010](#)

University of Genoa, San Martino Hospital, Di.M.I.-Diabetology, scholarship for research on "Therapeutic Nutrition Education in Elderly Diabetes"

PROFESSIONAL HISTORY

[01/03/2024- until today](#)

Registered Dietitian hired on a permanent contract IRCCS Giannina Gaslini

[01/03/2023-28/02/2024](#)

Registered Dietitian hired on a fixed term contract IRCCS Giannina Gaslini

[01/02/2011 - 28/02/2023](#) freelance contract UO Centro Nutrizionale IRCCS Gaslini

PUBBLICATIONS

De Alessandri A, MP Ierardi et al, "Low-dose whey protein supplementation can reduce oxidative stress in Cystic fibrosis. A 36months preliminary clinical trial" Progress in nutrition suppl. 1/2011

Crocco et. Al Hub-and-Spoke regional system supported by telehealth for managing coeliac disease in Liguria: a mixed-methods survey followed by an observational pilot study " BMC Health Services Research volume 25, Article number: 398 (2025)