

Curriculum Vitae - Floriana Romano

Contact Information

Floriana Romano

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Education and Training

2020

First-level Master's Degree in Management and Coordination Functions of Health Professions, Unitelma Sapienza University.

1990

Diploma in Rehabilitation Therapy, equivalent to a Bachelor's Degree in Physiotherapy (D.M. July 27, 2000), obtained at the Regional School for Rehabilitation Therapists - Local Health Authority 5 Spezzino - Liguria Region.

Grade: 60/60

Thesis: Re-education of Minor Intervertebral Disorders and the Cellulo-tendomyalgic Syndrome.

Academic Experience

2016 - PRESENT

Tutor

Bachelor-s Degree in Physiotherapy - University of Genoa, La Spezia - IT

Student tutoring, management of relations between the educational office and internship locations, student evaluations, and organizational meetings.

2000 - 2011

Internship Supervisor

University of Genoa - La Spezia - IT

Technical-practical teaching with individual student learning path supervision.

2016 - PRESENT

Adjunct Professor

University of Genoa - IT

Curriculum Vitae - Floriana Romano

Professional Experience

2022 - PRESENT

Coordinator for Fragility, Non-Self-Sufficiency, and Residential Care (code 12.2)

1991 - PRESENT

Physiotherapist

Local Health Authority No. 5 Spezzino - La Spezia - IT

Physiotherapist and Tutor

2017 - PRESENT

MAPO Trainer

Local Health Authority No. 5 Spezzino - La Spezia - IT

Trainer in healthcare personnel safety

Language Skills

English - Good

Teaching Activity (Academic Years 2016-2025)

A.Y. 2024/2025

Appointed as Professor in the Degree Course in Physiotherapy - School of Medicine and Surgery - University of Genoa, La Spezia Campus:

- C.I. Special Motor Rehabilitation: official courses in Special Massage Therapy and Hydro-kinesiotherapy
- C.I. Locomotor System Pathology and Rheumatology: official course in Rehabilitation in Orthopedics and Traumatology I, Physiotherapy Sciences in Orthopedics and Rheumatology, orthopedic patient assessment based on ICF criteria
- C.I. Internal Medicine and Geriatrics: official course in Rehabilitation in Geriatrics and Internal Medicine
- C.I. Kinesiology, Biomechanics, and General Rehabilitation: official courses in General Massage Therapy, General Kinesiotherapy, Kinesiology, and Joint and Muscle Assessment

A.Y. 2023/2024

Same teaching assignments as 2024/2025

A.Y. 2022/2023

Includes additional official courses in Prosthetics, Orthotics and Occupational Therapy, and Clinical Case

Curriculum Vitae - Floriana Romano

Problem Solving Applications

Also taught Mobilization in the OSS Qualification Course at I.I.S.S. Einaudi-Chiodo - Socio-Health Services Technician

A.Y. 2021/2022 and earlier: Similar teaching roles with minor variations and continued participation in the Nursing Degree Program - Clinical Nursing for Chronic and Disabled Patients

Thesis Supervision (Since 2016)

- 'Effectiveness of Global Postural Re-education in Video Terminal Operators with Chronic Non-Specific Neck Pain' - Candidate: Luca Bait
- 'Electronic Physiotherapy Assessment' - Candidate: Filippo Zanelli
- 'The Physiotherapist with Spinal Cord Injury' - Candidate: Luigi Lanfranchi
- 'Re-education of the Sport Gesture (RGS) in Spinal Cord Injury: Focus on Alpine Skiing' - Candidate: Beatrice Barbagelata
- 'Post-operative Physiotherapy Treatment after Rotator Cuff Repair: Comparative Analysis of Rehabilitation Protocols' - Candidate: Elena Moretti
- 'Anterior Cruciate Ligament Injury in Football Players: Rehabilitation and Prevention' - Candidate: Marco Lazzarini
- 'Rehabilitation of Lateral Elbow Pain' - Candidate: Luca Pelagatti
- 'Quadriceps Focus in Functional Recovery After Total Knee Replacement: Systematic Literature Review' - Candidate: Sabrina Spinello
- 'ACL Injury in Professional Footballers: Surgery vs Conservative Treatment' - Candidate: Lorenzo Vario
- 'Blood Flow Restriction: Rationale and Clinical Applications in the Elderly' - Candidate: Laura Puglisi
- 'Mechanical Vibrations: Efficacy and Clinical Applications in Physiotherapy' - Candidate: Giuseppe Galasso
- 'Core Stability: A Critical Analysis of Its Use in Patients with Low Back Pain' - Candidate: Gregorio Simoncini
- Nursing Thesis: 'The Importance of Nursing Care in Acute Stroke Patients: Teamwork and Integrated Records' - Candidate: Engi Boini
- Nursing Thesis: 'Nursing Process in Adolescents with Duchenne Muscular Dystrophy' - Candidate: Alessio

Curriculum Vitae - Floriana Romano

Tedesco

Research Interests

- Rehabilitation in Orthopedics, Traumatology, and Rheumatology
- Rehabilitation in Geriatrics and Internal Medicine
- Pedagogical activity and teaching methodology improvement