

## CURRICULUM VITAE

Dr. Valentina Penazzi

## INFORMATION PERSONAL

Name	Valentina Penazzi
Date of birth	03/24/1968
Pediatric Physiotherapist Qualification	
Administration	
Current position:	Pediatric Physiotherapist
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## QUALIFICATIONS AND PROFESSIONAL AND WORK EXPERIENCE

Educational qualification:	Scientific High School Diploma from Liceo Don Minzoni in Argenta (FE) achieved in 1987
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		Diploma in Rehabilitation Therapist at the Ferrara Hospital Trust, San Giorgio Hospital Rehabilitation Center, School for Rehabilitation Therapists, Director N.Basaglia, awarded in 1996.
Other academic and professional qualifications:		First level Master's degree in Child Rehabilitation and Research Methodology at UNIMORE obtained in the academic year 2013/2014, director A.Ferrari
Professional experiences (assignments covered)		<p>1987-1992 self-employed business</p> <p>1996-1997 physiotherapist at a facility affiliated with SSN De.Pi.San Specialist Medical Institute of Chiavari (GE)</p> <p>1998-1999 voluntary service as a physiotherapist at the Functional Recovery Service of the Hospital Centre of Sestri Levante (GE) ASL4 Chiavarese</p> <p>From 01/03/99 to 31/08/99 hired on a fixed-term basis as a physiotherapist at the PO "Genova Ponente" Hospital "La Colletta" ASL3 Genovese</p> <p>From 08/11/99 to 31/08/00 hired on a fixed-term basis as a physiotherapist at the Cardiac Rehabilitation Department Hospital. Rapallo ASL4 Chiavarese</p> <p>From 01/09/00 to 16/03/03 I was employed on a permanent basis as a physiotherapist at the UOAnziani of Sestri Ponente ASL3 Genovese</p> <p>From 03/17/03 to 09/14/03 hired on a fixed-term basis at Simple Structure for the Territorial Rehabilitation of Children in Lavagna (GE) ASL4 Chiavarese</p> <p>From 09/15/03 to date, employed on a permanent basis at the Rehabilitation and Disability Department of ASL4Chiavarese – Simple Departmental Structure for Child Rehabilitation based in Lavagna (GE).</p>
Language skills		Basic level English

Ability to use technologies	Use of PC and computer programs: intermediate level.
Other (participation in conferences and seminars, publications, collaboration to magazines, etc., and any other information that the manager deems appropriate (have to publish))	<p>Lecturer from 2017 to date at the Degree Course in Physiotherapy UNIGE University Campus of Chiavari in the subject of General Rehabilitation in Developmental Age 2nd Year</p> <p>Teaching position for the academic year 2024/2025 in the Physiotherapy Degree Course at the University of Chiavari in the subjects of General Rehabilitation (1st year) and Maternal and Child Rehabilitation (2nd year)</p> <p>Teaching position for the academic year 2024/2025 scope of the Course of in the degree course in Physiotherapy at UNIGE, La Spezia University Campus, in the subject of General Rehabilitation of Developmental Age, 2nd year</p> <p>Thesis supervisor in the field of Rehabilitation general in developmental age In the university environment since 2003 Internship guide relating to the CDL in physiotherapy at the current workplace</p> <p>SVAS-certified physiotherapist as part of the AIFI "Backs Go to School" project.</p> <p><b>Year 1994</b></p> <p>"Refresher course for primary care workers and professional nurses" at the "Quisisana Due" nursing home in San Vito di Ostellato (FE).</p> <p><b>Year 1996</b></p> <p>Seminar "Evaluation and Plan Setting therapeutic in the developmental age sector" held at the School for Rehabilitation Therapists of the Ferrara Hospital and taught by Dr. M. Bottos</p> <p><b>Year 1998</b></p> <p>Morphological Rehabilitation Course: Restoring body symmetry according to the principles of the Mézierès Method held in Genoa at the AIFIMM headquarters led by M.Lastrico for a total of 120 hours</p> <p>Postural Rehabilitation Gymnastics course held in Genoa at the AIFIMM headquarters led by M.Lastrico for a total of 18 hours</p> <p>Conference on Posture Aids and Computers New application techniques in rehabilitation organized by the EO Ospedali Galliera UORiabilitazioneFunctional</p> <p><b>Year 1999</b></p>

Provincial Conference "New Acquisitions on Osteoporotic Fractures" held in Sestri Levante

**Year 2000**

BLS course for performers according to IRC guidelines held at the ASL 4 Professional Nursing School

5th Refresher Course in Cardiology on the topic "The Heart Failure" held in Santa Margherita on 10/12/2000

**Year 2003**

Course "Prevention and Safety in Hospitals" Lavagna Ist.. Marini ASL 4 Chiavarese held on 02/04/03

Practical electrostimulation course in Sestri Levante ASL4 Chiavarese held in Sestri Levante on 20/05/03

Course held in Sestri Levante "Malnutrition in hospitalized patients" ASL4 Chiavarese held in Sestri Levante May-December 2003

Theoretical-practical course "PBLS-B performer" held in Sestri Levante 06/18/03

**Year 2004**

Corporate Training Project No. 187/27429 "Respiratory Rehabilitation" held in Sestri Levante on 10-11/12/04

Training Event n.3109/162222 ed.n.0 "Sport in developmental age: what has changed in the management of musculoskeletal problems Levante on 27/11/04 48th SIGM Congress held in Sestri

**Year 2005**

Corporate Training Project No. 187/29835 "Quality and Healthcare 2005" organized by ASL 4 Chiavarese held in Chiavari on 12/07/05

Corporate Training Project No. 187/30654 "Communication and Training Chiavari organized by ASL 4 Chiavarese held in

Conference "Measurement Tools in Rehabilitation Medicine" organized by ASL 4 Chiavarese held in Chiavari on 06/10/05

1st National Conference: "Obstetric Paralysis: A Hope possible" held in Alessandria on 04/23/05

PBLS course category D for performers organized by ASL 4 Chiavarese held in Chiavari on 14/07/05

Conference on "Shoulder Surgery: Evaluation and Treatment" held in Chiavari on 10/05/05

Course on "Lower Limb Amputations: Prosthetic and Rehabilitative Treatment" held in Sestri Levante on 21/10/05

BLSD IRC/ERC category B course organized by ASL4Chiavarese in Chiavari on 8/11/2005

A refresher course in "Arthroscopic Shoulder Pathology and Rehabilitation" was held in Chiavari on May 14, 2005.

#### **Year 2006**

Conference "The Evolution of Physiotherapist Skills in the Healthcare System: Are We in Order?" Held in Bologna on May 27, 2006.

"The Quality System in a Healthcare Company - Year 2006" organized by ASL4Chiavarese from January 12, 2006 to December 20, 2006  
Chiavari

Course "Wheelchair and posture systems" organized by ASL4Chiavarese in Sestri Levante on 07/10/2006

"Risk management in the ASL4Chiavarese" held in Chiavari on 20/04/2006

Course "Innovative Treatment of Congenital Clubfoot" organized by AOU Meyer Florence on October 30, 2006

#### **Year 2007**

The course "Therapies": functional principles, methods of use and therapeutic indications, held at the International School of Pediatric Sciences, Gaslini Hospital, Genoa, from 10 to 12 May 2007.

Course "Normal Movement - A Basis for the Bobath Concept" held at Sestri Levante Hospital on May 16, 21, 23, 28, and 30, 2007

Theoretical and practical course "Kinesio Taping Therapeutic Method" organized by AIFI in Genoa from February 17, 2007 to June 17, 2007

Course "Activity Audit and Review: From Process Analysis to Risk Management - Second Semester" organized by ASL4Chiavarese from 09/07 to 10/12/2007

"Retraining PBLSD performer category D" course organized by ASL4Chiavarese on November 22, 2007

#### **Year 2008**

"Internship Guides" course organized by ASL4Chiavarese held from October 14 to November 25, 2008 in Chiavari.

"Quality Project" course organized by ASL4Chiavarese from January 14 to December 1, 2008 in Chiavari

#### **Year 2009**

Conference "PCI: From Clinical Evaluation to Surgical Intervention Planning" organized by ASL3 Genovese and held in Genoa from February 5 to February 6, 2009.

Conference "Hip pathology in motor disabilities of developmental age" organized by the Committee for the Study, Research and Neurorehabilitation training held in Bologna from 06/04 to 07/04/2009

Corporate Training Project "Prevention, diagnosis and treatment of obstetric brachial plexus injuries" organized by ASL4Chiavarese on January 22, 2009 in Lavagna

Training event "Epicrisis and Integrated Decision Making" organized by ASL4Chiavarese from November 21 to November 22, 2009 in Chiavari

Privacy course in e-learning mode organized by ASL4Chiavarese 11/03/2009

#### **Year 2010**

Conference "Alternative and Complementary Therapies in the Rehabilitation of Developmental Disabilities" organized by SRFN and held in Bologna from November 18 to November 19, 2010

Course "Neurodevelopmental and Personalized Care in Neonatal Intensive Care: Development Promotion and Family Support," 1st Module, organized by the Giannina Gaslini Institute on December 22, 2010.

Course "Neuromuscular Taping Techniques for Pediatric Pathologies" organized by ASL4Chiavarese and held in Sestri Levante on 09/29/2010

Theoretical and practical course "Fisiopilates: dynamic postural re-education" organized by ASL4Chiavarese and held in Sestri Levante from 15/10 to 16/10/2010

Course "Continuous improvement in ASL 4" Chiavarese" organized by ASL4Chiavarese held in Lavagna from 12/01 to 21/12/2011

Corporate Training Project "Risk Management Tools" organized by ASL4Chiavarese in Lavagna on October 4, 2010

#### **Year 2011**

Course "Neonatal neurodevelopmental care: promotion of development and support for the family" 2nd module organized by the G.Gaslini Institute held in Genoa on 07/02/2011

"Core-competence of the internship" course for 2011, organized by ASL4Chiavarese and held in Chiavari from 28/04 to 30/06/2011

Course "Training in the core skills of the physiotherapist: the core - Competence of the internship of the three-year degree "-year 2011 organized by ASL4Chiavarese held in Chiavari on 29 and 30/04/2011

The course "ICF. International Classification of Functioning, Disability and Health" organized by ASL4Chiavarese and held in Rapallo on October 17, 2011.

Theoretical and practical course "Functional Bandaging for Children" organized by SST Azienda Sanitaria di Firenze held in Florence on 10/17/2011

Conference "Scoliosis in neuromotor disabilities, infantile cerebral palsy, neuromuscular diseases, spina bifida" held in San Lazzaro di Savena (BO) from 12 to 13/12/2011

Course "Clinical risk management in the Chiavarese ASL4" held in Chiavari from 11/01/2011 to 13/12/2011

Residential Course "Introduction to RIS/PACS Systems and Their Application in the Province of Genoa and in the ASL4Chiavarese" organized by ASL4Chiavarese on 06/09/2011

#### **Year 2012**

Theoretical and practical course "BLS (executor) Qualification for Basic vital function support techniques with the use of a semi-automatic defibrillator in adults" organized by ASL4Chiavarese 05/03/2012

Quality and Risk Course. "Continuous improvement in ASL 4 Chiavarese facilities" from 01/23/2012 to 12/17/2012 organized by ASL4Chiavarese

Internal update: "Insights into pediatric physiotherapy" ASL4 Chiavarese from 09/07/2012 to 22/10/2012

#### **Year 2013**

Theoretical and practical course "PBLSD (performer) Qualification in basic life support techniques with the use of a semi-automatic defibrillator in children and infants" organized by ASL4Chiavarese on 20/03/2013

	<p>Course " Anti-corruption legislation: the goal of transparency in public administration" organized by ASL4Chiavarese from 22/05/2013 to 31/12/2013</p> <p>Pediatric Rehabilitation Days organized by ASL4Chiavarese from 09/30/2013 to 12/16/2013</p> <p>Course " Improving the quality of care in the ASL 4 Chiavarese organized by ASL4Chiavarese from 18/01/2013 to 13/12/2013</p> <p>"Imaging in Rehabilitation" course organized by ASL4Chiavarese at Rapallo Hospital on November 22, 2013</p> <p>" Innovative therapeutic approaches in pathologies of the "Movement course in childhood and adulthood" organized by ASL4Chiavarese on 26/10/2013</p> <p>Refresher course "The influence of so-called associated disorders on CP recovery" Director A.Ferrari Reggio Emilia 12/12/2013</p> <p><b>Year 2014</b></p> <p>Refresher course "The upper limb in childhood hemiplegia: clinical advances and therapeutic possibilities" Reggio Emilia 27-28 November 2014 organized by A.Ferrari</p> <p>First Level Master's Degree in Child Rehabilitation and Research Methodology, UNIMORE, academic year 2013/2014</p> <p>Clinical Risk Quality Management and Safety Patient organized by ASL4Chiavarese from 01/27/2014 to 12/01/2014</p> <p><b>Year 2015</b></p> <p>Refresher course for Director " Rehabilitation changes face" A.Ferrari at SIMFER Bologna from 11/12/2015 to 12/12/2015</p> <p>"Specific Training for Low Risk (4 hours)" Course FAD securMORE Project, UNIMORE 01/27/2015</p> <p>"Specific Training for Medium Risks (4 hours)" Course FADscurMORE UNIMORE Project 01/27/2015</p> <p>Course "Risk Management in Clinical Practice and Continuous Improvement of the Quality and Safety of Care" organized by ASL4Chiavarese from 13/01/2015 to 15/12/2015</p>
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Training course in Basic Life Support Techniques using a semi-automatic defibrillator in adults. BLS-D organized by ASL4Chiavarese on November 18, 2015.

Training course in Basic Vital Function Support Techniques using a semi-automatic defibrillator for children and infants (PBLSD) organized by ASL4Chiavarese on October 14, 2015.

#### **Year 2016**

Online course "Clinical Risk Management" organized by ASL4 Chiavarese from 01/28/2016 to 12/31/2016

Course: "Clinical Risk Management and Quality of Care"  
Organized by ASL4 Chiavarese from January 29, 2016 to December 16, 2016

Theoretical-practical course on "evaluation and treatment of Orthopedic Pathologies in Developmental Age organized by ASL4Chiavarese from 04/29/2016 to 06/10/2016

Tenth anniversary of the Master in Child Rehabilitation and Research Methodology in Reggio Emilia, organized by UNIMORE from 19/05 /2016

R&R2016 Online Congress "Spine and Multidisciplinary Rehabilitation. Functions and Dysfunctions of the Spine in Different Activities and Ages of Life: Between Rehabilitation and Prevention" organized by ISICO. Milan, April 30, 2016

Theoretical and practical course "Fire Safety Officer Medium Risk" organized by ASL4Chiavarese on 12/02/2016

Theoretical and practical course "Clinical Pilates" organized by MTM ACADEMY. Ferrara from June 17, 2016 to June 19, 2016.

#### **Year 2017**

Quality and safety of care from January 26, 2017 to December 21, 2017, organized by ASL4Chiavarese

"Summer school 2017" how to teach the relationship with the patient to physiotherapy students, advanced training course for coordinators, teaching tutors, teachers and internship guides from 31/08/2017 to 02/09/2017 organized by the Hospital Company Reggio Emilia and UNIMORE

Postural re-education in pediatric age from 03/30/2017 to 05/22/2017

#### **Year 2018**

Clinical governance from clinical risk management to quality improvement from 01/30/2018 to 12/04/2018  
ASL4Chiavarese

Riabilitapectus "the role of rehabilitation in the treatment of patients affected by Pectus Excavatum/Carinatum" from 06/23/2018 to 06/23/2018 Cisef Gaslini

Training course on privacy (European Regulation 2016/679). THE REGULATIONS. From November 27, 2017 to April 30, 2018, ASL4Chiavarese

"I pretend in my thoughts. Mental imagery in child rehabilitation." From February 15, 2018 to February 16, 2018, Reggio Emilia Hospital - Unimore

#### **Year 2019**

Law No. 190: Anti-corruption plans and measures from January 5, 2019 to December 31, 2019 ASL4Chiavarese

Internal clinical audit course and ministerial recommendations for healthcare safety from February 25, 2019 to December 16, 2019  
ASL4Chiavarese

The quality management system: RQ and RRC together for continuous improvement from 26/02/2019 to 11/11/2019  
ASL4Chiavarese

"Effectiveness of an educational intervention included in the birth process on the prevention of positional occipital plagiocephaly: a multicenter randomized study" from 26/10/2019 to 26/10/2019 Meyer University Hospital

Qualification for basic life support techniques using a semi-automatic defibrillator in adults - BLS from 08/05/2019 to 08/05/2019 ASL4Chiavarese

Training in basic life support techniques using a semi-automatic defibrillator (PBLSD) in children and infants. From April 4, 2019 to April 4, 2019, ASL4Chiavarese

Trigger points. Manual treatment. Tests and exercises from February 23, 2019 to February 24, 2019, ASL4Chiavarese

What actually remains of the brain in cerebral palsy: metamorphosis of a rehabilitation problem from 07/02/2019 to 08/02/2019 Reggio Emilia Hospital

The physiotherapist's contribution to secondary prevention in pediatric age from 19/01/2019 to 19/01/2019 Hospital Trust  
Meyer University Florence

## **Year 2020**

Prevention and control of SARS-CoV-2 infection  
COV2 from 07/12/2020 to 31/12/2020 ASL4Chiavarese

Safety Walking Round: Engaging People to Improve Quality and Safety - Year  
2020. From 06/03/2020 to 31/12/2020 ASL4Chiavarese

Title: Behavioral assessment of the newborn and support of the relationship with  
parents in the Brazelton approach - FAD identification number  
9042020066924 from 24/10/2020 to 24/10/2020 Meyer University  
Hospital

## **Year 2021**

Participation in the training event: Treatment proposals for plagiocephaly  
from May 8, 2021 to May 8, 2021, with an educational objective. Clinical-care/  
diagnostic/rehabilitative pathways, care  
profiles, and treatment profiles, organized by the Reggio Emilia Local Health  
Authority.

Participation as a student in the Retraining Training Course for firefighters for  
high-risk activities category C held in San Salvatore di Cogorno on 25/10/2021  
organizer ASL4Chiavarese

Participation in the training event " Orthopedic Surgery in Children  
with PCI" from 09/17/2021 organized by AUSL Reggio  
Emilia with the aim of: clinical/diagnostic/rehabilitative  
care pathways, care profiles - care profiles

treatment

Participation in the qualification course in basic life support techniques with the  
use of a semi-automatic defibrillator in children and infants "PBLSD  
PERFORMER" Cogorno 09/09/2021 ASL4Chiavarese.

Participation in the "BLSD EXECUTOR" course for qualification in the support  
of basic vital functions with the use of a semi-automatic defibrillator in adults,  
Cogorno, 01/10/2021  
ASL4Chiavarese

Participation in the Course: "Prevention of acts of violence against operators  
and techniques for escalating aggression from 08/11/2021 to 31/12/2021

Participation in the Course: THE QUALITY SYSTEM: RC and RRC"  
TOGETHER FOR CONTINUOUS IMPROVEMENT Year 2021  
ASL4Chiavarese

## **Year 2022**

Participation in the training event: "Inter-society meeting to present Care pathways in the rehabilitation treatment of PCI" held in Bologna from 01/17/2022 to 01/17/2022 with the following training objectives: guidelines-protocols-procedures-clinical documentation.

Participation in the Basic Life Support Retraining "BLS EXECUTOR" course with use of a semi-automatic defibrillator in adults. Cogorno, March 28, 2023  
ASL4 Chiavarese

Participation in the training course for basic life support techniques using a semi-automatic defibrillator in children and infants "PBLSD PERFORMER"

Cogorno 09/15/2023

Participation in the training event "RARE REHABILITATION IN THE DISEASES" held on 03/31/2022 at the Reggio Emilia Local Health Authority.

Participation in the training event "Rehabilitation for the Manipulation of children with hemiplegia: MIRROR experience" held on 05/26/2022 at the Reggio Emilia Local Health Authority

Participation in the Course THE QUALITY SYSTEM: RC and RRC together for continuous improvement Year 2022 from 03/23/2022 to 11/21/2022

ASL4Chiavarese

Participation in the refresher course "TOWARDS THE EXCELLENCE ACCREDITATION CHECKS: The improvement plan 2022 REV1 from 01/10/2022 to 31/12/2022 ASL4Chiavarese

### **Year 2023**

Participation in the Quality System Refresher Course:  
RC and RRC together for continuous improvement Year 2023 from 03/22/2023 to 10/25/2023 ASL4Chiavares

Participation in the refresher course on TOOLS and TECHNIQUES for MANAGING WORK-RELATED STRESS  
RELATED. Integrated Educational Center San Salvatore di Cogorno  
21/11/2023 ASL4Chiavarese

Participation in the INTRODUCTORY COURSE ON  
NEUROCOGNITIVE REHABILITATION ACCORDING TO  
COMPARISON AND ACTION. From August 22, 2023 to November 11, 2023  
ASL4Chiavarese

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**Year 2024**

Participation in the conference "ATAXIAS IN PEDIATRIC AGE: evaluation and physiotherapy intervention, workshops on clinical cases organized by AFIGIS at the Mayer Pediatric Hospital in Florence 01/20/2024.

Participation in the Conference "The upper limb in PCI: from clinical needs to rehabilitation tools" held at AUSL Reggio Emilia 10/05/2024

Participation in the Summer School Course for "The evaluation of the students in the Physiotherapy Degree Courses from 12/09/2024 to 14/09/2024 at Unifi Florence

Participation in the conference on "Craniosynostosis: from diagnosis treatment held on 07/12/2024 at AOU Meyer IRCCS Florence

**In relation to the experience of teaching at the Course of Degree in Physiotherapy I was the supervisor of degree theses specifically**

Academic Year 2017/2018

Title: Evaluation and experimental treatment of pain in adolescent athletes practicing swimming and water polo. Candidate: FB

Title: "I Like It When You Move" Experimental project for the evaluation and treatment of spinal pathologies in developmental age at the ASL4 Chiavarese health authority. Candidate: FO

Academic Year 2018/2019

Title: "Treatment and correlation of trigger points in paramorphic hyperkyphosis." Candidate: LC

Title: Non-immersive virtual reality in hemiplegic children: Upper limb rehabilitation proposal. Candidate: NI

Academic Year 2020/2021

Title: Investigation of the role of physiotherapists in addressing environmental and social challenges for the participation of minors with motor disabilities in sports. Candidate: EC

Title: The Physiotherapy Pathway to Achieving Independence in Developmental Disabilities. Candidate: AB

Academic Year 2021/2022

Title: Device and Friedreich's Ataxia: Rehabilitation with the Fun with balance and stability. Treatment proposal Candidate: AC

Academic Year 2022/2023

Title: Tele-rehabilitation approach in the treatment of curved back in children: case report. Candidate: NG

Title: Launch of a tele-rehabilitation project for the treatment of curved back paramorphism. Candidate: AP

Title: Early prosthetics: therapeutic exercise in children with congenital upper limb malformations.  
Candidate: AB

Academic year 2023/2024

Title: Scar rehabilitation as a consequence of burns in childhood: a case report

Title: Investigation into the effectiveness of early prosthetic fitting in children with congenital malformations of the upper limbs

Title: Positional plagiocephaly prevention project: the role of the physiotherapist in the birth process team

**In the academic years preceding my teaching position, I participated as co-supervisor in the following degree theses:**

Academic Year 2011/2012

Title: Experience with early upper limb prosthetics in a child with transverse hemimelia. Candidate: CC

Academic Year 2013/2014

Title: Investigation into the effectiveness of early prosthetic fitting in children with congenital upper limb malformations.  
GF Candidate

Academic Year 2014/2015

	<p>Title: Scoliosis in Adolescence. A cognitive investigation of body perception in adolescent patients with scoliosis. Candidate: M.D.A.</p> <p>Academic Year 2015/2016</p> <p>Title: Scoliosis in Developmental Age: Therapeutic Project. Proposal for an Informational Brochure in Collaboration with ASL4. Candidate: EL</p>
<p>Other (participation in conferences and seminars, publications, collaboration to magazines, etc., and any other information that the manager deems appropriate (have to publish)</p>	<p>Participation as an Experimental Center in the Multicenter Study: "Effectiveness of an educational intervention included in the birth process on the prevention of positional occipital plagiocephaly: a randomized multicenter study".</p> <p>Coordinating Center: AOU Careggi Florence Year 2023</p> <p>Participation in the prevention project "The Back goes to SVAS School Year 2022/2023-Year 2023/2024</p>