

FORMATO EUROPEO PER IL
CURRICULUM VITAE



PRIVATE INFORMATION

Name Barbara Fioletti
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Nationality italian
Date of birth 20 May 1975

2013/25 DSMD Brescia

Currently technician of psychiatric rehabilitation at COLAB Torre Cimabue, CRA Asst

2021/24 Member of the National Management, Italian Association for technicians of psychiatric rehabilitation ATS (Technical Scientific Association),

2024 representative GIS (Special Interest Group), Research group of Technical Scientific Association AITERP on expressive activities and well-being

2024 Scientific director of the second edition Expressive therapies and quality of life UNIGE "Narrative and its forms" 4 and 25 October 2024.

November 2024 second edition of the personal exhibition "Intergenerational Dialogues" Municipality of Adro

November 2024 publication of the personal text " Esperienze di arteterapia, arte terapia, art therapy", Liberedizioni, Gavardo BS, 2024

December 2024 article "I don't want fish every day. I want to learn how to fish" Decorated, Scagliari, Fioletti, magazine Psychiatry Today, n2, year XXXVII

23 November 2024 APIART Conference twenty-five years of APIART, speech "Free associations on institutions and art therapy: dialogue or monologue?"

2023 speaker, organizer (in collaboration with UNIGE) of the day "Expressive therapies and Quality of life" 19 May 2023 at UNIGE

2023/24 member of the Art Therapy Research Group, participation ATI scale in collaboration with the Catholic University of Milan

June 2024 article "Bildungsroman: ATS Aiterp cresce", PsychiaOggi year XXXVII n1, (Fioletti, Fossati, Scagliarini)

2015/24 President of the integrated course of Methodologies and psychiatric rehabilitation II, degree course in Psychiatric Rehabilitation Techniques, at the University of Brescia, ArtTherapy module.

2013/25 Contract Professor at the University of Genoa, "Expressive Arts Laboratory" - Integrated Course on Body-Mediated Psychiatric Rehabilitation Methods and Techniques, third year of the Degree Course in Psychiatric Rehabilitation Techniques

2018/24 Training Teacher at Lyceum Art Therapy School with a lesson on "Clinical Applications in Psychiatry"

2023 Personal Exhibition "Intergenerational Dialogues" at Borgo degli artisti Bienna

2019/2023 Member of the TSRM PSTRP Register Commission of Psychiatric Rehabilitation Technicians of Brescia

2013/25 Contract Professor at the University of Genoa, "Expressive Arts Laboratory" - Integrated Course Body-mediated Psychiatric Rehabilitation Methods and Techniques, third year of the Degree Course in Psychiatric Rehabilitation Techniques

2018/24 Teacher Training Lyceum School of Art Therapy with lesson "Clinical Applications in Psychiatry"

2023 Personal Exhibition "Intergenerational Dialogues" at Borgo degli artisti Bienna

2019/2023 Member of the TSRM PSTRP Register Commission of Psychiatric Rehabilitation Technicians of Brescia

2022 Article "State of the art and history of the profession of the Psychiatric Rehabilitation Technician" PsichiatriaOggi, year XXXV n1 June 2022 (Fioletti, Casella, Scagliarini)

2019/2022 President of Integrated Course, "Methods and techniques of psychiatric rehabilitation with body mediation" Degree Course in Psychiatric Rehabilitation Techniques UNIGE

2019/21 President of the Association of Psychiatric Rehabilitation Technicians of Lombardy

2021/23 Vice President AITERP Lombardy

2021 publication of the article "Rehabilitation in the time of Covid19", magazine "PsichiatriaOggi XXIV", co-author with Valeria Scagliarini and others

2013/2021 Internship assistant for the degree course in Psychiatric rehabilitation techniques" Asst Spedali Civili di Brescia

2021 Thesis co-supervisor University of Brescia "Art therapy: the outcomes of the courses through the use of evaluation scales"

2014/20 establishment of the study and research group "Art as therapy", with the creation of the blog "Art as therapy"

2020 scientific director of the Fad event "Authors of reality today, what rehabilitation perspectives?" event in collaboration with AITERP Lombardia and Sinergia e sviluppo

2014 Supervisor in art therapy according to the Lyceum Academy Milano method

2018/19 participation in the Technical In-Depth Group on Art Therapy, promoted by the Lombardy Region

2021 Publication in the online magazine Artè, "In arte terapia online" written in collaboration with the art therapy group

2020 Publication of the article "The use of evaluation scales in Art Therapy" in the online magazine Errepiesse, Magazine on an Italian way to psychosocial rehabilitation

2019 October 13, member of the organizing scientific committee of the day on "Giallo", study day organized by the group "Arte come terapia" and three-year school in art therapy Lyceum Milano

2019 speaker at the conference "Languages of Art and transformation processes. Good practices of Art therapies in Lombardy DSMDs", ASST Spedale Metropolitano Niguarda 20 November 2019, with a speech entitled "The use of evaluation scales in Art therapy"

2019 Publication of chapter 60 "Art therapy" in the Manual of Psychiatric Clinic and Rehabilitation, Antonio Vita and Liliana Dell'Osso, Armida Mucci, Giovanni Fioriti Editore

31 May 2019 speaker at the 20th anniversary conference of the professional association Apiart Attigliano Rome, "The use of validated Italian scales for the outcomes of art therapy interventions. Some experiences in Mental Health Departments"

2018 Co-supervisor of thesis "Art therapy and evaluation, use of the non-verbal tool in psychiatric rehabilitation" November University of Brescia

2018 14 October, member of the scientific committee organizational day on "Blu", a study day organized by the group "Arte come terapia" and the three-year school in art therapy Lyceum Milano

2018 October 4, event organization with the Municipality of Concesio Brescia and DSMD Brescia, exhibition of the "In arte terapia" path of some users of the 2016/18 group and aperitif open to citizens with presentation of the "In arte terapia" project - "Aperi-menti, 40 years since Law 180 in Val Trompia.

2018 speaker at the Conference "The enchanting feeling of healing. Art in places of care. Homage to Law 180/78", shared contribution on the theme "Art that heals, languages and practices", Brescia 13 April 2018 Asst Spedali Civili

2017/18 Classroom tutor in the company improvement project Asst Spedali Civili UOP 20 "Rehabilitation in the territorial area: art therapy" Spedali Civili Brescia

2017 event "Right to well-being" at Bistrò Padiglione 15 Via Borgo Palazzo Bergamo, day open to citizens in collaboration with AITERP Lombardia, Day Care Recreational Club and the patronage of Asst Papa Giovanni XXIII. Conducting an art therapy workshop in collaboration with Jessica Motta.

2017 speech during the study day "The colors of art therapy: red", Milan 1 October 2017, with Margherita Gandini and Wilma Cipriani "Triangulation in the Art as therapy method. Three generations compared".

2016/17 Thesis supervisor, Three-year training in Clinical Art Therapy, "Shadows and lights. Experience of art therapy with the elderly".

2016/17 Thesis supervisor, Three-year training in Clinical Art Therapy, "From color to heart. Emotional processes in art therapy in the experience of the Cremonesini Psychiatric Institute".

2015/16 Classroom tutor in the company improvement project "Rehabilitation in the psychiatric field" Spedali Civili Brescia

2015/16 Thesis supervisor, Three-year training in Clinical Art Therapy Lyceum, "Picking up the pieces. Experience of art therapy with a drug-addicted patient".

2015 Thesis co-supervisor at the University of Brescia, "SAR intervention: effect on self-esteem and psychosocial functioning of users in the care of the CPS".

2014/15 Thesis supervisor, Three-year training in Clinical Art Therapy Lyceum, "Artefice - The atelier becomes fertile ground where with your own hands you can find yourself"

2015/16 Classroom tutor in the company improvement project "Rehabilitation in the psychiatric field" Spedali Civili Brescia at the Diurno center in via Luzzago Classroom tutor in the company improvement project "the interview in the psychiatric field" at DSMD

2014 Founding member of the research group "Art as therapy", see related Blog.

2010/14 Collaboration with the Lyceum Academy Milan Art Therapy School as a junior supervisor in the classroom

2013/15 Lecturer at the University of Brescia in the Degree Course in Psychiatric Rehabilitation Techniques module "Methodology and techniques of psychiatric rehabilitation I"

2014 speaker at the Isps Bergamo conference "Revisiting the psychotic experience: the bodymind and its relations" with a speech on the topic of "Non-hospital treatment of psychotic decompensation"

2013 speaker at the conference "Talkin 'about a revolution" Psychiatric rehabilitation in Lombardy, speech: "Learn the art..."

2012 speaker at the Isps Perugia conference, "Necessity and limits of the meeting. Psychoanalysis, neuroscience, art therapies and social therapies in the integrated treatment of psychosis" with a speech "Which art therapy intervention in psychiatric residential facilities?"

2009/11 Tutor for the module "art therapy" in the integrated course Methods and Techniques of Rehabilitation 2, for the Degree Course in Rehabilitation Technician at the University of Brescia

2009/2010 Collaboration with Como Raku experimental project on ceramic processing with psychiatric patients

2013/14 participation with APIART in the validation of the ATI scale

2001/ 2012 Employee DSMD Milan as a Technician of Education and Psychiatric and Psychosocial Rehabilitation, Psychiatric rehabilitation interventions in residential regime (CRT/ CRM); leader of rehabilitation groups, resocialization, art therapy interventions and support in dance therapy

2002/2008 Member of the Internship Commission within the company from 2002 to 2008

Internship assistant for the Degree Course in Psychiatric Rehabilitation Techniques of the University of Milan

1999/2000 Centro Socio Educativo

Employee of the Quadrifoglio cooperative as a professional educator

Educational aspects in adult handicap

1992/94 Previous occasional work experiences in the hotel sector as a secretary, waitress which allowed me to support my studies

EDUCATION AND TRAINING

• Dates (from - to)

Various courses related to the continuous training of the annual ECM platform that I will not report given the need to summarize.

2018 "Tutor and Internship Assistant of the health professions" course organized by the Asst Spedali Civili of Brescia

2018 Advanced training in Art Therapy at the Lyceum in Milan

2014/17 Advanced supervision in Art Therapy conducted by E. Stone

2013/14 Advanced training in Art Therapy with E. Stone, Vitt3 Art Therapy school in Milan

2010/2013 Internal training at the Vitt3 Art Therapy School in Milan as a junior Supervisor within the three-year course of Art Therapy with a clinical focus

2011/12 Supplementary year to obtain the recognition of the previous university qualification with a first level degree in Psychiatric Rehabilitation Technician at the University of Milan

Psychiatric Rehabilitation Technician

2007/2009 Specialization Course in Artistic Therapeutics at the Academy of Fine Arts of Brera Milan, Artistic subjects and introduction to psychological aspects, personal artistic path 2004/25

Registration of the professional association of art therapists APIART
2019/ 25 Registration in the TRSM and PTSR register as a psychiatric rehabilitation technician
Brescia

- Name and type of educational or training institution
1999/2003 Art Therapy School at Risvegli non-profit association
- Principal subjects/professional skills covered
Use of creative techniques with various users: adults, children, handicaps, psychiatric pathologies Art Therapist
1995/1999 University Diploma in Psychiatric and Psychosocial Rehabilitation Technician
Faculty of Medicine and Surgery University of Milan
Technical health subjects in the psychiatric field, diagnostic clues and individual and group rehabilitation interventions
1999/2025 Various conferences for optional professional profile updating
- Qualification obtained
Art therapist
- Level in national classification (if relevant)

FIRST LANGUAGE

English

OTHER LANGUAGES FRENCH

- Reading ability
Basic
- Writing ability
Basic
- Speaking ability
Basic

RELATIONAL SKILLS AND COMPETENCE

Living and working with other people, in multicultural environment, occupying places where communication is important and in situations where teamwork is essential (e.g. culture and sport), etc.

Personal exhibition "Intergenerational dialogues" 9 November- 1 December 2024 at Palazzo Dandolo Adro BS
Solo exhibition "Intergenerational dialogues" 17 March/21 April 2023 at Casa degli Artisti Biunno BS
Founding member Associazione Lombarda Tecnici della Riabilitazione Psichiatrica (ALTERP) 2003, then transformed into national Aiterp and currently ATS Aiterp
Catholic associative groups through which I experienced group coexistence, the importance of the relationship between peers for the construction of a path of maturation 1988- 1993.
Animator in the summer games held with elementary and middle school children, of which I keep pleasant memories and allowed me to experience the relationship with minors through the moments of play 1990 - 93.
Experience in an after-school centre attended by children reported to the court 2002/2003.

ORGANISATIONAL SKILLS AND COMPETENCE

E.g. Coordination and administration of people, projects, budgets; at work, in voluntary activities (e.g. culture and sport), at home, etc.

I participated in the design of interventions for the recovery of social and relational skills within the San Vittore prison in Milan for the Scuola di Arteterapia Risvegli 2003.
Realization of some days of knowledge of art therapy at the unit of Neuropsychiatry of the Civil hospitals of Brescia 2002
Collaboration with the School of Dance Therapy of Elena Cerruto, method Maria Fux within a rehabilitation project for adult psychiatric patients (2002-2008)
Collaborated in the concrete realization of "Progetto natura", outings in natural environment with adult psychiatric patients 2004/2008.

Active collaboration to the project "La repubblica del colore", from the synergy of the work of the artist Barbara Vistarini, the students of LABA and the DSMD ASST Civil Hospitals Brescia 2016/2018

**TECHNICAL SKILLS AND
COMPETENCE**

*With computers, specific equipment,
machinery, etc.*

Discrete computer usage, with use of digital camera, camcorder, scanner, photocopier, projector glossy

ARTISTIC SKILLS AND COMPETENCE
Music, writing, drawing etc.

I like to paint, use various sculptural techniques with recycled materials. I knit with pleasure .

OTHER SKILLS AND COMPETENCES
Skills not mentioned above.

DRIVING LICENCE OR LICENCE

B licence

MORE INFORMATION

ATTACHMENTS

The undersigned is aware that, pursuant to art. art. 76 of DPR 445/2000, false statements, falsification of documents and the use of false documents are punishable under the Criminal Code and special laws. Furthermore, the undersigned authorizes the processing of personal data pursuant to art. 13 GDPR 679/16 - "European Regulation on the protection of personal data".

CITY _____

DATE _____

FIRST NAME AND SURNAME (SIGNATURE)
