

**CURRICULUM VITAE**  
**Dott. Simonetta Lucarini**

**PERSONAL INFORMATION**

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| Name             | <b>SIMONETTA LUCARINI</b>   |
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| Qualification    | Geriatric Doctor  |
| Employer's name  | Azienda Sociosanitaria Ligure 4   |
| Present position | <b>Social and Health care Director at Azienda Sociosanitaria Ligure 5 – La Spezia</b> |
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**Educational and  
professional  
qualifications and work  
experience**

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| <b>Qualification</b>                                  | <b>Medical Degree</b> – awarded by the University of Bologna on October 24 <sup>th</sup> 1989 with a final grade of 97/110 and thesis on “Serum serotonin levels in depressive syndrome”.  |
| <b>Other academic and professional qualifications</b> | <ol style="list-style-type: none"> <li>1. <b>Specialization in GERIATRICS AND GERONTOLOGY</b> awarded by the University of Bologna on October 20<sup>th</sup> 1993.</li> <li>2. <b>Specialization in Cognitive Psychotherapy</b> awarded by the School of Cognitive Psychotherapy of Turin on April 1<sup>st</sup> 1999</li> <li>3. <b>Course in “Neuropsychology of normal aging and dementia”</b> held in Milan 1996 for a total of 66 hours, organized by the Department of Cognitive Sciences of the S. Raffaele Scientific Hospitalization and Care Institute, final exam passed (discussion of the final paper on January 10<sup>th</sup>)</li> <li>4. <b>Master in Management and Direction of Health Facilities</b> organized by the MediCare Institute in the year 2007/2008, developed in seven modules with a final thesis</li> <li>5. <b>Course “Training for verifiers for institutional accreditation of the Liguria region”</b> year 2012</li> <li>6. <b>Postgraduate training course</b> “Director of Complex Structure 2017-2018” AMAS Genoa</li> </ol> |

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| <b>Work experience</b>                 | <ol style="list-style-type: none"> <li>1. Health Manager from 1/1/1995 to 14/3/2000 at the Pio Ritiro G. Devoto and B. Marini Protected Residences of the Opere Pie Riunite Devoto-Marini-Sivori, affiliated structures as per former Prime Ministerial Decree 8/8/85 with the XVIII U.S.L. (subsequently A.S.L.4)</li> <li>2. Employee at A.S.L. 4 Chiavarese starting from 15/03/2000 as full-time 1st level Medical Director – band A - Geriatrics discipline</li> <li>3. Head of S.S. Control of Organization of Residential and Semi-residential Accredited Structures from 1/1/2008 to 31/12/2010</li> <li>4. Head of S.S. accredited RSA and RP at ASL 4 Chiavarese from 1/1/2011 to the current year</li> <li>5. Acting Head of the Geriatrics Complex Structure from 2018 to 2018 (ex Art.18- paragraph 4- CCNL 2000 Medical Management)</li> <li>6. Appointment of Deputy Director of Social and Health Care 2016-2021</li> <li>7. Head of Departmental Health Services RSA and Territorial Geriatric Activities since 2018</li> <li>8. Social and Health Care Director at ASL 5 Spezia since 2023</li> </ol> |
| <b>Objectives and achieved results</b> | <ol style="list-style-type: none"> <li>1. Quality Certification and Institutional Accreditation of the RSA of the ASL4 Chiavarese</li> <li>2. Starting 2008: activation and subsequent implementation of the Adapted Physical Activity project for the elderly population of ASL4 Chiavarese</li> </ol>   |
| <b>Other positions</b>                 | <ol style="list-style-type: none"> <li>1. Appointment to Regional Accreditation and Quality Manager for the structure of membership (RSA ASL4 Chiavarese)</li> <li>2. Member of the Company group for Quality Certification since 2002.</li> <li>3. In-company trainer from 2003 to 2006 for the Company project "Processes for the Quality Certification" of ASL 4 Chiavarese</li> <li>4. Member of the company UVM: as holder for the geriatric UVM for admission to an accredited structure, as a substitute for hospital geriatric UVM (resolution 1001 of 22 Dec. 2005)</li> <li>5. UVGO Manager for ASL4</li> <li>6. Person Responsible for the annual updating and training of the healthcare personnel of RP/RSA of the authorized and accredited structures in the territory of ASL 4 Chiavarese since 2005</li> </ol>   |

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|                           | <p>7. Contract professor at the University of Genoa for the Geriatrics discipline at the Degree Course in Physiotherapy, from the academic year 2006/2007 on, in the Chiavari campus</p> <p>8. Company tutor for the training of trainees of the Degree Course in Motor Sciences for Adapted Physical Activity following an agreement with the Faculty of Medicine and Surgery - Degree Course in Motor Sciences (Resolution 409 of 23/6/2008)</p> <p>9. Verifier on behalf of ARS – Liguria Region for the institutional accreditation of the Liguria Region” year 2012 (Resolution 645 of 30/11/2012)</p> <p>10. Teacher at the Villaggio del Ragazzo training center from 2013 to the current year for “Training/qualification of Social Health Operators</p> <p>11. Member of the Operational Unit of the Regional Health Agency of the Liguria Region which carried out the research funded by the Ministry of Health - CCM: "MONITORING THE QUALITY OF CARE IN RSA: validation of an integrated and multidimensional set of quality and equity oriented indicators with high feasibility of detection and system transferability" organized by the Ministry of Health, CCM, ARS Toscana, Tuscany Region (years 2011-2013), publishing the 13<sup>th</sup> issue of "i Quaderni dell'Agenzia" (Liguria Region - ARS) in October 2013</p> <p>12. Appointed AFA manager Resolution 430 of 18 September 2014</p> <p>13. Participation on behalf of ASL 4 Chiavarese in the regional elderly network</p> |
| <b>Languages</b>          |   |
| <b>Digital competence</b> | Window, MAC, Excel  |
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