



Long experience and highly specialized training in Cardiac Rehabilitation.

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SKILLS

- High school diploma in science in 1992 (A. Pacinotti Scientific High School, La Spezia).
Cardiac Physiotherapist Asl 3 in Genoa

LANGUAGES

- good knowledge of the English language | Intermediate
- very good knowledge of the French language | Advanced

PHYSIOTHERAPIST

Elisabetta Capurro



EXPERIENCE

● Present

Permanent employee at the "Casa di Riposo Anziani" in Sant'Angelo Lodigiano (July 1996 - March 1998).

Annual assignment at ASL 3 Genoa (1998-1999).

From 1999 to present, permanent employee at ASL 3 Genoa:

From March 1998 to April 2000, at the RRF Service at "La Colletta" Hospital in Arenzano;

From April 2000 to present, employed at the Complex Cardiac Rehabilitation Unit of ASL 3 Genoa, both in the inpatient department (La Colletta Hospital in Arenzano) and at the Cardiac Rehabilitation Outpatient Clinic in Genoa Sampierdarena (May 2020 - January 2025).

EDUCATION



DIPLOMA IN REHABILITATION THERAPIST WITH HONORS FROM THE UNIVERSITY OF PAVIA, JUNE 1996.

CERTIFICATES & COURSES

"F.N.P. Methodology Kabat Concept" (220 hours, 2002/2003).

"Specialization Course in Lymphology," University of Genoa (Academic Year 2001/2002) with a final thesis entitled: "The Role of the Physiotherapist in Lymphology."

"Inter-University Diploma in Clinical Posturology" (Marseille, Toulouse, Paris, Grenoble) Academic Year 2019/2020 with a thesis entitled: "Effects of Covid-19 on Postural Stability in Adults."

"Basic Life Support Early Defibrillation" (2001, 2006, 2011, 2019, 2021, 2023).

"Immediate Life Support" (2013, 2017).

"Cognitive Therapeutic Exercise in the Treatment of Adult Hemiplegics. Perfetti Concept" (1997).

"Respiratory Rehabilitation Course" (AIFI Liguria from October 1, 2009 to November 14, 2009).

"Advanced Neuromuscular Taping" (David Blow), 2009.

- Instructor at the 1st Theoretical-Practical Course in Cardiac Rehabilitation. Arenzano, June 28-30, 2000.

- Instructor at the 2nd Theoretical-Practical Course in Cardiac Rehabilitation. Arenzano, April 4-6, 2001.

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- Instructor at the 3rd Theoretical-Practical Course in Cardiac Rehabilitation. Arenzano, June 19-21, 2002.
- Clinical-care pathways as tools for integrating the healthcare team. Genoa, February 28, 2003.
- 1st Crema Conference on Cardiac Rehabilitation. Pandino, October 4, 2003.
- Highlights in allergy and respiratory diseases. Genoa, December 3-5, 2015.
- 3rd Conference on Health and Healthcare. Cairo Montenotte, October 19, 2019.
- ANMCO National Congress. Rimini, May 15-17, 2025.
- Six-Minute Walking Test in Early Post-Surgical Cardiac Rehabilitation: Safety and Tolerability. Michelis E, Capurro E, Clavario P, Griffo R. Presented at the 1st World Congress of the ISPRM, Amsterdam, July 6-13, 2001.
- Growing complexity of cardiac intensive rehabilitation: motor rehabilitation resources and physical training programs. Michelis E, Capurro E, Remaggi C, Belloni L, Griffo R. Monaldi Arch Chest Dis 2002; 58: 2, 174-182.
- The multidisciplinary record as a tool for professional integration. Piu F, Grassi MI, Scippe M, Pianese M, Osanna S, Petralito R, Capurro E, Biorci ML, Griffo R. Monaldi Arch Chest Dis 2002; 58: 3, 256-264.
- Nicotine dependence therapy: medical counseling and other nonpharmacological interventions. Clavario P; Capurro E. Monaldi Arch Chest Dis 2003; 60: 1, 85-91.
- New limits for assessing frailty in cardiac rehabilitation with the Short Physical Performance Battery: the birth of SPPB-YOUNG. Mattia Capuano, Elisabetta Capurro, Marco Riani, and Piero Clavario (e-poster presented at the ITACARE National Congress, November 24-25, 2023).
- Six-Minute Walking Test: A Marker of Outcome and Physical Capacity in Cardiac Rehabilitation: Enhanced Cardiorespiratory Fitness or Improved Gait Efficiency? Elisabetta Capurro, Sara Cellini, Annalisa Porcile, Cristina Barbara, and Piero Clavario (e-poster presented at the ANMCO Congress, Rimini, May 15-17, 2025).