

CURRICULUM VITAE

Personal Information



Alice Masini
17/02/1993
Viale Italia 343, La Spezia
Alicemasini93@libero.it
alice.masini@uniupo.it
<https://www.researchgate.net/profile/Alice-Masini>

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Background

Kinesiologist specialist in Sciences and Techniques of Preventive and Adapted Physical Activity. Since 2022 she has a PhD in Health, Safety and Green Systems, (SSD MED / 42-General and Applied Hygiene).

Since 2023 she is assistant professor in MEDS-24B at the University of Eastern Piedmont and her field of research is focused on public health and lifestyle medicine in different population groups. Since 2022 she is adjunct professor at the University of Genova in the two different degree courses: Education Sciences and Motor Sciences.

Professional Experience

Assistant Professor, RTD-A in General and Applied Hygiene (MEDS-24B)

Location: University of Eastern Piedmont

Date: from 05/05/2023 to today

Activities and responsibilities: Research in Lifestyle Medicine particularly inside AGE-IT PNRR "A novel public-private alliance to generate socioeconomic, biomedical and technological solutions for an inclusive Italian ageing society".

Postdoctoral Researcher General and Applied Hygiene (MEDS-24B)

Location: Alma Mater Studiorum, University of Bologna

Date: from 01/02/2022 to today

Activities and responsibilities: research activity in the field of "Evaluation with qualitative-quantitative research methods of the feasibility and effectiveness of school-based interventions for the promotion of physical activity and the contrast to sedentary lifestyle in children and adolescents".

Participation in local, national and international research projects related to health promotion aimed at reducing physical inactivity, sedentary behaviour, overweight and obesity.

Scientific-methodological support for drafting research projects, protocols and proposals.

Adapted Physical activity trainer

Location: UISP Bologna

Date: 09/09/2017 - 31/01/2023

Trainer for health in work setting

Location: Local Health Authority, Bologna

Date: 06/06/2022 e 20/06/2022

Teaching Activities

Adjunct Professor

Alice Masini

Preventive and Compensative physical activity
Bachelor Degree in Sport Science
Location: University of Genova
Total hours: 20
Date: ay 2022-today

Adjunct Professor

Physical Education
Master Degree in Education Science
Location: University of Genova
Total hours: 54
Date: ay 2022-2023

Academic Tutor of Physiology and Neurophysiology

Location: Alma Mater Studiorum, University of Bologna
Date: 01/05/2017 – 31/10/2017

Education

Scientific National Abilitation for Associate Professor (II Fascia)

Type: 06/N2 Science dell'esercizio fisico e dello sport
Date: 17/12/2023 – 17/12/2034

PhD in Health, Safety and Green System

SSD MED/42: (General and Applied Hygiene).
Location: Alma Mater Studiorum, University of Bologna
Thesis: "Evaluation of intervention focusing on children to promote physical activity in the entire community: Feasibility, effectiveness and sustainability over time"
Date: 01/11/2019 – 31/01/2022

Master degree in Science and technique of preventive and adaptive physical activity

Master Degree LM-67
Location: Alma Mater Studiorum, University of Bologna
Thesis: "Benefits of an adapted physical activity intervention for balance, mobility and quality of life in patients with Parkinson's disease".
Date: 01/10/2015 – 17/10/2017

Bachelor Degree in Sport Science

Bachelor Degree L-33
Location: University of Genova
Thesis: Physical Activity and Parkinson Disease
Date: 01/10/2012 – 15/10/2015

Abroad Research Activities

Period abroad during PhD

Alice Masini

Location: UCA University of Cadiz, Spain

Date: 27/01/2020 – 25/03/2020

Principles of social epidemiology and qualitative/quantitative methods applied to research

Winter School

Location: Alma Mater Studiorum, University of Bologna

Date: 13/01/2020 – 17/01/2020

MOVEMENT AND HEALTH BEYOND CARE, Movis physical exercise education program associated with a nutritional and motivational program in the oncology field

Summer School

Location: University Urbino Carlo Bo

Date: 01/07/2021 – 04/07/2021

Health promotion course, Professor L.M Schieier, PhD

Academic course

Location: Alma Mater Studiorum, University of Bologna

Date: 05/09/2022 – 30/09/2022

Scientific Societies

European College of Sport Science (ECSS)

National Society of Motor Sciences and Sports (SISMES)

National Society of Hygiene (SITI)

National association of Epidemiology (AIE)

Award

Young investigator award 2022

National Society of Motor Sciences and Sports XIII National Congress, research applied to the sport sciences.

GALILEO GALILEI INTERNATIONAL PRIZE FOR THE PROMOTION OF HUMANITIES AND SCIENTIFIC RESEARCH FOR YOUNG SCHOLARS. Honorable Mention for excellence in research in medical sciences.

Scientific Indicators

Scientific Articles: 50

Number of citation: 500

H-index: 12

Editorial Activities

Guest editor per Geriatrics (IF=2.1)

Special issue: Healthy ageing and Lifestyle Medicine: Current knowledge and future direction
Date: 26 June 2024 - today

Guest Editor per Healthcare (IF=3.160)

Special issue: Mental Health and Well-Being among Adolescents: Current Evidence and Future Directions.
Date: 01/10/2022 - today

Special issues: Excess Weight, Dietary Habits and Physical Activity in Children and Adolescents
Date: 01/09/2022 – 31/05/2024

European Project

Title: Erasmus Sport Plus “Let’s Move Europa: School based promotion of healthy lifestyles to prevent obesity: EUMOVE PROJECT”
Erasmus Sport Plus project aimed at creating educational resources accessible to schools, teachers and managers in order to promote correct lifestyles in children and adolescents.
Date: 31/12/2020- 31/12/2023

Title: COST Action CA20104 - Network on evidence-based physical activity in old age (PhysAgeNet)
Date: 01/02/2025- today

Title: COST Action CA22152 Supporting Emerging Care Economy, Empowering Caregivers to Provide Safe Care at Home
Date: 01/05/2025 – today

Title: EuroHeartPath: Leading Innovation in Cardiovascular Pathways for Improved Patient Outcomes.
Call: HORIZON-JU-IHI-2024-07-single-stage (Innovative Health Initiative JU Call 7)
Date: 15/01/2025- Today

Progetti nazionali

Participation in the National Evidence-Based Prevention Working Group (NIEBP):
<https://niebp.com>
Date: 01/09/2023 – present

Participation in the editorial board of the AGING project, Department of Translational Medicine,
University of Eastern Piedmont, Department of Excellence
<https://www.agingproject.uniupo.it/>
Date: 01/01/2025 – present

Language Competence

English level B2*
Spanish level A2

Academic English course at level Intermediate at the Centro Linguistico di Ateneo in Bologna (the University Language Centre) during the first semester of the Academic Year 2019-2020.

Digital Competence

Microsoft Office / Microsoft Excel / SPSS statistics software for data analysis and visualization/
Actigraph ActiLife

Abstract e Poster in International Congress

HEPA Europe 2023 Health-enhancing physical activity

Type of contribution: Oral presentation di abstract

Title: The effects of an Active Breaks Intervention on Physical and Cognitive Performance: Results from the I-MOVE study. Alice Masini, Sofia Marini, Andrea Ceciliani, Giuseppe Barone, Marcello Lanari, Davide Gori, Laura Bragonzoni, Stefania Toselli, Rita Stagni, Maria Cristina Bisi, Alessandra Sansavini, Alessia Tessari, Laura Dallolio

Event: 11-13 Settembre, Leuven Belgio

European Public Health Conference

Type of contribution: Abstract in journal

Title: Designing active breaks in secondary school, results from focus group with teachers: the brave study. Longo G, Masini A, Ricci M, Marini S, Sansavini A, Scheier LM, Ceciliani A, Dallolio L

Event: 15th European Public Health Conference Public health futures in a changing world. Edition 9 - 12 November 2022.

Type of contribution: Abstract in journal

Title: Erasmus+sport let's move Europa: learning units for health promotion among children and adolescents. Masini A, Zanutto G, Longo G, Marini S, Solda' G, Salussolia A, Anastasia A, Sanchez-Oliva D, Ceciliani A, Dallolio L.

Event: 15th European Public Health Conference Public health futures in a changing world. Edition 9
- 12 November 2022

Type of contribution: Abstract in journal

Title: The Brave study: promoting active breaks in secondary school from students' point of view.
Ricci M, Masini A, Longo G, Sansavini A, Scheier LM, Marini S, Ceciliani A, Dallolio L.

Event: 15th European Public Health Conference Public health futures in a changing world. Edition 9
- 12 November 2022

Type of contribution: Abstract in journal

Title: The effect of active breaks on cognitive performance and classroom behaviour: the I-move study. Masini A, Ricci M, Marini S, Ceciliani A, Barone G, Gori D, Bragonzoni L, Sansavini A, Tessari A, Dallolio L.

Event: 15th European Public Health Conference Public health futures in a changing world. Edition 9
- 12 November 2022

Type of contribution: Abstract in journal

Title: Potential association between working memory and physical fitness status: the BRAVE study. Masini A, Sanmarchi F, Ricci M, Longo G, De Gioia ER, Zannoner A, Tessari A, Ceciliani A, Dallolio L.

Event: 15th European Public Health Conference Public health futures in a changing world. Edition 9
- 12 November 2022

Type of contribution: Abstract in journal

Title: Evaluation of an integrated physical activity program for pregnant women: WELL-DONE! Study. Marini S, Masini A, Caravita I, Zannoner A, Scognamiglio F, Coa AA, Rescigno I, Sicari G, Castagna G, Dallolio L.

Event: 15th European Public Health Conference Public health futures in a changing world. Edition 9
- 12 November 2022

Type of contribution: Abstract in journal

Title: Children's and family's determinants of cognitive performance among children: The I-MOVE Study. Esposito F, Sanmarchi F, Masini A, Kawalec A, Scrimaglia S, Tessari A, Sacchetti R, Dallolio L.

Event: 15th European Public Health Conference Public health futures in a changing world. Edition 9
- 12 November 2022

Type of contribution: Abstract in journal

Title: P.I.F Project: The educational role of Walkability to promote health. Masini A, Marini S, Chiocchio I, Rallo. F, Dallolio L, Gori D.

Event: 14th European Public Health Conference Public health futures in a changing world. Virtual Edition 10 - 12 November 2021.

Type of contribution: Abstract in journal

Title: How many children meet physical activity guidelines after SARS-CoV-2 outbreak? I-MOVE study results. Dallolio L, Marini S, Montali M, Gori, Sansavini A, Tessari. A, Lanari M, Masini A.

Event: 14th European Public Health Conference Public health futures in a changing world. Virtual Edition 10 - 12 November 2021

Type of contribution: Abstract in journal

Title: Preliminary data on physical well-being of children and adolescents during the SARS-CoV-2 pandemic. Salussolia A, Montalti M, Marini S, Rallo F, Masini A, Paterno M,` Agosta M, Guaraldi F, Dallolio L, Gori D.

Event: 14th European Public Health Conference Public health futures in a changing world. Virtual Edition 10 - 12 November 2021

Type of contribution: Abstract in journal

Title: Association between parents' education level and KIDMED index: a cross-sectional study. Salussolia A, Montalti M, Marini S, Rallo F, Masini A, Paterno M,` Agosta M, Guaraldi F, Dallolio L, Gori D. Melis A, Anastasia A, Zannoner A, Salussolia A, De Dominicis F, Arrichiello F, Ferretti F, Marini S, Masini A, Dallolio L.

Event: 14th European Public Health Conference Public health futures in a changing world. Virtual Edition 10 - 12 November 2021

Type of contribution: Abstract in journal

Title: Does parents' educational level affect children's sedentary behaviour? A cross sectional analysis. Sanmarchi F, Solda` G, Salomoni MG, Gribaudo G, Capodici A, Marini S, A Masini A, Dallolio L, Ferretti F, Arrichiello F.

Event: 14th European Public Health Conference Public health futures in a changing world. Virtual Edition 10 - 12 November 2021

Type of contribution: Abstract in journal

Title: Meals adequacy during weekdays and weekends in an Italian primary school children sample. Soldà G, Salussolia A, Zanutto G, Sanmarchi F, Marini S, L Dallolio L, Ferretti F, Arrichiello F, A Lorenzini A, Masini A.

Event: 14th European Public Health Conference Public health futures in a changing world. Virtual Edition 10 - 12 November 2021

Type of contribution: Abstract in journal

Title: Parents' perception of overweight-obese children Quality of Life in different settings. Esposito F, Sanmarchi F, Marini S, Masini A, Gori D, Scrimaglia S, Reno C, Serra L, S Vandini S, Dallolio L.

Evento: 14th European Public Health Conference Public health futures in a changing world. Virtual Edition 10 - 12 November 2021

Type of contribution: Abstract in journal

Title: Exploring children breakfast habits using Zoom8-questionnaire: Results from the I-MOVE Study. Scrimaglia, S, Esposito F, Sanmarchi F, Marini S, Masini A, Melis A, Sacchetti R, Dallolio L.

Event: 14th European Public Health Conference Public health futures in a changing world. Virtual Edition 10 - 12 November 2021

Type of contribution: Abstract in journal

Title: The Imola Active Breaks study: a new strategy in child public health to reduce sedentary, Masini A, Marini S, Gori D, Montalti M, Lanari M, Cecilian A, Stagni S, Bisi MC, Tessari A, Dallolio L.

Event: 16th World Congress on Public Health of the European Public Health Association, Virtual Edition 12-16 October 2020.

Type of contribution: Abstract in journal

Title: Comparison between health-related quality of life in normal-weight and overweight-obese children. Scrimaglia S, Esposito F, Masini A, Marini S, Gori D, Toselli S, Campa F, Grigoletto A, Messina R, Dallolio L.

Event: 16th World Congress on Public Health of the European Public Health Association, Virtual Edition 12-16 October 2020.

Type of contribution: Abstract in journal

Title: Concordance between child's and parents'-reported Health-related quality of life and overweight. Esposito F, Scrimaglia S, Masini A, Marini S, Gori D, Bragonzoni L, Barone G, Messina R, Gibertoni D, Dallolio L.

Event: 16th World Congress on Public Health of the European Public Health Association, Virtual Edition 12-16 October 2020.

Type of contribution: Abstract in journal

Title: Health impact of an intervention sport-competition-based in elderly: the "In- Common sports" project. Dallolio L, Colaci S, Masini A, Marini S, Cancela-Carral JM, Bezerra P.

Event: 16th World Congress on Public Health of the European Public Health Association, Virtual Edition 12-16 October 2020.

Type of contribution: Abstract in journal

Title: The role of the trainer in adapted physical activity for osteoporosis to improve quality of life. Marini S, Masini A, Maietta Latessa P, Sanna T, Raggi A, Buffa A, Malavolta N, Barone G, Leoni E, Dallolio L.

Event: 16th World Congress on Public Health of the European Public Health Association, Virtual Edition 12-16 October 2020.

European College of Sport Science

Type of contribution: Oral presentation

Title: The effect of an active breaks intervention on physical health, cognitive performance and classroom Behaviour: results from the I-MOVE study. Masini A, Marini S, Ceciliani A, Barone G, Lanari M, Gori D, Bragonzoni, L, Toselli S, Stagni R, Bisi M.C, Sansavini A, Tessari A, Dallolio L.

Event: 27th Annual Congress of the *EUROPEAN COLLEGE OF SPORT SCIENCE* Book of Abstract Bunc, V., Tsolakidis, E., 2022.

Type of contribution: Oral presentation

Title: Does primary school children change their physical activity levels during sars-cov-2 outbreak? A pre-post analysis from the i-move study, Masini A, Marini S, Barone G, Bragonzoni L, Toselli S, Bisi MC, Stagni R, Ceciliani A, Dallolio L.

Event: 26th Annual Congress of the *EUROPEAN COLLEGE OF SPORT SCIENCE* Book of Abstract Bunc, V., Tsolakidis, E., 2021.

Type of contribution: Oral presentation

Title: The “imola active breaks study”: implementation of classroom physical activity breaks interventions. Masini A, Marini S, Barone G, Bragonzoni L, Bisi MC, Cecilian A, Campa F, Grigoletto A, Gori D, Tessari A, Toselli S, Stagni R, Dallolio L.

Event: 25th Annual Congress of the *EUROPEAN COLLEGE OF SPORT SCIENCE* Book of Abstract Bunc, V., Tsolakidis, E., 2020.

Type of contribution: Oral presentation

Title: Assessing the role of the trainer in adapted physical activity for osteoporotic people in order to improve their quality of life: analysis from the OSTEO-AP A Study Marini S, Masini A, Maietta Latessa P, Bragonzoni L, Barone G, Pinelli E, Sanna T, Raggi A, Buffa A, Malavolta N, Leoni E, Dallolio L.

Event: 25th Annual Congress of the *EUROPEAN COLLEGE OF SPORT SCIENCE* Book of Abstract Bunc, V., Tsolakidis, E., 2020.

Type of contribution: Oral presentation

Title: Active breaks to promote physical activity in primary school: evaluation of physical and cognitive functions. Masini A, Marini S, Nigro F, Tessari A, Leoni E, Cecilian A, Dallolio L.

Event: 24th Annual Congress of the *EUROPEAN COLLEGE OF SPORT SCIENCE* Book of Abstract, Bunc, V., Tsolakidis, E., 2019.

Type of contribution: Oral presentation

Title: Effect of an Adapted Physical Activity (APA) program on quality of life, fear of falling and physical performance of women with osteoporotic vertebral fractures: effect size focus. 24th Annual Congress of the European College of Sport and Science. Marini S, Masini A, Sanna T, Raggi A, Buffa A, Malavolta N, Maietta Latessa P, Leoni E, Dallolio L

Event: 24th Annual Congress of the *EUROPEAN COLLEGE OF SPORT SCIENCE* Book of Abstract Bunc, V., Tsolakidis, E., 2019.

Type of contribution: Oral presentation

Title: Benefits and feasibility of adapted physical activity program for women with osteoporosis and vertebral fractures: results of the experimental study OSTEO-AFA / 2014. Marini S, Masini A, Sanna T, Raggi A, Buffa A, Malavolta N, Maietta Latessa P, Leoni E, Dallolio L.

Event: 23th Annual Congress of the European College of Sport and Science, Dublin 4-7 July 2018,

Type of contribution: Oral presentation

Title: Benefits of an adapted physical activity program in terms of mobility, balance and quality of life in patients with Parkinson disease. Masini A, Marini S, Dallolio L, Fantozzi S.

Event: 23th Annual Congress of the European College of Sport and Science, Dublin 4-7 July 2018,

Abstract and Poster in National Congress

Società Italiana di Igiene

Type of contribution: Oral presentation

Title: Piano Imola in Forma (P.I.F): Walkability in the school context. The educational role of walkability in health promotion. Masini A, Marini S, Torreggiani D, Rallo F, Dallolio L, Gori D.

Event: 54th National Congress of Society of Hygiene. Lecce, 3-6 November 2021.

Type of contribution: Contribution for the Book of abstract

Title: Maternal education level and knowledge on the correct eating style for their children: results of the study. Masini A, Marini S, Kawalec A, Scrimaglia, Esposito F, Sanmarchi F, Gori D, Sacchetti R, Dallolio L.

Event: 54th National Congress of Society of Hygiene. Lecce, 3-6 November 2021.

Type of contribution: Contribution for the Book of abstract

Title: Does parental education level affect children's eating habits? Results from the transversal study "7 days to get to know each other". Adorno E, Sanmarchi F, Esposito F, Golinelli D, Capodici A, Salomoni M.G, Ferretti F, Arrichiello F, Marini S, Masini A, Celenza F, Guberti E, Lorenzini A, Dallolio L. Event: 54th National Congress of Society of Hygiene. Lecce, 3-6 November 2021.

Type of contribution: Contribution for the Book of abstract

Title: Erasmus+ Sport EUMOVE Project "LET'S MOVE EUROPE: school based promotion of healthy lifestyles to prevent obesity" Results of the focus groups to outline learning units on correct lifestyles in primary and secondary school. Zanutto G, Ceciliani A, Masini A, Anastasia A, Mulato R, Riegger S, Salussolia A, Soldà G, Marini S, Dallolio L.

Event: 54th National Congress of Society of Hygiene. Lecce, 3-6 November 2021.

Type of contribution: Contribution for the Book of abstract

Title: Children, physical inactivity and physical activity at the time of COVID-19: a comparison before and after the reopening of schools. Masini A, Marini S, Kawalec A, Scrimaglia S, Esposito F, Sanmarchi F, Gori D, Sacchetti R, Dallolio L.

Event: 54th National Congress of Society of Hygiene. Lecce, 3-6 November 2021.

Type of contribution: Contribution for the Book of abstract

Title: Active Breaks Study (ABS): Teacher perceptions of student behavior in the classroom following an active breaks intervention conducted during the COVID-19 pandemic. Ceciliani A, Masini A, Marini S, Coco D, Bragonzoni L, Toselli S, Liberti M, Astorino G.3, Dallolio L. Event: 54th National Congress of Society of Hygiene. Lecce, 3-6 November 2021.

Type of contribution: Contribution for the Book of abstract

Title: Children and consumption of fruit and vegetables: a necessary habit throughout the week. Is cardiovascular risk related to the consumption of fruit and vegetables? 54th National Congress of nazionale Società Italiana di Igiene. Esposito F, Golinelli D, Sanmarchi F, Melis A, Scrimaglia S, Ferretti F, Marini S, Masini A, Celenza F, Guberti E, Lorenzini A, Dallolio L.

Event: 54th National Congress of Society of Hygiene. Lecce, 3-6 November 2021.

Pause Attive; una strategia per contrastare la sedentarietà in classe durante la didattica a distanza. Dallolio L, Marini S, Masini A, Ceciliani A.

Event: 54th National Congress of Society of Hygiene. Lecce, 3-6 November 2021.

Type of contribution: Contribution for the Book of abstract

Title: Attività fisica adattata per donne con osteoporosi e frattura vertebrale: il punto di vista delle partecipanti dello studio osteoafa/2014. Marini S, Masini A, Mascolo A, Buffa A, Malavolta N, Barone G, Bragonzoni L, Maietta Latessa P, Dallolio L.

Event: 54th National Congress of Society of Hygiene. Lecce, 3-6 November 2021.

Type of contribution: Contribution for the Book of abstract

Title: La percezione delle donne in gravidanza e delle ostetriche riguardo alle raccomandazioni sulla pratica dell'attività fisica durante la gestazione. National Congress of Society of Hygiene. Scognamiglio F, Marini S, Masini A, Soldà G, Messina R, Caravita, Leccese V, Bertini V, Parma D, Dallolio L.

Event: 54th National Congress of Society of Hygiene. Lecce, 3-6 November 2021.

Type of contribution: Contribution for the Book of abstract

Title: Preliminary data on adolescent sexual health during the Covid-19 pandemic: project "come te la passi?". Montalti M, Salussolia A, Masini A, Rallo F, Marini S, Agosta M, Paternò M, Guaraldi F, Stillo M, Resi D, Dallolio L, Gori D.

Event: 54th National Congress of Society of Hygiene. Lecce, 3-6 November 2021.

Type of contribution: Contribution for the Book of abstract

Title: Use of anthropometric indices in the evaluation of the effectiveness of health promotion interventions in primary school children: results and reflections from the cross-sectional study "7 days for my health". Arrichiello F, Rangone M, Lorusso G, Catalani F, Masini A, Marini S, Leoni E, Guberti E, Celenza F, Ferretti F, Toselli S, Dallolio L.

Event: National Congress of Society of Hygiene. Perugia, 16-19 October 2019.

Società Italiana Scienze Motorie e Sportive

Type of contribution: Abstract in journal

Title: Age-It: Ageing well in an aging society. A novel public-private alliance to generate socioeconomic, biomedical and technological solutions for an inclusive Italian ageing society.

Alice Masini, Andrea Conti, Irlanda Pighini, Niccolò Cherasco, Francesco Barone-Adesi, Massimiliano Panella.

Event: SISMES National Congress Naples November 2023

Type of contribution: Oral presentation of Abstract in journal

Title: The Erasmus⁺ Sport EUMOVE Project: Educational strategies to improve healthy lifestyles.

Alice Masini, Andrea Ceciliani, Sofia Marini, Gabriele Russo, Giulia Longo, Giorgia Zanutto, Giorgia Soldà, Aurelia Salussolia, Alessandra Anastasia, David Sanchez Oliva, Laura Dallolio.

Event: SISMES National Congress Naples November 2023

Type of contribution: Abstract in journal

Title: Active Breaks Study (ABS): reducing physical inactivity and improving the quality of school life in primary school children using an active breaks intervention during Covid-19 pandemic. Masini A, Marini S, Toselli S, Bragonzoni L, Astorino G, Liberti M, Ceciliani A, Dallolio L.

Event: SISMES National Congress Padova 08-10 September 2021

Type of contribution: Abstract in journal

Title: Reducing physical inactivity and improving the quality of school life in primary school children using an Active Breaks intervention during Covid-19 pandemic. Masini A, Marini S, Toselli S, Bragonzoni L, Astorino G, Liberti M, Ceciliani A, Dallolio L.

Event: SISMES National Congress Padova 08-10 September 2021

Type of contribution: Abstract in journal

Title: Teachers' perceptions of the effects of a primary school active breaks intervention during COVID-19 pandemic in terms of classroom behaviour: results from the "Active Breaks Study ". Ceciliani A, Masini A, Marini S, Coco D, Bragonzoni L, Toselli S, Liberti M, Astorino G, Dallolio L.

Event: SISMES National Congress Padova 08-10 September 2021

Adapted Physical Activity for women with osteoporosis and vertebral fracture: the point of view of the OSTEO-AFA/2014 study participants. Marini S, Mascolo A, Masini A, Buffa A, Malavolta N, Barone G, Bragonzoni L, Maietta Latessa P, Dallolio L.

Event: SISMES National Congress Padova 08-10 September 2021

Type of contribution: Abstract in journal

Title: Erasmus+ Sport Eumove Project "Let's Move Europa": Results from teacher's focus groups to outline a learning unit about healthy lifestyle intervention in primary and secondary school children. Ceciliani A, Masini A, Anastasia A, Mulato R, Riegger S, Salussolia A, Solda G, Zanutto G, Marini S, Dallolio L.

Event: SISMES National Congress Padova 08-10 September 2021

Type of contribution: Abstract in journal

Title: Facilitators and barriers to practicing physical activity and complying WHO guidelines during pregnancy: a survey to investigate women' and midwives' perception through focus group. Marini S, Masini A, Scognamiglio F, Caravita I, Messina R, Soldà G, Leccese V, Bertini V, Parma D, Dallolio L.

Event: SISMES National Congress Padova 08-10 September 2021

Type of contribution: Abstract in journal

Title: The effects of a park-based physical activity intervention on active behavior and wellbeing: the Italy project "moving parks"

Toselli S, Bragonzoni L, Dallolio L, Grigoletto A, Alice Masini A, Marini S, Barone G, Erika Pinelli E, Zinno R, Mauro M, Astorino G, Loro Pilone P, Galli S, Maietta Latessa P.

Event: SISMES National Congress Padova 08-10 September 2021

Type of contribution: Abstract in journal

Title: Active breaks to promote physical activity in primary school: preliminary results on physical and cognitive functions. Masini A, Marini S, Toselli S, Bragonzoni L, Astorino G, Liberti M, Ceciliani A, Dallolio L.

Event: SISMES National Congress Bologna 27-29 September 2019

Associazione Italiana di Epidemiologia

Type of contribution: Oral presentation of contribution in book of abstract

Title: Age-It: invecchiare bene in una società che invecchia sempre di più. Percorso preventivo per un invecchiamento in buona salute: una revisione sistematica.

Alice Masini, Niccolò Cherasco, Andrea Conti, Irlanda Pighini, Francesco Barone-Adesi, Massimiliano Panella.

Evento: Convegno AIE 2024, 16-19 April 2024 Riccione

Type of contribution: Oral presentation of contribution in book of abstract

Title: Efficacia di un intervento school-based basato sull'utilizzo di pause attive sul benessere, fitness e performance cognitiva: Risultati dallo studio I-MOVE

Masini A, Marini S, Cecilian A, Barone G, Lanari M, Gori D, Bragonzoni L, Toselli S, Stagni R, Bisi MC, Sansavini A, Tessari A, Dallolio L.

Evento: XLVII – Convegno AIE 2023, 19-21 April 2023 Pisa

Type of contribution: Contribution in book of abstract

Title: Analisi dell'utenza e dei determinanti della partecipazione a "Parchi in Movimento" – Un intervento di promozione dell'attività fisica a Bologna.

Bianconi A, Masini A, Sanmarchi F, Toselli S, Grigoletto A, Marini S, Barone G, Pinelli E, Zinno R, Mauro M, Loro Pilone P, Arduini S, Galli S, Vitiello M, Vicentini B, Boldrini G, Musti M A, Pandolfi P, Liberti M, Astorino G, Maietta Latessa P, Bragonzoni L, Dallolio L.

Evento: XLVII – Convegno AIE 2023, 19-21 April 2023 Pisa

Type of contribution: Contribution in book of abstract

Title: Qualità della Vita Correlata alla Salute e Determinanti Sociodemografici: il Progetto BRAVE. Sanmarchi F, Masini A, Longo G, Ricci M, De Gioia ER, Cecilian A, Dallolio L

Evento: XLVII – Convegno AIE 2023, 19-21 April 2023 Pisa

Type of contribution: Contribution in book of abstract

Title: L'influenza dei fattori familiari sulle abitudini di vita nei bambini della scuola primaria: il progetto I-MOVE.

Esposito F, Sanmarchi F, Masini A, Poli C, Kawalec A, Scrimaglia S, M. Scheier L, Dallolio L, Sacchetti R.

Evento: XLVII – Convegno AIE 2023, 19-21 April 2023 Pisa

Type of contribution: Contribution in book of abstract

Title: Tornare a respirare post Covid": progetto pilota con un protocollo di esercizi respiratori per il benessere psicofisico degli operatori sanitari colpiti da Sars-Cov2

Longo G, Arduini S, Loro Pilone P, Vitiello M, Astorino G, Ricci M., Tomaiuolo G, Masini A, Dallolio L.

Event: XLVII – Convegno AIE 2023, 19-21 April 2023 Pisa

Book Chapter

1. Alice Masini, Francesco Sanmarchi, Laura Dallolio. Chapter 40 - Preserving well-being and quality of life through school-based interventions focused on physical activity during the COVID-19 pandemic. Editor(s): Rajkumar Rajendram, Victor R. Preedy, Vinood B. Patel, Colin R. Martin, Linking Neuroscience and Behavior in COVID-19, Academic Press, 2024, Pages 463-470, ISBN 9780323956505, <https://doi.org/10.1016/B978-0-323-95650-5.00006-9>.

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Scientific Publication on International Journal

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