

Stefano Ardoino

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EDUCATION AND TRAINING

04/2024 – 07/15/2025 Napoli, Italy
MASTER'S DEGREE IN RESPIRATORY PHYSIOTHERAPY, UNIVERSITÀ TELEMATICA PEGASO Università Telematica Pegaso

Website www.unipegaso.it | Level in EQF EQF level 7

11/1992 – 06/28/1995 La Spezia, Italy
UNIVERSITY DIPLOMA IN REHABILITATION THERAPY, U.S.L. 5 SPEZZINO U.S.L. 5 Spezzino

Final grade 60/60 | Level in EQF EQF level 5 | Thesis The hemiparetic patient's walk: proposal for a new evaluation form

ACADEMIC EXPERIENCE

06/2022 – CURRENT
Contract Professor at the University of Genoa


Professor in the Physiotherapy Degree Program, University of Genoa, at the La Spezia teaching center.
Physiotherapy Course: Pulmonary Rehabilitation (Rehabilitation of Visceral Functions)

01/01/2010 – CURRENT
Internship Guide for the Physiotherapy Degree Program, University of Genoa

Management and practical teaching with monitoring of the student's individual learning path

2024 – CURRENT
Thesis Advisor for Physiotherapy Degree Program, University of Genoa

WORK EXPERIENCE

 **A.S.L. 5 SPEZZINO – LA SPEZIA, ITALY**
PHYSIOTHERAPIST – 12/04/2023 – CURRENT


employee, full-time contract
Working at S.S.D. Physical Therapy and Rehabilitation: performing rehabilitation activities for acute patients in inpatient care at the San Bartolomeo Hospital in Sarzana (SP) and the S.Andrea Hospital in La Spezia

 **PRIVATE ACCREDITED FACILITY S.S.N. "FONDAZIONE DON CARLO GNOCCHI ONLUS" – LA SPEZIA, ITALY – LA SPEZIA, ITALY**
PHYSIOTHERAPIST – 10/12/2004 – 11/30/2023

employee, full-time contract
Professional activity carried out mainly in the Acquired Severe Brain Injury ward and in the Respiratory Rehabilitation Day Hospital

 **PRIVATE ACCREDITED FACILITY WITH S.S.N. "FONDAZIONE DON CARLO GNOCCHI ONLUS" – LA SPEZIA, ITALY – LA SPEZIA, ITALY**
PHYSIOTHERAPIST – 02/24/2003 – 10/11/2004

Self-employed professional , 36 h/week
Professional activity carried out in the outpatient clinic and in the respiratory rehabilitation day hospital

 **A.S.L. 5 SPEZZINO – LA SPEZIA, ITALY**
PHYSIOTHERAPIST – 07/01/2000 – 12/31/2002

Self-employed professional , 30 h/week

 **COOPERATIVA SOCIALE "IL GIRASOLE" – LA SPEZIA, ITALY**
PHYSIOTHERAPIST – 11/01/2001 – 01/30/2003

Self-employed professional

 **PRIVATE ACCREDITED FACILITY WITH S.S.N. "A.I.A.S. LOCATION OF MASSA CARRARA" – MARINA DI MASSA, ITALY**

PHYSIOTHERAPIST – 05/01/1996 – 08/31/2000

Self-employed professional

 PRIVATE ACCREDITED NURSING HOME WITH S.S.N. "ISTITUTO SALUS RADIOLOGIA S.R.L." – GENOVA SAMPIERDARENA, ITALY

PHYSIOTHERAPIST – 02/01/1996 – 03/30/1996

Self employed professional

 TERME DI SALSOMAGGIORE S.P.A. – SALSOMAGGIORE, ITALY

MASSAGE THERAPIST – 08/15/1995 – 10/11/1995

TEACHER/SPEAKER AT COURSES, CONFERENCES...

12/17/2024 – 12/17/2024

Speaker at the Training Course "Rehabilitative methods: experiences compared in physiotherapy - edition II"

Topic of the lecture: Bronchial clearance in acute patients.
Event organizer: A.S.L. 5 Spezzino, La Spezia

11/07/2024 – 11/07/2024

Speaker at the Training Course "Rehabilitative methods: experiences compared in physiotherapy - edition I"

Topic of the lecture: Bronchial clearance in acute patients.
Event organizer: A.S.L. 5 Spezzino, La Spezia

05/21/2024 – 05/21/2024

Lecturer at the theoretical/practical seminar on "Pathophysiology of the respiratory system and bronchial clearance techniques with mechanical devices"

Seminar for 3rd-year students of the Physiotherapy Degree Course a.y. 2023/2024

04/17/2023 – 04/17/2023

Lecturer at the theoretical/practical seminar on "Pathophysiology of the respiratory system and bronchial clearance techniques with mechanical devices"

Seminar for 3rd-year students of the Physiotherapy Degree Course a.y. 2023/2024

12/05/2018 – 12/05/2018

Speaker at the Training Course "Weaning protocol from the tracheal cannula: application in difficult cases"

Topic of the lecture: "The role of the physiotherapist in weaning the patient from the tracheostomy cannula"
Event Organizer: Fondazione Don Carlo Gnocchi ONLUS, Florence headquarters

LANGUAGE SKILLS

Mother tongue(s): ITALIANO

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
INGLESE	B1	B1	A2	A2	A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

Utilizzo del browser | Posta elettronica | Social Network | Windows | Gestione autonoma della posta e-mail | microsoft office powerpoint

RESEARCH INTERESTS

Cardio-Respiratory Rehabilitation's area, learning methods to improve teaching

OTHER PROFESSIONAL ACTIVITIES

1995 – CURRENT

Professional development activities

Since 1995, regular participation in training and professional development activities in various fields, mainly orthopedic patients, adult neurological patients, patients with cardio-respiratory diseases

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