

## Professional Profile

Physiotherapist at ASL2 Savona, with over 20 years of clinical experience in the field of rehabilitation.

Currently working at the Regional Hand Surgery Center of San Paolo Hospital in Savona, where I focus on post-surgical rehabilitation, custom orthotic fabrication, and the development of patient education materials. I am also involved in university teaching and clinical tutoring in hand rehabilitation.

## Academic Experience

- Contract Lecturer at the University of Genoa, Course "Rehabilitation in Orthopedics and Traumatology of the Hand" (code 68204),  
Special Motor Rehabilitation (Pietra Ligure Campus, 2023-2025)
- Lecturer and tutor for the Basic Course in Hand Surgery at San Paolo Hospital in Savona (2021-2025)
- Clinical internship supervisor for Physiotherapy Degree students, University of Genoa

## Education

- Bachelor's Degree in Physiotherapy - University of Genoa (2002)
- First-Level Master's in Healthcare Professions Management and Coordination - Sapienza University of Rome (2022)
- Master's Degree in Rehabilitation Sciences of the Health Professions - University of Genoa (2024)
- UNIGE Open Badge in Project Design (2023-2024)

## Clinical and Project Work

- Member of the Hand Rehabilitation Team and Orthotics Laboratory at the Regional Hand Surgery Center
- Coordinator and implementer of the project "ReHand More Mind" (integrated follow-up and

post-operative hand telerehabilitation)

- Co-author of the project "Reorganization of Physiotherapy Access in Internal Medicine", focusing on early intervention in hospitalized geriatric patients
- Pilot study on the use of the Nirvana Sensory Room for patients with Parkinson's disease

## Skills

- Hand, orthopedic, and neurological rehabilitation
- Fabrication of static and dynamic orthoses
- Manual, physical, and respiratory therapy
- Telerehabilitation and digital innovation in rehabilitation
- Excellent command of IT and statistical tools (Office Suite, Jamovi, e-learning platforms)

## Languages

- Italian (native)
- English (B1) - French (A2) - Spanish (B1)