

ANGELO OGGIANU

Psychiatric Rehabilitation Technician | Clinical and Rehabilitation

Psychologist

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Genoa, Italy

Date of birth: 23.01.1991



PROFESSIONAL PROFILE

Highly experienced professional in psychiatric rehabilitation and clinical psychology, skilled in Evidence-Based Medicine (EBM) and managing individual and group rehabilitation interventions. Proven track record in university teaching, thesis supervision, and scientific contributions. Strong team player with excellent organizational skills, able to work autonomously and meet deadlines.

WORK EXPERIENCE

Psychiatric Rehabilitation Technician | IRCCS – Ospedale Policlinico San Martino Genova, U.O Clinica Psichiatrica e SPDC *June 2021 – Present*

- Implemented **Evidence-Based Medicine (EBM)** psychiatric rehabilitation interventions (individual and group).

Member of the Register Commission | ORDINE TSRM PSTRP CAGLIARI ORISTANO (Register of Psychiatric Rehabilitation Technicians) *December 2019 – September 2023*

Board Member | Associazione di volontariato Mesania Onlus *February 2017 – Present*

- Led **prevention activities** and **psychosocial integration initiatives**.

Psychiatric Rehabilitation Technician – Occasional services | Studio Specialistico di Riabilitazione per la Salute Mentale *April 2018 – May 2021*

- Provided Psychiatric Rehabilitation Interventions of **I and II level (EBM)**.

Psychiatric Rehabilitation Technician | Coop. Sociale CTR Onlus – High intensity therapeutic community – S.Giusta (OR) *April 2019 – April 2021*

- Supported daily activities, planned and programmed rehabilitative activities with a **multidisciplinary team**, delivered educational interventions and psychiatric rehabilitation.

Psychiatric Rehabilitation Technician | Legge 20 *January 2017 – December 2017*

- Conducted educational and psychosocial rehabilitation interventions, focusing on **emotional literacy, cognitive stimulation, psychoeducation, Metacognitive Training, and Problem Solving Training**.

Psychiatric Rehabilitation Technician | Coop. Sociale CTR Onlus – High intensity therapeutic community - Busachi (OR) *September 2016 – April 2019*

- Supported daily activities, planned and programmed rehabilitative activities with a **multidisciplinary team**, delivered educational interventions and psychiatric rehabilitation.

SCN Volunteer – Adolescent semi-residential service | Servizio Civile Nazionale – Comunità alloggio “Il Sogno” (SS) *September 2015 – September 2016*

- Supported minors in daily activities, assisted and collaborated with the educational team.

ACADEMIC AND TEACHING ACTIVITIES

Contract Professor (SSN) | Università degli Studi di Genova (UNIGE), DINOEMI – CdL Tecnica Riabilitazione Psichiatrica *Academic Year 2024 – 2025: Principles and Methods of Psychiatric Rehabilitation; Rehabilitation in Developmental Age. Academic Year 2022-2023 / 2023-2024: Psychology of Disability and Rehabilitation.*

Tutor of Professional Didactic Activities | CdL Tecnica Riabilitazione Psichiatrica – DINOEMI – Università degli Studi di Genova *June 2023 – Present*

Thesis Supervisor

- "The shadow of Stigma in mental disorders: History, analysis and intervention perspectives in psychiatric patients authors of crime." (M.V. Russo, UNIGE 2024/2025)
- "Developmental trajectories in attention deficit hyperactivity disorder: from developmental age to adulthood. Hypothesis of rehabilitative treatment." (L. Raffo, UNIGE 2023/2024)
- "Impairment of social cognition and Theory of Mind: a comparison between bipolar disorder and schizophrenia." (L. Dallorto, UNIGE 2023/2024)

PUBLICATIONS AND PROFESSIONAL EXPERIENCES

- **Book Chapter:** Co-authored Chapter 13, "Psychiatric rehabilitation in the treatment of eating disorders. Role of the TeRP, between evidence-based medicine and evidence-based practice," in "DISTURBI ALIMENTARI Interventi multidisciplinari nel percorso di cura" (Franco Angeli Editore, 2023).
- **Congress Posters:**
 - "Non-Suicidal Self-Injury and Mentalization in adolescents: Cross-sectional study in healthy and clinical population and hypothesis of prevention and rehabilitation." (XXIX National Congress of the Italian Society of Psychopathology, Rome, February 2025).
 - "Resilience, cognitive abilities and social relationships in young hospitalized patients: a preliminary study." (XXIX National Congress of the Italian Society of Psychopathology, Rome, February 2025).
- **Position Documents:**
 - "The activity of cognitive functioning assessment by the TeRP" (FNO TSRM e PSTRP – AITERP, 2024).

- "The competencies of the Psychiatric Rehabilitation Technician" (FNO TSRM e PSTRP – Cagliari Oristano).
 - **Congress Speaker:**
 - "EBM approaches in the treatment of bipolar onset: prevention and rehabilitation." (Italian Society of Psychosocial Rehabilitation, Naples, October 2024).
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EDUCATION AND TRAINING

Second Level Master's Degree in Evidence-Based Therapeutic Approaches and assessment methods for prevention and early interventions in Mental Health Università degli Studi di Verona, Dipartimento di Neuroscienze, Biomedicina e Movimento *January 2023*

- Thesis: "Approaches and EBM interventions in the treatment of anorexia nervosa: Hypothesis of integrated treatment."
- Covered: Prevention and Early Evidence-Based Medicine Interventions in psychoses, bipolar disorder, depression, personality disorders, childhood and adolescence disorders, eating disorders, and trauma disorders. Elements of pharmacology, epidemiology, and biostatistics.

Master's Degree in Clinical and Rehabilitation Psychology (LM51) Università degli Studi Niccolò Cusano, Rome, Italy *September 2019 – December 2021* (Grade: 110/110)

- Thesis: "Psychiatric rehabilitation in patient authors of crime."
- Covered: Neuropsychology, Psychology of cognitive, mnemonic and motivational processes, Psychodiagnostics, Data Analysis Techniques, Intervention Planning and Evaluation, Advanced Clinical Psychology, Group Psychology, Sport Psychology, Psychopathology, Psychology of disability and rehabilitation.

First Level Master's Degree in Coordination Management in Socio-Healthcare Professions Università degli Studi Niccolò Cusano, Rome, Italy *March 2019* (Grade: 110/110)

- Thesis: "Motivation: Coordination strategy and prevention tool in socio-healthcare management."
- Covered: Management of healthcare services, Tools for analyzing service management, Work and Organizational Psychology, Sociology, Legal/ethical/forensic aspects of Responsibility in Healthcare Professions.

Degree in Psychiatric Rehabilitation Techniques Università degli Studi di Sassari, Faculty of Medicine and Surgery, Sassari *October 2012 – April 2016* (Grade: 110/110 with honors and special mention)

- Thesis: "The frontier of forgiveness: a possible tool in the service of psychiatric rehabilitation."
- Covered: Psychiatry, Child Neuropsychiatry, Psychogeriatrics, Psychopathology, Methods and techniques of psychiatric rehabilitation, Psychology (clinical, social, and general), Pedagogy, Pharmacology, General pathology, Neuroanatomy and Neurophysiology.

Diploma di Maturità Classica (Classical High School Diploma) Istituto di istruzione superiore "GA Pischedda", Bosa, Oristano *September 2005 – July 2010* (Grade: 98/100)

PERSONAL SKILLS AND COMPETENCES

- **Mother tongue:** ITALIAN
 - **Other languages:**
 - **English:** Reading: Good, Writing: Good, Oral: Fair
 - **French:** Reading: Good, Writing: Good, Oral: Fair
 - **Relational skills:** Proven ability in managing interpersonal relationships and integrating into new work environments.
 - **Organizational skills:** Excellent group and team work skills; ability to organize work autonomously, accurately, and meet deadlines.
 - **Technical skills:** Proficient in Microsoft Office Suite applications.
 - **Artistic skills:** Experienced in managing workshops and group activities.
 - **Driving Licence:** B License - Car owner.
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ADDITIONAL INFORMATION

- Extensive participation in professional development courses and congresses, including:
 - DBT-A training interventions, evidence-based psychiatric rehabilitation.
 - National Congresses on risky behaviors and mental disorders.
 - Health and safety at work training, anti-corruption measures, firefighting.
 - Webinars and residential courses on Cognitive Behavioral Intervention, Borderline Personality Disorder, social functioning assessment, Problem Solving Training, Social Skills Training.
 - ECM Course on Cognitive Rehabilitation in psychiatric pathologies.
 - Training in Integrated Neurocognitive Therapy (INT).
 - Workshops on educational intervention with psychiatric patients, High Functioning Autism and Asperger.
 - Congress on Psychiatry and Forensic Psychiatry (e.g., "Homicide: clinical and forensic aspects," "Mental Illness Violent Behavior and Professional Responsibility").
 - Training on the psychiatric case manager operator.
 - BLS-D Provider certification.
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Genoa, 29/05/2024



I authorize the processing of personal data contained in my curriculum vitae in accordance with art. 13 of Legislative Decree 196/2003 and article 13 GDPR 679/16.