

CURRICULUM VITAE

Andrea Aguglia, MD, PhD

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Birthplace and date: Catania (CT), 03 February 1983

Languages: good knowledge of English.

PROFESSIONAL FORMATION

- He graduated at “Galileo Galilei” high school in Catania (81/100): 2001.
- He graduated with honors in Medicine and Surgery at the University of Trieste with the following project: “*Psychopathological and biological correlates in depression and fibromyalgia comorbidity*”: March 27th, 2008.
- He achieved the MD professional license on August 2008.
- He participated to an advanced course entitled “*Evidence based Medicine in Mood Disorders*”, at Lundbeck Institute in Skodsborg (Denmark) from 24th to 28th October 2011.
- He participated to an advanced course, organized by European Psychiatry Association, entitled “*School on Research Methodology in Clinical and Social Psychiatry*”, at Santo Stefano di Sessanio (L’Aquila, Italy) from 12th to 15th April 2012.
- He achieved with honors specialization in Psychiatry at University of Turin with the following project: “*Does a specific cognitive vulnerability exist in first degree relatives of patients with obsessive-compulsive disorder?*”: July 1st, 2014.
- He participated to an advanced course entitled “*ECNP School of Neuropsychopharmacology*” at Oxford (Great Britain) from 5th to 10th July 2015.
- PhD in Neuroscience at University of Turin with the following project: “*Bipolar Disorders and Emergency Psychiatry: the impact of environmental factors*”: February 1st, 2019.
- He achieved a Master in “*La salute mentale: logiche gestionali e performance indicators – prima edizione*” on October 12th 2022 at the SDA Bocconi (Milan).
- He achieved Master (II Level) in “*Psicopatologia forense e criminologia*” on April, 15th 2025 – University of Florence.
- On September 29th, 2018, he obtained the “National Scientific Qualification” for full professor (06/D5 – Psychiatry), expiring on September 29th, 2034.

CLINICAL ACTIVITIES

- He worked as volunteer doctor at the Psychiatric Unit of the University of Turin, Department of Neuroscience (prof. G. Maina) from November 2008 to June 2009.
- He obtained the specialization in Psychiatry at the University of Turin - Psychiatric Unit, Department of Neuroscience (Prof. F. Bogetto) attending the Mood and Anxiety Disorders Unit (Prof. G. Maina) at “San Giovanni Battista” Hospital from June 2009 to June 2014. He done psychiatric guard duty in Emergency Department (San Giovanni Battista Hospital in Turin) physicians alongside structured.
- From August 1st, 2013 to October 31st, 2015, psychiatric guard duty in Emergency Department at Mauriziano Umberto I Hospital) as a psychiatrist.
- From April 1st, 2015 to October 31st, 2016, he worked as a psychiatrist in Puzzle Centre (rehabilitation for traumatic brain injury).
- From April 27th, 2015 to October 31st, 2016, he worked as a psychiatrist in a Therapeutic Community “Il Porto Onlus” (Turin) for Personality Disorders and Substance Use Disorders (15 hours per week).
- From November 16th, 2016 to November 29th, 2019, he worked as psychiatrist medical doctor at Psychiatry Unit of “IRCCS Ospedale Policlinico San Martino” (Genoa).

- From November 30th, 2019 to November 29th, 2022, he worked as researcher at Department of Neuroscience, Rehabilitation, Ophthalmology, Genetics and Maternal and Child Health – University of Genoa (Italy).
- From November 30th, 2022 to nowadays, he works as associate professor of Psychiatry at Department of Neuroscience, Rehabilitation, Ophthalmology, Genetics and Maternal and Child Health – University of Genoa (Italy).

PARTICIPATION TO CLINICAL TRIALS

He participated as a **sub-investigator** to the following observational and clinical studies:

- STudio Italiano MALattia Depressiva (STIMA-D) – (Sponsor: Stroder). Findings published: “Aguglia E, Biggio G, Signorelli MS, Mencacci C; Steering Committee on behalf of the STIMA-D Investigators. Italian Study on Depressive Disorders (STudio Italiano MALattia Depressiva, or STIMA-D): a nation-wide snapshot of the status of treatment for major depression. *Pharmacopsychiatry* 2014; 47(3): 105-110”.
- obserVational Italian study for eValuAtion of epidemiological features and clinicaL needs in major Depression (VIVAL-D) – (Sponsor: Servier).
- National Epidemiological Study on Bipolar Disorders (RENDiBi) – (Italian section of the International Society for Bipolar Disorders – ISBD).

FURTHERMORE:

- **Sub-investigator** to the following clinical study (Phase III): “*a randomized, double-blind, parallel-group, active controller, flexible dose study evaluating the effects of LuAA21004 versus agomelatine in adult patients suffering from major depressive disorder with inadequate response to antidepressant treatment*” (Sponsor: Lundbeck).
- **Rater** to: “*A randomized, double-blind study comparing the efficacy and safety of Trazodone OAD and Venlafaxine extended-release XR in the treatment of Major Depressive Disorder*” (Sponsor: Angelini).
- **Rater** to the following clinical study (Phase III): “*A 52-week, Open-label, Prospective, Multicenter, International Study of a Transition to the Paliperidone Palmitate 3-Month Formulation (PP3M) In Patients with Schizophrenia Previously Stabilized on the Paliperidone Palmitate 1-Month Formulation (PP1M)*” (Sponsor: Janssen-Cilag)
- **Rater** to: “*A randomized, double-blind, placebo-controlled, multicenter clinical trial to assess safety and effectiveness of Liposom in enhance and speed-up response to antidepressant therapy with citalopram in elderly patients suffering from Major Depressive Disorder (MDD)*” (Sponsor: FIDIA).
- **Principal investigator** to the following study with grant (bando AIFA 2016 per la ricerca indipendente (AIFA-2016-02364923)): “*Assessing safety and efficacy of Vortioxetine versus SSRIs in elderly patients with depression: a pragmatic, multicenter, open-label, parallel-group, superiority, randomized trial*”.
- **Rater** to: “*A description of routine treatment pathways in a cohort of patients with major depression and active suicidal ideation with intent in Italy: the Arianna Observational Study (ARIANNA)*” (Sponsor: Janssen-Cilag)
- **Rater** to: “*Evaluation of the impact of antidepressant therapies on health-related quality of life (HRQoL) and functional recovery in patients with MDD: an observational, prospective study*” (Sponsor: Angelini Pharma).
- **Rater** to: “*Observational Study on the effect of switch to Lurasidone or other antipsychotics on metabolic and weight changes in subjects with schizophrenia*” (Sponsor: Angelini Pharma).
- **Rater** to: “*A pilot, open-label, rater-blinded, randomized, parallel-group, multi-center study to evaluate the safety, tolerability and preliminary efficacy of three add-on fixed doses of evenamide in pa-*

tients with treatment-resistant schizophrenia (TRS) not responding adequately to their stable, therapeutically active dose of a single antipsychotic medication". (Sponsor: Newron Pharmaceuticals).

- **Rater** to: *"An open-label, multi-center, extension study to evaluate the long-term safety, tolerability and preliminary efficacy of evenamide as add-on treatment in patients with treatment-resistant schizophrenia (TRS) not responding adequately to their current medication*". (Sponsor: Newron Pharmaceuticals).
- **Rater** to: *"A study of disease characteristics and real-life standard of care effectiveness in patients with major depressive disorder (MDD) with anhedonia and inadequate response to current antidepressant therapy including a SSRI or SNRI (VENTURA-RWE study)"* (Sponsor: Johnson & Johnson).
- **Award, as sub-investigator, bando PRIN 2020** of: *"Patterns, correlates, interrelationships and evolution of psychopathology and cognitive impairment after recovery from symptomatic COVID-19 infection"* (Budget: 766.000 euro)
- **Award, as sub-investigator, bando (dal 01/09/2021)** con il seguente studio *"La salute psichica nei pazienti affetti da fibrosi cistica: Il ruolo prognostico del temperamento, della personalità e degli stili di attaccamento"* (Budget: 65.950 euro, In collaborazione con l'Istituto Giannina Gaslini, Genova)
- **Award, as sub-investigator, bando FISR 2020 COVID MIUR (dal 17/05/2021)** con il seguente studio: *"Abitazioni e benessere psicofisico. Strategie resilienti per il miglioramento della qualità abitativa durante periodi di lockdown"*. (Budget: 55.953,22 euro (Subcontract) Politecnico di Milano.
- **Award** at the *"MNESYS – A multiscale integrated approach to the study of the nervous system in health and disease"* (**PNRR MUR M4C2** – Investimento 1.3 – Avviso "Partnership Estesi" D.D. 341/2022 – Spoke 5 *"Mood and Psychosis"*).

TEACHING ACTIVITIES

- ✓ "Attività Didattiche Elettive (ADE)" at Medicine and Surgery Degree Course of the University of Turin (teacher: prof. U. Albert). Academic Year 2013-2014
- ✓ Speaker at "Master Universitario di primo livello in Autismi: percorsi diagnostici-terapeutici e strategie di intervento" organized by University of Turin - Department of Clinical and Biological Sciences with the following presentation: "Farmaci antipsicotici: meccanismo d'azione, effetti collaterali e gestione clinica". Turin, January 30th, 2016 (2 hours)
- ✓ Speaker at "Master Universitario di secondo livello in Criminologia e Scienze Psicoforensi" organized by University of Genoa – Department of Mental Health, with the following presentation: "Psicopatologia dei comportamenti antisociali". 2024-2025 (MED/25 – 8 hours).
- ✓ Attività Didattiche Elettive (ADE) at Medicine and Surgery Degree Course of the University of Genoa (teacher: prof. M. Amore). Academic Years 2016-2017 and 2017-2018.
- ✓ From March 2018 to nowadays, teacher of "Psichiatria" at Social Services Degree Course of the University of Genoa.
- ✓ Teacher of "Psichiatria" of the Integrated Course "La Nascita" at "Ostetricia" Degree Course – University of Genoa (MED/25 – 12 hours): Academic Years 2018-2024, and confirmed for 2025-2026.
- ✓ Teacher of "Evoluzione del Pensiero Psichiatrico e Riabilitativo" of the Integrated Course "Metodologia della riabilitazione psichiatrica" at "Tecnica della Riabilitazione Psichiatrica" Degree Course – University of Genoa (MED/25 – 10 hours): Academic Years 2018-2024, and confirmed for 2025-2026.
- ✓ Teacher of "Psichiatria I, Psicologia e Semeiotica Psichiatrica" of the Integrated Course "Psichiatria I, psicologia e propedeutica riabilitativa" at "Tecnica della Riabilitazione Psichiatrica" Degree Course – University of Genoa (MED/25 – 10 hours): Academic Years 2018-2024, and confirmed for 2025-2026.

- ✓ Teacher of “Etnopsichiatria” of the Integrated Course “Scienze Psichiatriche Applicate” at “Tecnica della Riabilitazione Psichiatrica” Degree Course – University of Genoa (MED/25 – 10 hours). Academic Years 2020-2024, and confirmed for 2025-2026.
- ✓ Teacher of “Psichiatria III” of the Integrated Course “Interventi Psicosociali” at “Tecnica della Riabilitazione Psichiatrica” Degree Course – University of Genoa (MED/25 – 20 hours). Academic Years 2020-2024, and confirmed for 2025-2026.
- ✓ Teacher of “Comunità Terapeutica” of the Integrated Course “Interventi Psicosociali” at “Tecnica della Riabilitazione Psichiatrica” Degree Course – University of Genoa (MED/25 – 10 hours). Academic Years 2020-2024, and confirmed for 2025-2026.
- ✓ Teacher of Psichiatria” of “Medicina e Chirurgia” Degree Course – University of Genoa (MED/25 – 10 ore): Academic Years 2021-2024, and confirmed for 2025-2026.
- ✓ Teacher of “Psicofarmacologia” of the Integrated Course “Psichiatria II e Psicopatologia” at “Tecnica della Riabilitazione Psichiatrica” Degree Course – University of Genoa (MED/25 – 10 hours). Academic Years 2021-2024, and confirmed for 2025-2026.
- ✓ Teacher of “Psichiatria dell’età adulta” (Genoa) of the Integrated Course “Neuroscienze Applicate I” at “Fisioterapia” Degree Course – University of Genoa (MED/25 – 10 hours). Academic Years 2023-2024, and confirmed for 2025-2026.
- ✓ Teacher of “Psichiatria dell’età adulta” (Pietra Ligure) of the Integrated Course “Neuroscienze Applicate I” at “Fisioterapia” Degree Course – University of Genoa (MED/25 – 10 hours). Academic Years 2023-2024, and confirmed for 2025-2026.
- ✓ From 2019 to 2023, he belonged to the “Commissione paritetica di Scuola per la didattica e il diritto allo studio” for the “Tecnica della Riabilitazione Psichiatrica” Degree Course.
- ✓ From November 1st, 2024, he is the President of Degree Course “Tecnica della Riabilitazione Psichiatrica”.
- ✓ Teacher (MED/25 – 8 hours) to the II Level University Master in “Criminologia e Scienze Psico-forensi” organized by University of Genoa – Department of Health Science (DISSAL) on “Psicopatologia dei comportamenti antisociali”. Academic year 2024-2025.

TUTOR ACTIVITIES (GRADUATION IN MEDICINE AND SURGERY)

- Title: “*Cronotipi e variabili psicopatologiche nei pazienti con Disturbo Bipolare*”. Candidate: Marco Danti. Academic Year 2018/2019.
- Title: “*Predittori di ricaduta nei comportamenti suicidari ad alta letalità: uno studio prospettico*”. Candidate: Matteo Meinero. Academic Year 2019/2020.
- Title: “*I tentativi di suicidio ad alta letalità: fattori di rischio e proposta di marcatori biologici*”. Candidate: Manfredo Radicati di Brozolo. Academic Year 2019/2020.
- Title: “*Ricoveri ospedalieri in psichiatria d'urgenza e variabili ambientali: uno studio cross-sectional e di mediazione*”. Candidate: Irene Maria Dainesi. Academic Year 2020/2021.
- Title: “*L'impatto clinico delle sostanze illecite nel paziente con disturbo bipolare: uno studio trasversale*”. Candidate: Fabiana Bifaro. Academic Year 2022/2023.
- Title: “*Cronotipo e Parametri Cardiom metabolici nei Pazienti con Disturbo Bipolare: Risultati Preliminari*”. Candidate: Sara Rotondi. Academic Year 2023/2024.
- Title: “*Indagine sulla relazione tra hopelessness, alessitimia, mind wandering, ruminazione e comportamento suicidario nel corso della vita in un campione clinico di pazienti con disturbo bipolare*”. Candidate: Tommaso Cerisola. Academic Year 2023/2024.

TUTOR ACTIVITIES (GRADUATION IN PSYCHIATRIC REHABILITATION)

- Title: “*Resilienza, capacità cognitive e relazioni sociali in giovani pazienti ricoverati: uno studio preliminare*”. Candidate: Alice Marieni. Academic Year: 2022/2023.
- Title: “*L’impatto delle nuove tecnologie sulla salute mentale*”. Candidate: Federico Smario. Academic Year 2022/2023.
- Title: “*Gli approcci psicoriabilitativi nel trattamento precoce dell’esordio psicotico*”. Candidate: Francesca Cordero. Academic Year 2023/2024.
- Title: “*La sintomatologia cognitiva nel Disturbo Depressivo Maggiore: approcci ed interventi in Riabilitazione Psichiatrica*”. Candidate: Giuliano Danovaro. Academic Year 2023/2024.
- Title: “*Promozione della salute mentale negli adolescenti: uno studio sperimentale sul potenziamento della funzione riflessiva*”. Candidate: Noemi Sanguineti. Academic Year 2023/2024.
- Relatore tesi di Laurea: “*Gli influssi della nuova società sul disturbo borderline di personalità*”. Candidate: Martina Calcagno. Academic Year 2023/2024.

REVIEWER’ ACTIVITIES

International journal with impact factor: Annals of General Psychiatry, BMC Psychiatry, Biomedicines, Bipolar Disorders, BJPsych Open, Brain and Behaviour, Child Psychiatry and Human Development, Chronobiological International, Current Neurpharmacology, Current Psychopharmacology, Environmental Pollution, Epidemiology and Psychiatric Sciences, European Psychiatry, Expert Opinion on Pharmacotherapy, F1000research, Frontiers in Psychiatry, Healthcare, International Clinical Psychopharmacology, International Journal of Environmental Research and Public Health, International Journal of Psychiatry in Clinical Practice, International Journal of Social Psychiatry, Journal of Affective Disorders, Journal of Clinical Medicine, Journal of Psychiatric Research, Medicina (Kaunas), Neuroscience & Biobehavioral Reviews, Personalized Medicine in Psychiatry, PLoS One, Psychiatry Investigation, Psychiatry Research, Psychology Research and Behavior Management, Revista Brasileira de Psiquiatria, Rivista di Psichiatria, Science of Total Environment, Scientific Reports, World Journal of Biological Psychiatry.

He is also **Review Editor** per: Frontiers in Psychiatry – Mood and Anxiety Disorders and Frontiers in Psychiatry – Psychosomatic Medicine.

He is **Guest Editor** for a Special Issue titled “*Early identification of affective and non-affective psychoses: from psychopathology to biomarkers*” on Frontiers in Psychiatry – section Schizophrenia (**Topic Editors**: Laura Fusar-Poli, Andrea Aguglia, Umberto Albert)

He was regional coordinator (Piedmont) of the Italian Society of Psychiatry - Young section (< 40 years old) from 2012 to 2015.

From February 2020 to December 2022, he belonged to the scientific board of the Italian Society of Psychopathology – Young Section (< 40 years old).

He is also a regular member of the Italian Society of Psychopathology, the Italian Society of Neuropsychopharmacology and the Italian Society of Psychosocial Rehabilitation: in the latter he has been on the scientific board as research coordinator from January 2019 to nowadays.

He is the president of the Italian Society of Psychiatric Rehabilitation - Liguria section from 4 July 2024 to nowadays.

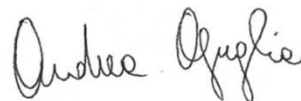
PUBLICATIONS ON PEER-REVIEWED JOURNALS WITH IMPACT FACTOR

h-index Scopus (June 2025) = 34 (number of citations = 4718)

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Genoa, June 3rd, 2025

Andrea Aguglia, MD, PhD

A handwritten signature in black ink, appearing to read 'Andrea Aguglia', written in a cursive style.