

PERSONAL INFORMATION

Name: Monica Pizzonia

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Professional Registration: Registered with the Medical Council of the Province of Genova, No. 13398

PROFESSIONAL PROFILE

Geriatric specialist with over 20 years of experience in the hospital care of frail older adults, currently serving as Head of the Orthogeriatrics Unit at the Policlinico San Martino University Hospital in Genoa, Italy. Skilled in managing complex multidisciplinary care pathways for elderly patients with hip fractures, with a focus on reducing disability, functional decline, and mortality. Author of several peer-reviewed publications on frailty and geriatric rehabilitation, and actively involved in academic teaching at the University of Genoa. Holds advanced managerial training in hospital internal medicine and the management of vascular access devices.

WORK EXPERIENCE

01/04/2021 – Present

Senior Medical Officer – Head of Orthogeriatrics Unit

Geriatrics Clinic, San Martino University Hospital – IRCCS, Genoa

Description: Management of a 20-bed ward dedicated to elderly patients (>75 years) with hip fractures. The orthogeriatric pathway provides integrated diagnosis, care, and assistance aimed at reducing disability, functional dependence, and mortality, ensuring an appropriate discharge plan.

23/05/2015 – 30/03/2021

Senior Medical Officer, Geriatrics Specialty

Geriatrics Clinic, San Martino University Hospital – IRCCS, Genoa

15/08/2007 – 22/05/2015

Senior Medical Officer, Geriatrics Specialty

Orthogeriatrics Unit, Dept. of Gerontology and Movement Sciences, E.O. Galliera Hospitals, Genoa

01/01/2006 – 14/08/2007

Appointed Medical Officer – Geriatrics Specialty

Intermediate Care Unit, Dept. of Gerontology and Movement Sciences, E.O. Galliera Hospitals, Genoa

01/01/2005 – 31/12/2005

Appointed Medical Officer – Geriatrics Specialty

Departmental Day Hospital, E.O. Galliera Hospitals, Genoa

01/2005 – 12/2005

Appointed Position – Department of Gerontology

E.O. Galliera Hospitals, Genoa

01/2004 – 12/2004

Co-Investigator – CZOL446H2301 Protocol (Zoledronic Acid)

Metabolic Bone Diseases Unit, E.O. Galliera Hospitals, Genoa

04/2003 – 12/2003

Consultant Geriatrician (contract position)

Dept. of Gerontology and Movement Sciences, E.O. Galliera Hospitals, Genoa

2002 – 2003

Continuity of Care Practitioner (General Practice)

Primary Care Department, District Care Unit – Local Health Unit 3, Genoa

MANAGERIAL TRAINING

- Second-level Master: *"Hospitalist – Managing Clinical Complexity in Hospital Internal Medicine"*, University of Genoa, A.Y. 2017–2018 (awarded on 22/11/2019)

- First-level Master: *"Placement and Management of Short- and Long-Term Vascular Accesses"*, University of Turin, A.Y. 2012–2013 (awarded on 03/06/2014)
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TEACHING ACTIVITY

- **Since A.Y. 2017/ 2018:** Lecturer, *Medical Sciences in Geriatrics* (Bachelor's Degree in Podiatry) – University of Genoa, 10 hours/ year
 - **Since A.Y. 2019/ 2020:** Lecturer, *Rehabilitation in Geriatrics* (Master's Degree in Rehabilitation Sciences of the Health Professions) – University of Genoa, 16 hours/ year
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SCIENTIFIC PUBLICATIONS

- *Ultra-old patients and long-term survival after hip fracture: a real world assessment* (2023) – Tiso D., Pizzonia M., Giannotti C., Tagliafico L., Signori A., Nencioni A., Monacelli F.
 - *Frailty assessment, hip fracture, and long-term clinical outcomes in older adults* (2020) – *European Journal of Clinical Investigation*
 - *The In-Hospital Length of Stay after Hip Fracture in Octogenarians: Do Delirium and Dementia Shape a New Care Process?* (2018) – *Journal of Alzheimer's Disease*
 - *Optimal setting and care organization in the management of older adults with hip fracture* (2011) – *European Journal of Physical and Rehabilitation Medicine*
 - *Heterogeneity in serum 25-hydroxy-vitamin D response to cholecalciferol in elderly women with secondary hyperparathyroidism and vitamin D deficiency* (2010) – *Journal of the American Geriatrics Society*
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EDUCATION AND TRAINING

- Degree in Medicine and Surgery, University of Genoa, 12/04/1996, score: 106/110
- Specialization in Geriatrics, University of Genoa, 30/10/2002, score: 50/50 with honors
- Specific Training in General Medicine, University of Genoa, 24/03/1999