

## **SONIA DI PROFIO**

65128, Pescara  
soniadiprofio@gaslini.org

Psychologist – Psychotherapist – Registered with the Order of Psychologists of the Abruzzo Region, No. 756

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### **Education and Training**

- Second-level University Master's Degree in Clinical Neuropsychology, University of Padua
  - Second-level University Master's Degree in Psycho-oncology and the Relationship with the Patient, Sapienza University of Rome  
*Final grade: 110/110*
  - First-level University Master's Degree in Palliative Care at the End of Life, University of Milan  
*Final grade: 110/110 with honors*
  - Specialization Diploma in Clinical Psychology and Psychoanalytic Psychotherapy, S.I.R.P.I.D.I. – Rome
  - Certificate in Forensic Psychology, Psychopathology, and Psychological Assessment, Italian Association of Forensic Psychology – Rome
  - Degree in Psychology, General, Clinical, Social, Developmental, Legal Psychology and Criminology, University of Urbino  
*Thesis title: "The prison experience: a research contribution"*  
*Final grade: 110/110*
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### **Professional and Work Experience**

#### **Adjunct Lecturer**

University of Genoa – Genoa

- Courses: *Clinical Psychology – Developmental and Educational Psychology*

#### **Senior Clinical Psychologist**

Giannina Gaslini Institute – Genoa

- Psychological support and psychotherapy for pediatric hemato-oncological patients and those in palliative care.
- Psychologist coordinator for the Psycho-oncology and Palliative Care Area.

#### **Psychologist – Psychotherapist**

Giannina Gaslini Institute – Genoa

- Psychological support and psychotherapy for hemato-oncological patients and their families.

#### **Psychologist; Therapeutic Director**

C.L.E.D. – Pescara

- Organization: Committee Against Marginalization and Drugs
- Counseling for individuals with substance use disorders.

**Vice President; Administrator**

Social Cooperative “Strada Facendo” – Pescara

- Type A Social Cooperative
- Co-author and psychologist coordinator of the project "C.I.C.U." – Urban Counseling and Information Center.

**Psychologist Fellow**

A.G.B.E. – Pescara

- Organization: Parents Association for Children with Hematologic Disorders
- Enhancement of care for adult and pediatric hematologic patients and their families.

**Researcher**

Camillo De Lellis Foundation – Pescara

Pain Therapy Center, “Spirito Santo” Hospital

- Patient management within an epidemiological study on the reactivation of Varicella-Zoster virus in the Pescara province and a randomized single-blind clinical trial evaluating combined antiviral therapy and acupuncture for pain control.

**Psychologist**

C.L.E.D. – Pescara

- Listening desk and classroom interventions using peer education methods.

**Technical Director of Protected Community for Disabled Persons**

Regional Down Syndrome Association – Pescara

- Management of a protected community for disabled individuals.

**Researcher**

Municipality of Pescara – Department of Social Policies

- Research project on the issues faced by families of psychiatric and Alzheimer’s patients.

**Researcher**

Regional Down Syndrome Association – Pescara

- Study on issues experienced by families of people with Down syndrome.

**Volunteer Psychologist**

Local Health Authority (A.S.L.) Pescara – Addiction Services Unit

- Volunteer psychological support in addiction services.

**Researcher**

Network – Social Research Institute – Pescara

- Provincial project to monitor, evaluate, and assess the Local Welfare Plans (Piani di Zona) of the Chieti province.

**Researcher**

Network – Social Research Institute – Pescara

- Provincial monitoring and evaluation project of the Local Welfare Plans (Piani di Zona).

## Publications

- Scelsi S, Capuozzo P, Primavera L, Calza S, DA Rin Della Mora R, Bandelloni L, Biolcati Rinaldi A, Cimellaro P, D'Apruzzo M, Di Profio S, Parodi A, Rebora S, Serveli S, Tani D, Viacava R, Venturino C. *Space For Children: improving mastery and reducing negative emotions about COVID-19 in youth via mobile interactive storytelling*. Minerva Pediatr (Torino). April 5, 2024. doi: 10.23736/S2724-5276.24.07371-3. Online ahead of print. PMID: 38576320
- Filbert AL, Kremer L, Ladenstein R, Chronaki C, Degelsegger-Márquez A, van der Pal H, Bardi E, Uyttebroeck A, Langer T, Muraca M, Nieto AC, Rascon J, Bagnasco F, Beyer S, Te Dorsthorst J, Essiaf S, Galan AO, Kienesberger A, O'Brien K, Palau MC, Pluijm SMF, Di Profio S, Saraceno D, Schneider C, Schreier G, Trinkūnas J, Zamberlan I, Grabow D, Haupt R; PanCareSurPass consortium. *Scaling up and implementing the digital Survivorship Passport tool in routine clinical care – The European multidisciplinary PanCareSurPass project*. Eur J Cancer. May 2024; 202:114029. doi: 10.1016/j.ejca.2024.114029. Epub March 19, 2024. PMID: 38513384
- Di Profio, S. (2023). *Le famiglie*. In S. Selmi & R. Vecchi (Eds.), *Psicologia in cure palliative e cure palliative pediatriche* (Chapter 5, pp. 79–98). Milan: Edra.
- Di Profio, S., & Varani, S. (2023). *Valutazione dei bisogni psicologici e assessment*. In S. Selmi & R. Vecchi (Eds.), *Psicologia in cure palliative e cure palliative pediatriche* (Chapter 6, pp. 101–122). Milan: Edra.
- Di Profio S, Uccella S, Cimellaro P, Biolcati Rinaldi A, D'Apruzzo M, Rebora S, et al. *The pandemic seen through the eyes of the youngest people: evaluating psychological impact of the early COVID-19-related confinement on children and adolescents through the analysis of drawings and of an e-survey on their parents*. Minerva Pediatr. July 22, 2022. doi: 10.23736/S2724-5276.22.06891-4.
- Crocco M, Verrico A, Milanaccio C, Piccolo G, Gaggero G, De Marco P, Iurilli V, Di Profio S, Calevo MG, Casalini E, Di Iorgi N. *Dyslipidemia in children treated with BRAF inhibitors for brain tumor: a new side effect? A single-center retrospective study*. Neuro-Oncology. June 2022; 24(Suppl.1): i96. doi: 10.1093/neuonc/noac079.347
- Uccella S, De Grandis E, De Carli F, D'Apruzzo M, Siri L, Preiti D, Di Profio S, et al. *Impact of the COVID-19 outbreak on the behavior of families in Italy: a focus on children and adolescents*. Front Public Health. February 5, 2021. doi: 10.3389/fpubh.2021.608358. PMID: 33614580, PMC7893111
- Crocco M, Calvi A, Gandullia P, Malerba F, Mariani A, Di Profio S, et al. *Assessing health-related quality of life in children with coeliac disease: the Italian version of CDDUX*. Nutrients. February 2, 2021; 13(2):485. doi: 10.3390/nu13020485. PMID: 33540585. PMC7912899
- Aloï D, Belgioia L, Barra S, Giannelli F, Cavagnetto F, Gallo F, Milanaccio C, Garrè M, Di Profio S, Di Iorgi N, Corvò R. *Neuroendocrine late effects after tailored photon radiotherapy for children with low-grade gliomas: long-term correlation with tumor and treatment parameters*. Radiother Oncol. November 2017; 125(2):241–247.
- Di Francesco G, Di Profio S, Nesci DA, Poliseno TA. *Unconscious dynamics in caregivers of oncological patients: reflections on a case in institutional psychotherapy*. Doppio Sogno. International Journal of Psychotherapy and Institutions. July 2013; 16.
- Giansante M, Ballarini V, Di Profio S. *Creativity and divergent thinking in children from the pediatric onco-hematology unit of the Civil Hospital S. Spirito of Pescara*. Giornale italiano di Psiconcologia. July 2010; 12:67–70.
- Ursini T, Tontodonati M, Manzoli L, Polilli E, Rebuzzi C, Congedo G, Di Profio S, et al. *Acupuncture for the treatment of severe acute pain in Herpes Zoster: results of a nested,*

- open-label, randomized trial in the VZV Pain Study*. BMC Complement Altern Med. 2011; 11:46.
- Da Fermo M, Donatelli E, Petricone S (Eds.). *Demographic movements and family*. In *La famiglia in Abruzzo*. Regione Abruzzo, 2002. Pescara.
  - Di Profio S, De Giuseppe S, Robotti S, Uccello M, Crocco M, Verrico A, et al. *Long-term neurocognitive and psychosocial outcomes among adolescents and young adults survivors of pediatric brain tumors*. Neuro-Oncology. June 2022; 24(Suppl.1):136.
  - Di Profio S, De Giuseppe S, Ramaglia A, Verrico A, Crocco M, Piccolo G, et al. *Behavioral disturbances as underestimated presenting symptoms in children with Diffuse Intrinsic Pontine Glioma (DIPG)*. Neuro-Oncology. June 2022; 24(Suppl.1):136.
  - Satragno C, Verrico A, Giannelli F, Ferrero A, Cavagnetto F, Schiavetti I, Garrè ML, Garibotto F, Milanaccio C, Ramaglia A, Di Profio S, Belgioia L, Barra S. *Permanent alopecia in pediatric patients with medulloblastoma treated by craniospinal irradiation: looking for a threshold dose*. Neuro-Oncology. June 2022; 24(Suppl.1):i178–i179.
  - Di Profio S, Crocco M, Verrico A, Milanaccio C, Di Iorgi N, Napoli F, Pacetti M, Garrè ML. *Fatigue and quality of life in childhood brain tumor after end of treatment*. Abstract book of the ISPNO – International Symposium on Pediatric Neuro-Oncology 2018.
  - Di Profio S, Milanaccio C, Verrico A, Crocco M, D'Ulivo B, Napoli F, Ravegnani M, Di Iorgi N, Garrè ML. *Neurocognitive and psychological functioning in pediatric patients with intracranial germ cell tumors (GTC) after treatment*. Abstract book of the Fifth International CNS GTC Conference – Columbus (Ohio).

## Abstracts

- Sonia Di Profio, Sara De Giuseppe, Antonio Verrico, Gianluca Piccolo, Marta Molteni, Cristina Venturino, Maria Luisa Garrè, Claudia Milanaccio – *Cancer worry and psychopathological symptoms in adolescents and young adult survivors of pediatric brain tumors*. Neuro-Oncology 26(Suppl. 4), June 2024.
- Sara De Giuseppe, Claudia Milanaccio, Antonio Verrico, Gianluca Piccolo, Marta Molteni, Sabrina Robotti, Cristina Venturino, Maria Luisa Garrè, Sonia Di Profio – *Post-traumatic growth and coping strategies among adolescents and young adult survivors of pediatric brain tumors*. Neuro-Oncology 26(Suppl. 4), June 2024.
- Antonio Verrico, Angelica Pisati, Francesca Bagnasco, Sara De Giuseppe, Andrea Rossi, Gianluca Piccolo, Marta Molteni, Claudia Mercuri, Alessandro Consales, Salvina Barra, Flavio Giannelli, Camilla Satragno, Maria Luisa Garrè, Claudia Milanaccio, Sonia Di Profio – *Cognitive and psychological late effects in children and adolescents with pineal region tumors: a 35-year-long experience in a tertiary referral hospital*. Neuro-Oncology 26(Suppl. 4), June 2024.
- Sabrina Robotti, Patrizia Megale, Luca Manfredini, Sonia Di Profio – *The voice is not heard, but it is there: the psychological care path for young adults with complex care needs in pediatric palliative care*. E-Presentation, XXXI National Congress of the Italian Society for Palliative Care (SICP).
- Sabrina Robotti, Sara De Giuseppe, Maria Cristina Contarini, Maria Teresa Castelli, Luca Manfredini, Sonia Di Profio – *Shared care planning (PCC): the perception of parent-caregivers*. E-Presentation, XXXI National Congress SICP.
- Sabrina Robotti, Silvia Tedeschi, Francesca Tiraboschi, Maria Teresa Castelli, Maria Cristina Contarini, Cristina Venturino, Luca Manfredini, Sonia Di Profio – *Adding life to days: a peer education project in upper secondary schools*. E-Presentation, XXX National Congress SICP.

- Sabrina Robotti, Sara De Giuseppe, Luca Manfredini, Sonia Di Profio – *From needs assessment to care: a shared path for supporting caregivers of children with complex care needs*.
- Sonia Di Profio, Sara De Giuseppe, Sabrina Robotti – *Communication needs of adolescents and young adults with pediatric brain tumors*. E-Presentation, XXX National Congress SICP 2023. Published in IPOS 2023 Abstracts Booklet and Journal of Psychosocial Oncology Research and Practice 5(S1):e111, September 2023.
- De Giuseppe S., Pistorio A., Vallega V., Di Profio S. – *Psychosocial support interventions for children with cancer and their families: psychological impact and effects on quality of life*. IPOS 2023 Abstracts Booklet. Journal of Psychosocial Oncology Research and Practice 5(S1):e111, September 2023.
- Di Profio S., De Giuseppe S., Robotti S., Uccello M., Crocco M., Verrico A., Piccolo G., Satragno C., Milanaccio C., Venturino C., Garrè ML – *Long-term neurocognitive and psychosocial outcomes among adolescents and young adults survivors of pediatric brain tumors*. Neuro-Oncology, Vol. 24, Supplement\_1, June 2022, p. 136.
- Milanaccio C., Di Profio S., De Giuseppe S., Ramaglia A., Verrico A., Crocco M., Piccolo G., Satragno C., Biassoni V., Garrè ML – *Behavioral disturbances as underestimated presenting symptoms in children with Diffuse Intrinsic Pontine Glioma (DIPG)*. Neuro-Oncology, Vol. 24, Supplement\_1, June 2022, p. 136.
- Satragno C., Verrico A., Giannelli F., Ferrero A., Cavagnetto F., Schiavetti I., Garrè ML, Garibotto F., Milanaccio C., Ramaglia A., Di Profio S., Belgioia L., Barra S. – *Permanent alopecia in pediatric patients with medulloblastoma treated by craniospinal irradiation: looking for a threshold dose*. Neuro-Oncology, Vol. 24, Supplement\_1, June 2022, pp. i178–i179.
- Di Profio S., Crocco M., Verrico A., Milanaccio C., Di Iorgi N., Napoli F., Pacetti M., Garrè ML – *Fatigue and quality of life in childhood brain tumor after end of treatment*. Abstract Book, ISPNO – International Symposium on Pediatric Neuro-Oncology, 2018.
- Di Profio S., Milanaccio C., Verrico A., Crocco M., D'Ulivo B., Napoli F., Ravegnani M., Di Iorgi N., Garrè ML – *Neurocognitive and psychological functioning in pediatric patients with intracranial germ cell tumors (GTC) after treatment*. Abstract Book, FIFTH INTERNATIONAL CNS GTC CONFERENCE, Columbus (OHIO).
- Geraldina Poggi, Marina Bertolotti, Claudia Corti, Simona Bellini, Daniele Bertin, Maura Massimino, Sonia Di Profio, Maria Luisa Garrè, Domitilla Elena Secco, Angela Mastronuzzi, Simonetta Gentile, Simone Gazzellini, Emanuela Russo, Elisa Petacchi, Elisabetta Viscardi, Maria Montanaro, Daniela Chieffo, Iacopo Sardi, Francesca Maffei – *An Italian Network for the Neurocognitive and Psychological Follow-Up of Childhood Brain Tumor Survivors*. Neuro-Oncology, 2016; 18(Suppl.3): 146.
- Di Profio S., D'Ulivo B., Savelli A., Milanaccio C., Manfredini L., Garrè ML – *Risk factors and symptoms of complicated grief in parents of children who died of brain tumors – Introduction of comfort care in neonatal and pediatric intensive care*. Proceedings of the XXII National Congress of the Italian Society for Palliative Care (SICP), Sorrento.
- D'Ulivo B., Di Profio S., Lampugnani E., Buratti S., Spennato D., Puppo F., Costa A., Menesini E., Costa B., Cavalieri S., Moscatelli A. – *Terminal adolescents and end-of-life decisions in hematopoietic stem cell transplantation (HSCT)*. Proceedings of the XXI National SICP Congress.
- Di Profio S., D'Ulivo B., Manfredini L., Garrè ML – *Complex needs and vulnerable families. Networking in terminal phase in pediatric neuro-oncology: case report*. Proceedings of the XXI National SICP Congress.
- D'Ulivo B., Di Profio S., Faraci M., Morreale G., Giardino S., Cannavale F., Olcese E., Nappi A., Pastore S., Calza S., Manfredini L., Lanino E. – *Pilot project of Animal-Assisted*

- Therapy (AAT)*. Proceedings of the XXI National SICP Congress, Arezzo, October 9–12, 2014.
- Di Profio S., Battaglia T., Garbarino O., Vettese D., Milanaccio C., Moretti P., Cama A., Garrè ML – *Post-traumatic symptoms and emotional/behavioral issues in children/adolescents treated for brain tumors*. Proceedings of the XXXIX AIEOP Congress, Genoa, May 2014.
  - D'Ulivo B., Di Profio S., Caprino D., Ghibaud E., Faraci M., Lanino E. – *Innovative use of massage in adolescence after hematopoietic stem cell transplantation*. Proceedings of the XIII National Congress of the Italian Psycho-Oncology Society, October 2013.
  - D'Ulivo B., Di Profio S., Riccardi F., Naselli F., Manfredini L., Caprino D. – *Non-pharmacological pain treatment in children*. Proceedings of the XXXVIII National Congress of AIEOP, Rome, June 2013.
  - Di Profio S., Sciarra P., Giansante M., Ballarini V. – *Complexity of elderly hematological patients*. Proceedings of the XII National SIPO Congress, November 2011.
  - Giansante M., Di Profio S., Sciarra P., Ballarini V. – *Stress level and coping styles in a hematology healthcare team*. Proceedings of the XII National SIPO Congress, November 2011.
  - Di Profio S. – *Psychopathological implications in grief*. Proceedings of the XVII National SICP Congress, Rome, December 2010.
  - Giansante M., Di Profio S., Ballarini V. – *Self-perception in pediatric oncology patients*. Proceedings of the XI National Congress of Psycho-Oncology, October 2009.
  - Di Profio S. – *Relational difficulties with the terminally ill and the role of the psychologist*. Proceedings of the XVI National SICP Congress, Lecce, October 2009.
  - Di Profio S. – *Inner voices*. Proceedings of the XV National SICP Congress, Giardini Naxos, November 2008.
  - Di Profio S. – *The pediatric oncology patient: a study on the quality of interpersonal relationships*. Proceedings of the X National Congress of Psycho-Oncology, Turin, October 2007.
  - Di Profio S. – *Excessive care in the terminal pediatric patient: case report*. Proceedings of the XV National SICP Congress, Perugia, November 2007.
  - Di Profio S. – *Pain management in pediatric oncology: a preliminary assessment*. Proceedings of the XIV National SICP Congress, Bologna, April 2006.

## Conference Presentations as Speaker

- April 11, 2025 – Conference: *Posterior cranial fossa tumors in pediatric age: from treatment to integrated rehabilitation* – Talk title: *Psychological care pathway*
- November 21–23, 2024 – XXXI National Congress SICP – Talk title: *Balancing in the shadows: grief of siblings*
- June 20–22, 2024 – *New strategies in pediatric rehabilitation: the challenges ahead* – Talk title: *Family dynamics and psychological support*
- November 16–18, 2023 – XXX National Congress SICP – Talk title: *Children with incurable diseases and complex care needs: psychosocial repercussions on the family*
- November 17–19, 2022 – XXIX National Congress SICP – Talk title: *Psychotherapy in palliative care*
- June 7–10, 2017 – *Fifth International CNS GTC Conference – Columbus (OH)* – Oral presentation: *Neurocognitive and psychological functioning in pediatric patients with intracranial germ cell tumors*
- November 4–7, 2015 – XXII National Congress SICP – Sorrento – Oral presentation: *Risk factors and symptoms of complicated grief in parents of children who died of brain tumors*

- October 9–12, 2014 – XXI National Congress SICP – Arezzo – Oral presentation: *Incurability in pediatric neuro-oncology: needs and critical issues*
- November 12, 2013 – *Pediatric palliative care: what, how and why to say it* – Giannina Gaslini Institute, Genoa – Talk title: *The needs of the child, the family, and the care team*
- May 12, 2012 – *Care at the end of care* – I Regional Congress SICP Abruzzo – Talk title: *The patient's perspective: centrality of the person*
- January 28, 2011 – *Pediatric oncohematology: children who heal and children who don't...* – ASL Pescara – Talk title: *Case report*
- September 9, 2011 – *School and Hospital: Dialogue between knowledge and places of care* – ASL Pescara – Talk title: *Case report: "The castaway"*
- October 3–6, 2007 – X National Congress of the Italian Psycho-Oncology Society: *Psycho-Oncology 2007: psyche and soma against cancer* – Turin – Oral presentation: *The pediatric oncology patient: a study on the quality of interpersonal relationships*

## Peer Review Activity

- 2015: Reviewer for the paper "Using IRT models to quantify the Strengths and Difficulties Questionnaire (SDQ) outcomes" submitted to *Sociological Methods and Research*.

## Scientific Societies

- Member, Italian Society of Psycho-Oncology (SIPO), since 2014
- Member, Italian Society of Palliative Care (SICP), since 2006

## Languages

- Italian: Native speaker
- English:
  - Reading: Good
  - Writing: Fair
  - Speaking: Fair

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Genova, 23/06/2025

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