FORMATOEUROPEO PERILCURRICUL UM VITAE





PERSONAL INFORMATION

Name DE SIMONE ALESSIA

Address 5, Via Lungomare di Pegli, 16155, Genoa, Italy

Telephone **3493343900**

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Nationality Italian

Date of birth 15/10/1994

Desired occupation Midwife

EXPERIENCE WORKING

Date from 1 April 2021 in progress

s Name and work address IRCCS San Martino Polyclinic Hospital – Obstetrics department (Largo Rossana Benzi 10; Pav.2) Full-time

Type of use midwife with permanent contract

Date From September 16 2020 – to March 31 2021

Asl 1 Imperiese – Obstetrics and Gynecology Department of the Hospital of Imperia (Via S.Agata, 57, s Name and work address

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Type of use Pad.A) Full-time midwife with permanent contract

Date From November 11, 2019 to September 15, 2020

s Name and work address University Hospital of Bologna – Policlinico Sant'Orsola Malpighi – Obstetrics

Department (Via Giuseppe Massarenti, 9, Bologna)

Type of use Full-time midwife with permanent contract

Date From 3 October 2019 to 8 November 2019

s Name and address of employer A.O. Mauritian Order of Turin - midwifery department full time

Type of use with fixed-term contract

Date From February 13 2019 to September 30 2019

s Name and address of employer Local Health Authority Turin 4 - Obstetrics and Gynecology Department of the Cirié

Hospital (Via Battitore, 7/9, Cirié, Turin)

Type of use Full-time midwife with fixed-term contract (temporary agency)

Date From July 11 2018 to November 30 2018

Name and address of employer Local Hospital Verbano Cusio Ossola - Obstetrics and

Gynecology of the Castelli di Verbania Hospital (Via Fiume 18, Verbania)

Type of use Full-time midwife with fixed-term contract (temporary agency)

> Date from January 2016 to March 2016; from May 2016 to September 2016

Name and address of employer Obstetrics Department at IRCCS Azienda Ospedaliera Universitaria San Martino IST;

Obstetrics Department at the Galliera Hospitals;

Department of Gynecology and Obstetrics at the Giannina Gaslini Institute

Type of use Trainee

> Date from January 2015 to February 2015; from June 2015 to September 2015

Name and address of employer Department of Obstetrics and Gynecology - Operating Room of Obstetrics and Gynecology at

the Giannina Gaslini Institute;

Department of Obstetrics - Outpatient clinic for overdue pregnancy - Department of Neonatology

and Neonatal Pathology - CNA Alternative Birth Center at IRCCS Azienda Ospedaliera

Universitaria San Martino IST

Type of use Trainee

> Date From June 2014 to September 2014

Name and address of employer Department of Internal Medicine at IRCCS Azienda Ospedaliera Universitaria San Martino IST;

Department of Surgery and Gynecology at the Galliera Hospital;

Department of Gynecology and Obstetrics at the Giannina Gaslini Institute

Type of use Trainee

EDUCATION

 Date March 2019 - March 2020

 Name and type of school or Niccolò Cusano Telematic University

formation

Main subjects /

Analysis of the conceptual, methodological and practical aspects of the legal and legal Professional skills under study

dimension of nursing/midwifery care

· Qualification achieved Master first-level university degree in "Legal and Forensic Nursing and Obstetrics", thesis title "Legal

and forensic midwife in the approach to female genital mutilation" with a final grade of 108/110

 Date April 2017 - April 2018

· Name and type of school or

formation

University of Genoa - School of Medical and Pharmaceutical Sciences

Main subjects /

Professional skills under study

Planning and control of production processes, organizational analysis, management and development of human resources

· Qualification achieved Master Bachelor's degree in Management for the Health Professions

nursing and midwifery, thesis title "Organizational well-being and the role of the coordinator of nursing and

midwifery health professions" with a final grade of 107/110

 Date 2013 - 2016

· Name and type of school or University of Genoa - School of Medical and Pharmaceutical Sciences

formation

 Main subjects/ professional skills covered by the study Obstetric Sciences

• Qualification achieved Degree in Obstetrics, thesis title "Obstetric assistance in the delivery room: women's

experiences and experiences " with a final grade of 107/110

• Date 2008 - 2013

Name and type of school or
 Luigi Lanfranconi Scientific High School

formation

Main subjects / Scientific subjects, Italian, English and biology
Professional skills under study

Qualification achieved
 Scientific High School Diploma with a final grade of 80/100

TEACHING

- Adjunct professor at the University of Genoa in the degree course in Obstetrics for the following courses:
 - Midwifery legislation and organization of the profession, academic year 2023-2024 and 2024-2025
 - Operating room assistance and instrumentation, academic year 2024-2025
- Supervisor of the bachelor's degree thesis in obstetrics, academic year 2023-2024, title: The effects of "Maternal self-Awareness" on the modalities of delivery: prospective observational study at the Policlinico hospital San Martino di Genova
- Member of the State Examination Commission of the Degree Course in Midwifery (session 25/3/2025)

PUBLICATIONS

- E. Finale, P. Ferrero, S. Andorno, A. De Simone, A. Ponili, A. Borraccino and A. Guala, "Malaria in pediatric age in the Piedmont Region", *Annals Istituto Superiore di Sanità*, Vol. 56, No. 1: 72 75, Jan 2020
- S. Felis, F. Carrucciu, A. De Simone, "Acute puerperal uterine inversion", American Journal of Medical and Clinical Research & Reviews, 2 (12):1-9, Dec 2023
- S. Felis, I. Gavini, A. De Simone, F. Carrucciu, "Obstetric perineal Trauma and Episiotomy", *American Journal of Medical and Clinical Research & Reviews*, 2 (12):1-13, Dec 2023
- S. Felis, V. Tirloni, M. Bertoni, A. De Simone, "Sepsis", American Journal of Medical and Clinical Research & Reviews, 2 (12):1-22, Dec 2023
- S. Felis, S. Quaroni, A. De Simone, "Uterotonic Agents", American Journal of Medical and Clinical Research & Reviews, 2 (12):1-14, Dec 2023

PERSONAL SKILLS AND COMPETENCIES

MOTHER TONGUE **Italian**

OTHER LANGUAGES **English**

• Reading skills
• Writing skills

Excellent Good

• Oral expression skills Good

INTERPERSONAL SKILLS AND

COMPETENCIES

Aptitude for teamwork Good adaptability

Good communication and interaction skills, motivation and spirit of initiative

ORGANIZATIONAL SKILLS AND

COMPETENCIES

Good job management Problem-solving skills

TECHNICAL SKILLS AND COMPETENCIES

Ability to recognize and assist obstetric physiology and pathology Ability to monitor the state of health

of the woman and the fetus Ability to assist in pediatric resuscitation maneuvers

Ability to provide psychological support, listen and motivate the woman

Ability to follow the pregnancy before and after childbirth and in the organization of birth

accompaniment courses
Ability to take venous sampling

Ability to perform vaginal swabs and pap smears

OTHER SKILLS AND COMPETENCIES Good knowledge of Office programs (Word, Excel, PowerPoint)

LICENCE B – car

LEARN MORE

Participation in the following training courses as a learner:

Executor BLSD – Basic Life Support-Defibrilation ADULT AND PEDIATRIC, organized by ANPAS Liguria, at Via Antonio Pacinotti 52R, 16151, Genoa, on 14/01/2017 (duration 5 hours).

Mysterious pains of the breast, nipple and lingual frenulum, organized by Collegio Ipasvi Alessandria, at Via Michelan gelo Buonarroti 16, 15121, Alessandria, on 14/10/2017 (duration 8 hours and 30 minutes).

Capita Selecta- Chronic pelvic pain, organized by the University of Genoa, at Via Magliotto 2, 17100, Savona, on 10/12/2017 (duration 8 hours).

Italian Obstetric Surveillance System: the prevention and management of postpartum haemorrhage - 2017 edition, organized by Zadig srl on 31/01/2018 (FAD), 12 ECM training credits awarded

Italian Obstetric Surveillance System: hypertensive disorders of pregnancy, organized by Zadig srl on 31/01/2018 (FAD), 12 ECM training credits awarded

Next 2 her- together with mothers, organized by Mc Cann Complete Medical Div. of VyvaMed Srl on 15/06/2018 (FAD), assigned 4 E.C.M training credits

Screening and prenatal diagnosis tests: is there anything new? 3rd A.O.G.O.I. course-2nd Turin Ian Donald Course, organized by Provider Aogoi on 01/07/2018 (FAD), 22 E.C.M. credits assigned

HPV between risk communication and prevention. An update on the vaccination offer, organized by Provider Aogoi on 03/07/18 (FAD), 9 E.C.M. training credits assigned

General and specific health and safety training course for workers of the ASL VCO, organized by ASL VCO, at Via Giuseppe Mazzini 117, 28887, Omegna, on 9-10/08/2018 (duration 18 hours), assigned 19 ECM training credits

Tools and resources in pregnancy management. Regaining confidence in obstetric skills and rediscovering their added value, organized by the Interprovincial Order of Midwives of Genoa and La Spezia, at the Villa Ronco Conference Hall, Genoa, on 01/12/2018, (duration 7 hours), assigned 7 E.C.M training credits

ItOSS: Prevention and management of maternal sepsis, organized by Zadig srl on 02/12/2018 (FAD), assigned 12 ECM training credits

Macron 2019 - Fluid therapy in obstetric patients, organized by Regional Provider Istituto Giannina Gaslini, at IRCSS G. Gaslini, Genoa, on 09/02/2019, (duration 7 hours), awarded 9.1 ECM credits

HPV: rationale for the vaccination of adult women, organized by Provider Carocci Editore S.p.A. on 30/07/2019 (FAD), 5.2 E.C.M. training credits assigned

Advances in the screening of trisomy 21 and pre-eclampsia, organized by Provider A.O.G.O.I. on 31/07/2019 (FAD), 6 E.C.M. training credits assigned

Iron deficiency anemia, organized by Provider Metis SRL on 26/08/2019 (FAD), 16 E.C.M training credits assigned

Introduction to strategic communication in the health professions, organized by Provider SP srl, duration 5 hours on 09/09/2019 (FAD), assigned 5 ECM training credits

Protection and promotion of health in the first 1000 days of life, organized by Provider Bambino Gesù Children's Hospital I.R.C.C.S. on 15/09/2019 (FAD), 9 E.C.M. training credits assigned

Knowing and treating pain in children, organized by Provider Ospedale pediatrico Bambino Gesù I.R.C.C.S. on 16/09/2019 (FAD), awarded 16 ECM training credits

Protecting against influenza with vaccination – II edition, organized by Provider standard Axenso srl, duration 30 hours, on 1/10/2019 (FAD), assigned 45 E.C.M training credits

Suture course in the delivery room for midwives – I edition, organized by Azienda Sanitaria Locale To4, at Via Battitore 7/9,10073, Ciriè, on date from 10/4/2019 to 20/11/2019 (residential and field training), duration 12 hours, assigned 17 E.C.M. training courses

Aobo risk in obstetrics ministerial recommendations n. 6 prevention of maternal death: postpartum haemorrhage and cardiac arrest (peri mortem caesarean) simulation of cases, organized by the University Hospital of Bologna "Policlinico Sant'Orsola-Malpighi", at Policlinico Sant'Orsola (BO), on 04/12/2019, duration 4 hours, assigned 6 ECM training credits

Aobo the path of insertion of the new hire in the university hospital, organized by the University Hospital of Bologna "Policlinico Sant'Orsola-Malpighi", at Policlinico Sant'Orsola (BO), on 12/12/2019, duration 4 hours, assigned 4 credits E.C.M

Aobo obstetric infections: sepsis in pregnancy and in the puerperium, cardiac arrest during childbirth simulation of cases, organized by the University Hospital of Bologna "Policlinico Sant'Orsola-Malpighi", at Policlinico Sant'Orsola (BO), on 18/12/2019, duration 4 hours, assigned 6 ECM training credits

Indication for the prevention of COVID-19 transmission, organized by Provider Azienda Usl di Reggio Emilia, on 17/08/2020 (FAD), duration 2 hours, assigned 2.6 ECM training credits

The importance of booster vaccinations for public health, organized by Provider standard Axenso srl, on 6/03/2021 (FAD), duration 35 hours, assigned 50 E.C.M training credits

National Multidisciplinary Congress "Innovation in aerosol therapy", organized by Provider standard Axenso srl, on 24/03/2021 (FAD), duration 7 hours, assigned 10.5 E.C.M training credits

Overweight and its complications in women, organized by Provider standard Axenso srl, on 8/04/2021 (FAD), duration 10 hours, assigned 15 ECM training credits

NIPT innovation in an euploidy screening: the fundamental points, organized by Provider A.O.G.O.I., on 9/04/20 21 (FAD), assigned 12 ECM training credits

NIPT in A.B.C.D.E. PROJECT Attention, Burnout, Compassion, Fatigue, Post Traumatic Stress Disorder and beyond, organized by FORMAT sas, on 10/04/2021 (FAD), 10.4 E.C.M. training credits assigned

Patient management in the gynecologist's outpatient clinic at the time of the Covid-19 pandemic, organized by Standard Provider Axenso srl, on 7/05/2021 (FAD), duration 13 hours, assigned 23.4 ECM training credits

Autonomous assistance by midwives to low-risk obstetric pregnancies (BRO), organized by Provider Humanitas University Consortium, on 10/12/2021 (FAD), 50 E.C.M. training credits awarded

Assistance to physiological and induced labor and delivery: differences and similarities, organized by Provider GGALLERY Srl, on 15/11/2022 (FAD), awarded 9 ECM training credits

Supplementation in pregnancy, organized by Provider MKT ECM Srl, on 20/04/2023 (FAD), duration 15 hours, assigned 15 ECM training credits

Pathology of the breasts in lactation, organized by Provider A.O.G.O.I., on 23/04/2023 (FAD), 12 E.C.M. training credits have been assigned.

Assisting in the best possible way during labor and delivery: a journey between induction and physiology, organized by Provider GGALLERY Srl, on 26/04/2023 (FAD), awarded 9 E.C.M. training credits

Neonatal resuscitation, organized by Provider Ospedale Policlinico San Martino, on 6-7/06/2023 (interactive residential), 26 E.C.M. training credits were awarded.

The induction of labor during childbirth: state of the art and news, organized by Provider GGALLERY Srl, on 23/06/2023 (FAD), duration 3 hours, assigned 4.5 E.C.M. training credits.

Qualifying triage course for emergency room nursing and midwifery staff, organized by Provider Ospedale Policlinico San Martino, on 23-24/10/2023 (interactive residential), 25.6 E.C.M. training credits have been assigned.

Ultrasound course in the delivery room and cardiotocography, organized by Provider IRCCS Istituto Giannina Gaslini, on 03/11/2023 (residential), 8 E.C.M. training credits were awarded.

Emergency caesarean section, organized by Provider Ospedale Policlinico San Martino, on 28/03/2024 (interactive residential), 6 E.C.M. training credits were assigned.

How to manage obstetric emergencies and complications in the light of scientific evidence, organized by Medical Channel Srl, on 5-6/04/2024 (residential), 8.4 E.C.M. training credits have been assigned.

Shoulder dystocia, organized by Provider Ospedale Policlinico San Martino, on 17/04/2024 (interactive residential), assigned 6 ECM training credits.

Feeding to nourish: updates on nutrition during pregnancy and breastfeeding, organized by Provider GGALLERY Srl, on 19/04/2024 (residential), 3 E.C.M. training credits were awarded.

Medical therapy of spontaneous and voluntary abortion: drugs and pathways, organized by Provider A.O.G.O.I., on 04/05/2024 (FAD), 15 E.C.M. training credits were awarded.

Obstetric ultrasound and cardiotocography course, organized by Provider AccMmed, on 29/11/2024 (residential), 6 E.C.M. training credits were assigned.

The promotion of health determinants in the first 1000 days of life and parenting support, organized by Provider Zadig srl, on 29/05/2025 (FAD), 10 E.C.M. training credits were awarded.

The undersigned is aware that, pursuant to art. 76 of Presidential Decree no. 445 of 28/12/2000, false declarations, falsity in documents and the use of false documents are punishable under the penal code and special laws. Furthermore, the undersigned authorizes the processing of personal data, in accordance with the provisions of Law 196/03.

Genoa, 03/06/2025

Alexander Jose