


## PERSONAL INFORMATION

## Alice Perata

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Gender Femminile | Date of birth 16/08/1990 | Place of birth Genova | Nazionalità Italiana

Tax Code: PRTLCA90M56D969E

## WORK EXPERIENCE

## DESIRED POSITION

## Physiotherapist

01/06/2020 – Present

## Physioterapist

Istituto Giannina Gaslini – Pediatric hospital and scientific research institute, Genoa (Italy)

Permanent full-time physiotherapist (36h/week) at the UOC of Physical Medicine and Rehabilitation. Responsible for patient and family care in the Neonatal Pathology ward and as a consultant for Neonatal Pathology follow-up. Initially worked alongside or substituting the department lead; later became the lead for these wards. Since January 2024, two colleagues have joined for collaborative care of neonates in these wards.

a.a. 2023/24 – present

## Teaching Assignment at UNIGE – Degree Course in Neuro and Psychomotor Therapy of Developmental Age

Lecturer in the course "General Rehabilitation in Developmental Age" (code 73136), focusing on term and preterm newborns.

03/10/2018 – 31/05/2020

## Physioterapist

Istituto Giannina Gaslini – Pediatric hospital and scientific research institute, Genoa (Italy)

Freelance collaboration for the rehabilitation project at the UOC of Physical Medicine and Rehabilitation for the regional reference center for Cystic Fibrosis.

01/03/2018 – 15/06/2018

## Physioterapist

Istituto Giannina Gaslini – Pediatric hospital and scientific research institute, Genoa (Italy)

Freelance collaboration supporting the "Cystic Fibrosis" project for the UOC of Physical Medicine and Rehabilitation.

13/11/2017– 28/02/2018

## Physioterapist

Department of Youth and National Civil Service

"White Helmets: ASIA 2017" project, presented by VOLONTARI NEL MONDO – FOCSIV, carried out at OVCI in Beijing.

02/2016 – 02/2017

## Volunteer Internship

Istituto Giannina Gaslini – Pediatric hospital and scientific research institute, Genoa (Italy)

608 hours of voluntary attendance at the UOC of Physical Medicine and Rehabilitation.

15/04/2013 – 30/10/2017

## Physioterapist

AISM – Italian Multiple Sclerosis Association, Genoa (Italy)

Outpatient rehabilitation, including with rehabilitation equipment, group, and aquatic therapy.

- 23/03/2015 – 10/11/2017 **Physioterapist**  
Foundation of Religion: Institute of Third Order Sisters Minims of St. Francis of Paola, Genoa (Italy)  
Rehabilitation in a nursing home, 10h/week
- 01/01/2014 – 31/01/2015 **Research Project Physioterapist**  
AISM – Italian Multiple Sclerosis Association, Genoa (Italy)  
Research project: "Balance Disorders in Multiple Sclerosis: a personalized rehabilitation treatments approach".
- 16/09/2013 – 31/12/2014 **Physioterapist**  
Association Gigi Ghirotti ONLUS, Genoa (Italy)  
Home rehabilitation for terminal cancer patients (maternity leave replacement).
- 19/08/2013 – 16/09/2013 **Physioterapist**  
Fondation pio lascito Nino Baglietto, Cogoleto (Italy)  
Occasional collaboration in a nursing home (holiday cover)

## EDUCATION AND TRAINING

- 12/2019 – 12/2021 **Mater's Degree in Rehabilitation Science of Health Professions** Livello 7 QEQ  
University of Genoa, School of Medical and Pharmaceutical Sciences, Genoa (Italy)
- 12/2015–04/2017 **Master in Pediatric Physiotherapy** Livello 7 QEQ  
University of Florence, Florence (Italy)  
1st Level Master in Pediatric Physiotherapy at Meyer University Hospital
- 09/2009–11/2012 **Bachelor's degree in physiotherapy** Livello 6 QEQ  
University of Genoa, School of Medical and Pharmaceutical Sciences, Genoa (Italy)
- 11/2015–01/2016 **Training Course in Mezieres Method**  
AIFiMM, Genoa (Italy)  
Mézières Method – Morphological Postural Rehabilitation: Basic and Advanced Course
- 04/2014–12/2014 **Training Course in RMP**  
AIFI Liguria and Fisios, Genoa (Italy)  
"Progressive Modular Rebalancing System" by Giuseppe Monari with neurokinetic facilitations
- 05/2014 **NMT Concept Training Course**  
Fisiogym, Genoa (Italy)  
Taping NeuroMuscolare: Basic Course

09/2004–06/2009

## Secondary School

Livello 4 QEQ

Luigi Lanfranchi Scientific High School, Genoa (Italy)

### PERSONAL SKILLS

#### Mother Language

Italian

#### Other language

english

COMPREHENSION		SPEAKING		WRITING
listening	Reading	Spoken Interaction	Spoken Production	
B1	B1	A2	A2	B1
PET in 2008				

Livelli: A1 e A2: Utente base - B1 e B2: Utente autonomo - C1 e C2: Utente avanzato

[Quadro Comune Europeo di Riferimento delle Lingue](#)

#### Communication skills

Scout leader (AGESCI) for 9 years with children aged 8–12. Developed educational and trust-building skills with children and parents. Currently a camp leader at regional events with children from various regions. Since 2017, branch trainer and for 4 years regional leader for leaders of the 8 – 12 age group. These experiences enhanced relational and communication skills with both children and adults.

#### Organisation / Management skills

Precise, punctual, and organized. Scouting experience further developed these skills. .

#### Digital skills

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent user	basic user	Independent user	Independent user	basic user

[Competenze digitali - Scheda per l'autovalutazione](#)

ECDL in 2007

#### Driving license

B

#### Professional competences

- Speaker at the conference: “Late preterm: neuropsychomotor development 0 – 3 years. Hospital- Territory Network” (1st edition by Gaslini Institute, 2nd by SIN and SIP)
- - Lecturer at Gaslini Institute course for employees: “Neurodevelopmental and personalized care in neonatal intensive care: promoting development and supporting the family”
- - “Brazelton NBO – Neonatal Behavioral Observation” (International NBO certification, Brazelton Institute)
- - “Family-centered developmental care in neonatal pathology” – Brazelton C1 course
- - “Neurodevelopmental semiotics and promotion of psychomotor development 0 – 12/18 months” – Brazelton B course”Behavioral assessment and promotion of development in term and mildly preterm newborns within the Brazelton approach (NBAS-NBO)” – Brazelton A course
- - “General Movements Assessment according to Prechtl – basic course”
- - “AIMI Infant Massage Instructor Course” (International IAIM certification)
- - Conference “#farealice2025: Responsive care. Relationships that support growth.”
- - SIN 2025 Course: “Individualized care to support development”
- - National GIS Neonatology Congress 2024
- - SIN Congress 2023: “The meaning of the senses. Sensory support in NICU for preterm infants”
- - “The impact of music on the fetus, newborn, and preterm child”
- - “The physiotherapist’s contribution to secondary prevention in pediatrics”

- "The physiotherapist's contribution to primary prevention and health promotion in pediatrics"
- "Core Competence of the Pediatric Physiotherapist: proposal for the Italian context"
- Seminar "Non-Invasive Ventilation in Preterm Infants"
- "Imaging diagnostics in pediatric rehabilitation"
- "Physiotherapy and respiratory rehabilitation: a practical approach to airway clearance and patient training"
- 4th International Conference on Respiratory Physiotherapy
- "RIABILITAPECTUS: the role of rehabilitation in treating Pectus Excavatum/Carinatum"
- "Development and organization of the human sensorimotor system"
- "Technology at the service of the patient"
- "PBLSD BASE" 2017 + BLSD guideline updates during COVID-19 emergency 2020 + retraining 2021 + retraining 2024
- "Regional training and update course for healthcare operators on device vigilance (dv)"
- "Physics, technology, and laser safety - pursuant to art. 37 dlgs 81/08"
- "Conflict of interest, ineligibility, and incompatibility"
- "Pills of IT security"
- "Safe use of medical gases - pursuant to art. 37 d.lgs 81/08"
- "Law no. 190, plans and anti-corruption measures"
- "Privacy and data protection under Regulation 2016/679" "Firefighting Course (e-learning for IGG staff)"
- "Training course on specific risks in healthcare settings under art.37 of D.Lgvo 81/2008 (for Gaslini Institute healthcare workers)"
- "Basic occupational health and safety course for workers under Art.37, D. Lgs.81/08"
- "Communication in the work group: team building elements"
- "New coronavirus SARS-CoV-2 health emergency: preparation and response"
- "International Scientific Conference AIFI - Therapeutic Exercise: foundations, evidence, and clinical reasoning in physiotherapy practice"
- "Mézières Method - Morphological Postural Rehabilitation - basic and advanced module"
- "Progressive Modular Rebalancing System by Giuseppe Monari with Neurokinetic Facilitations"
- "LIS; Italian Sign Language in healthcare"
- "Pet Therapy and therapeutic education, the use of animals in teams"
- "Robotics, advanced technologies, and telerehabilitation supporting the physiotherapist: new frontiers in rehabilitation"
- "Recent advances in multiple sclerosis: rehabilitative aspects"
- "Aids for people with progressive neurological diseases and basic management principles for people with disabilities - first module"
- "Aids for people with progressive neurological diseases: technological innovation to support people with disabilities"
- "NeuroMuscular Taping Basic Course"
- "Therapeutic massage"
- "Functional bandaging"

**Publication** International Scientific Conference AIFI 2017  
Poster: "THE EFFECT OF THE REHABILITATION AFTER SELECTIVE DORSAL RHIZOTOMY: case series of Gaslini Children's Hospital"

## FURTHER INFORMATION

**Certificazioni** Certificate of public merit issued on 15/02/2013 .  
Patent No. 207647/8351, III CLASS - 1st BAND

**Declaration** I, the undersigned, Alice Perata, aware of the penalties provided by Article 76 of Presidential Decree no. 445/2000 for false statements and mendacious declarations, certifies, pursuant to Articles 46 and 47 of the aforementioned Decree, that the information provided in this educational and professional curriculum is true. Furthermore, she authorizes the processing of personal data pursuant to Article 13 of Legislative Decree 196/2003 ("Personal Data Protection Code") and Article 13 of GDPR 679/16 ("European Data Protection Regulation").

Genoa, 10/06/2025

Signature

