

Curriculum Vitae Europass



Personal information

Surname / Name **Fassone Valentina**

Address **Via Mulinello 10, 16036, Avegno, GE, Italy**

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Italian Citizenship

Date of birth **04/28/1983**

Female Sex

Desired occupation/

Professional sector

PHYSIOTHERAPIST registered at no. 48 of the register of the health profession of physiotherapist, at the TSRM PSTRP Order of Genoa Imperia Savona, since 23/11/2018, with resolution no. 920 of 23/11/2018

From 1 November 2012 to date: Permanent contract at IRCSS AOUS Martino – IST - National Institute for Cancer Research (Genoa).

Cardiac Surgery Department (Resuscitation and Hospitalization) and Intensive Care and Resuscitation Department, Emergency Room.

Appointment of INTERNSHIP TUTOR for Degree Course in Physiotherapy (University of Genoa) from 2023 to today.

Appointment as CONTRACT TEACHER for CI Cardiac Rehabilitation, Degree Course in Physiotherapy (University of Genoa) at the Genoa and Pietra Ligure campuses. From 2023 to today. From 2024 also at the Chiavari campus.

Appointment as INTERNSHIP GUIDE for the Degree Course in Physiotherapy (University of Genoa) from 2013 to today.

INTERNSHIP TUTOR within the Level I Master's Degree in Physiotherapy and Respiratory Rehabilitation (subsequently called Master's Degree in Cardiorespiratory and Critical Area Physiotherapy) organized through the University of Milan, from 2019 to today.

Professional experience

From 1 July 2011 to 31 January 2012: Physiotherapist with a fixed-term contract at IRCSS AOUS Martino – IST-National Institute for Cancer Research (Genoa). Departments: Pneumology, Infectious Diseases, Medicine, Resuscitation, Cardiac Surgery, Neurology, Neurosurgery, Orthopedics, Transplants, Intermediate Care, Hematology, General and Vascular Surgery.

From 1 February 2010 to 31 October 2012: Physiotherapist with permanent contract at ASL 4 Chiavarese (Home Care Service and SS Intermediate Care and SC Medicine S. Margherita Ligure Hospital - Rapallo Hospital). On leave from 01/07/2011 to 31/01/2012.

From December 2008 to January 2010: Freelance physiotherapist at the "Regina Pacis" Nursing Home for the Elderly in Santa Margherita Ligure. From May 2008 to January 2010: Freelance physiotherapist.

Education and training

From August 31st to September 9th 2009: Physiotherapist at the Montallegro Clinic, Genoa From February 2009 for two weeks: Physiotherapist at the GCLA second level and intensive rehabilitation department, City of Genoa. Genoa Quinto From May 7th 2007 to July 31st 2008: Physiotherapist (hydrokinesitherapy). Fides Medica and City of Genoa. Genoa Quinto.

From 20 August 2007 to 31 August 2007: Physiotherapist at the RSA Città di Genova. Genoa Fifth.

From October 11, 2006 to October 10, 2007: annual research contract as a physiotherapist at the Giannina Gaslini Institute in Genoa to follow the "Theratogs™" project. Two mornings a week.

From March 31, 2006 to April 27, 2007: Physiotherapist. Giorgi Institute, Genoa. May to June 2006: Physiotherapist. Chiroterapic Institute, Genoa. Some substitutions.

From October 2005 to October 2006: I followed the "Theratogs™" project as a volunteer, at the Functional Re-education and Physiotherapy Department of the Giannina Gaslini Institute in Genoa. Two mornings a week.

From November 2021 to October 2022: Master Level I "Scientific research in the healthcare sector - In collaboration with: National Federation of TSRM and Health Professions TRP". UniPegaso From February 2013 to February 2014: University Master Level I "Physiotherapy and Respiratory Rehabilitation" now called "Master in Cardiorespiratory and Critical Area Physiotherapy". University of Milan. Internship experiences in various Italian hospital facilities (Milan, Palermo, Florence, Pavia).

From November 2009 to July 14, 2011: Master's Degree in Health Professions Sciences of Rehabilitation. Grade 110/110. University of Genoa.

From 2002 to March 24, 2006: Degree in Physiotherapy. Grade 108/110. University of Genoa.

From 1997 to 2002: High school diploma in linguistics. Grade 86/100. Classical-Linguistic High School "G. Da Vigo". Rapallo (GE).

Publications

Valentina Fassone, Salvatore Caiffa, Paolo Pelosi, Nicolò Patroniti, Simona Maiani, Ospedale Policlinico San Martino, IRCCS for Oncology and Neuroscience, POSTER "Quantification of subglottic secretions aspirated during a rapid flow expulsion maneuver in mechanically ventilated patients" exhibited during the 4th International Conference on Respiratory Physiotherapy, Treviso 21-22-23 March 2019, organized by Arir - Association of Respiratory Insufficiency Rehabilitators WINNER OF THE AWARD for BEST POSTER FOR INNOVATION IN CLINICAL PRACTICE.

De Marchi L., Fassone V., POSTER: "Multidisciplinary Team-Based-Early Rehabilitation Program In Intensive Care Unit: An Acute Motor-Sensory Axonal Neuropathy Case Report", presented during the 3rd International Conference on Respiratory Physiotherapy, Rimini 10-11-12 March 2016, organized by Arir - Association of Respiratory Insufficiency Rehabilitators

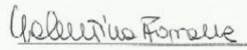
Fassone V., Scorsone D., Lazzeri M., EzPAP® system vs traditional physiotherapy in subjects undergoing cardiac surgery: prospective study, Italian Journal of Physiotherapy and Respiratory Rehabilitation, number 1, January-April 2015

Professional training courses

- Speaker at the Congress "New insight in pulmonary disease" held in Sestri Levante on May 9, 2025
- Teacher in the Basic Course in Respiratory Physiotherapy in rehabilitation departments intensive care" held at Policlinico San Martino in March 2025
- Course "Active Learning for Physiotherapy Degree Courses" organized by Summer School University of Genoa – Campus Savona from 22 to 24 September 2023
- Course "Lung ultrasound in intensive care" organized by SIAARTI in 3 levels, the first of which is FAD and the following ones are residential, Pavia 25-26 November 2022 - 76th SIAARTI ICARE National Congress, Milan, 28-28-30 October 2022
- Theoretical-practical course VAM 2022 "NIV Course" organized by Start Promotion Events in Bologna on 13-14 October 2022

Valentina Fassone

- Practical Course "Non Invasive Ventilation in Internal Medicine" organized by Asl 4 Chiavarese, Sestri Levante (Ge) on 6-7-8 October 2022.
- "An hour of fresh air" course, organized by MICOM srl in Bologna on May 13, 2022
- FAD course "Respiratory Physiotherapy: fundamentals and clinical insights", organized by ARIR, September 2021-September 2022
- Course "The fundamentals of mechanical ventilation", organized by Start Promotion Eventi, Educational Course 33° Smart Meeting Anesthesia Resuscitation Intensive Care", 2-3 maggio 2022
- Course "Mental health in adolescents and young adults during and after the health emergency: challenges and opportunities for services" organized by Ecm club from 22/12/2020 to 21/12/2021
- Course "Endometriosis: updated clinical, diagnostic and therapeutic framework" organized by Ecm club from 08/06/2021 to 07/06/2022
- Course "The ketogenic diet: definition and clinical applications in the patient with excess weight" organized by Ecm club from 11/03/2021 to 10/03/2022
- Course "Anhedonia and aging in patients with depression" organized from Ecm club from 21/12/2020 to 20/12/2021
- Webinar "Short and long-term consequences of Covid19" organized by ARIR on November 11,12,18,19,2021
- Webinar "The role of respiratory physiotherapy before and after Covid19, organized by ARIR, September-October 2021
- FAD course "Clinical research methodology in healthcare companies", organized by the University of Modena and Reggio Emilia, 24 hours, March 2021
- Webinar "Respiratory Physiotherapist fighting Covid-19" organized by ARIR on January 15, 2021
- Webinar "Aerosol therapy and bronchial unblocking" organized by Sapio Life and ARIR on December 14, 2020
- FAD course "The physiotherapist faced with new professional needs", organized by Doceo srl in collaboration with ARIR
- FAD course "Health emergency from new coronavirus SARS CoV-2: preparation and contrast" organized by Istituto Superiore di Sanità, April 2020
- FAD course "Prevention and control of infections in the context of the COVID-19 emergency" organized by Istituto Superiore di Sanità, April 2020 - Course "Eco Lung for Dummies", organized by Briefing Studio srl, Pisa, 10 December 2019
- Course for physiotherapists during the Highlights in Allergy and Respiratory Congress Disease, organized by IdeaCongress, Genoa, 7 December 2019, as Speaker
- Critical Area Congress 2019, Bologna, 5-6 December 2019
- ARIR Day 2019: "Global management of the subject with oncological pathology", organized by ARIR, Milan, 30 November 2019
- Joint AIMS – AITN – ARIR Day during the XXIX National Congress AIM, Genoa 15 September 2019, organized by AIM through Avenue Media 4th International Conference on Respiratory Physiotherapy, Treviso 21-22-23 March 2019, organized by Arir - Association of Rehabilitators of Respiratory Insufficiency Respiratory
- Course "Difficult weaning from mechanical ventilation", Tirrenia (PI), organized by DATRE srl, 23-24 November 2018 - Course "Pelvic Floor Rehabilitation: from prevention to treatment of incontinence", Genoa organized by Ospedale Policlinico San Martino, 20 November 2018
- Course "The physiotherapist in intensive care", Milan 26-27-28 May 2017, organised by Arir - Association of Respiratory Insufficiency Rehabilitators 3rd International Conference on Respiratory Physiotherapy, Rimini 10-11-12 March 2016, organised by Arir - Association of Respiratory Insufficiency Rehabilitators Respiratory
- Course "Thoracic ultrasound in the functional evaluation of the physiotherapist" Milan, May 14, 2016
- Course "High Flow Nasal Systems: experiences compared and areas of application", Milan 17/02/2016, organized by Arir - Association Respiratory Failure Rehabilitators
- Course "Non-invasive ventilation: clinical scenarios with lung simulator", Milan 2-3 December 2015, organized by Arir - Association of Respiratory Insufficiency Rehabilitators



- Course "Lung Re-expansion Maneuvers in Surgical Patients", Milan 16/05/2015, organized by Arir - Association of Pulmonary Insufficiency Rehabilitators Respiratory
- Theoretical-practical course: "Non-invasive ventilation: clinical scenarios with pulmonary ventilator", Milan, 19-20 November 2014, organized by Medicaire Italia srl.
- Course "Rehabilitation in international cooperation", Milan 28-30 March 2014, organized by Physiotherapists Without Borders
- Theoretical-practical course "Pulmonary complications in patients undergoing non-cardiac surgery: evaluation and treatment", c/o IRCCS San Martino-IST Genoa, from 20 November 2012 to 5 December 2012 (20 hours)
- Mechanical Ventilation Congress at ASL 4 Chiavarese on 27 November 2010
- Congresso "Highlights in Allergy and Respiratory Diseases" a Genova il 19/11/2011
- Course "II° Cardiology day of Tigullio at ASL 4 Chiavarese on February 12th 2011
- Course "Progressive Neurokinetic Facilitation" elaboration of the Kabat method, 190 hours, based in Genoa, organized by AIFI. Liguria.
- Course "Original Vodder Manual Lymphatic Drainage Method" 160 hours, based in Genoa
- Course "Introduction to the treatment of vertebral dysfunctions" according to the Prague School of Manual Therapy (May-December 2008), I° and II° level, approximately 80 hours, organized in Genoa by AIFI Liguria
- Proprioceptive Neuromuscular Taping Course, October-December 2009, 32 hours, organized in Genoa by AIFI Liguria
- Course "Neuromuscular Taping for neurological pathologies: application verification and update on the technique" at ASL 4 Chiavarese on 17 November 2010
- Course "Training the Core Skills of the Physiotherapist: The Core-Competence of the three-year degree internship" at ASL 4 Chiavarese on 5 and 6 November 2010
- Course "Team-based Learning – TBL" at AOU San Martino on 31 March 2011 - Course "Theratogs: functional principles, methods of use and therapeutic applications" held from 10 to 12 May 2007 at the G. Gaslini Institute (Genoa), as a teacher.
- Speaker for "Course for caregivers, family members, volunteers and operators – Information for the elderly" with the report entitled: "Facilitation in the movement of the elderly". 13/06/2012, 28/06/2012 and 22/11/2012. Organized by the Social Health District n. 13 and the Provincial CIF of Genoa.
- Participation in the organization of ECM training events at ASL 4 Chiavarese as a speaker.
- AIFI Liguria Regional Congress and Scientific Congress "The treatment of herniated discs and WAD in osteopathic medicine" held in Genoa on 21 May 2011
- Theoretical-practical course "Theratogs™" at AIAS Savona, duration 20 hours.
- Theoretical-practical course "Load handling" at AOS Martino, Genoa, duration 8 hours.
- Course "Well begun is half done – Course aimed at newly hired personnel on safety", ALS 4 Chiavarese, 28 September 2010 - Course "Safety in the workplace: basic course" at AOU San Martino Genova, 13/09/2011 - Theoretical course "Palliative care" at Hospice Genova Rivarolo, duration 8 hours.

Personal skills and abilities

Native Italian speaker

European level (*)

English

French

Spanish

Comprehension				Spoke				Written	
I listen		Reading		Oral interaction		Oral production			
	B2		B2		B2		B2		B2
	B2		B2		B2		B2		B2
	B1		B1		B1		B1		B1

(*) Common European Framework of Reference for Languages

Social skills and competences

From 2014 to 2016: volunteer at the National Speleological Alpine Rescue Corps, Rapallo section (Ge)

From 2002 to today: volunteer at the Municipal Volunteer Forest Fire Fighting Group Civil Protection of Recco (GE). Vice-coordinator of the Group from February 2011 to today.

From 2002 to today: volunteer emergency driver at the Pubblica Assistenza Croce Verde Recco (GE).

From 2007 to today: volunteer rescue driver at the Public Assistance Croce Verde Camogliese (Ge) and Public Assistance Volunteers of the Soccorso Ruta di Camogli (Ge).

From 1990 to 2002: included in the Golfo Paradiso Scout group (AGESCI) of Recco (GE).

Organizational and technical skills and abilities

- Forest Fire Team Leader Course, organized by the Liguria Region, November-December 2015, 40 hours -

Forest Fire Prevention Trainers Course, organized by the Liguria Region, 2015 - Civil Protection Trainers Course, organized by the Liguria Region, 2015 - Regional Operations Room Operator Course (SOR), organized by the Liguria Region, 2015
Liguria Civil Protection sector, 2015

- National Alpine Rescue Basic Operator Course, February 2015 - Permanent Unified Operations Room Operator Course (SOUP), c/o State Forestry Corps Operations Room, Liguria Region, May 2014 - Helicopter Operation Course, organized by the AIB service of the Province of Genoa
June 2013 -

Volkswagen Safe Driving Course, Genoa, May 22, 2009, 4 hours.

- Off-Road Driving Course 26-27 September, 3-4 October 2009 - Volunteer

Rescuers Course 118 Genoa, c/o 118 Genoa Rescue Service, October-November 2009

- Seminar "Knowing how to be in an emergency", organized by ASPIC Counselling & Cultura, in Reggio Emilia on May 31, 2008, lasting 10 hours.

- PBLSD course according to IRC/MUP guidelines at Pubblica Assistenza Croce Verde Recco, November 15, 2008, 8 hours.

- Theoretical-practical course on extinguishing forest fires, Liguria Region, year 2004, duration 40 hours.

- Theoretical-practical BLSD course with release of qualification for the use of Semi-Automatic Defibrillator (valid for both IRC and 118 Genova Soccorso).

- Theoretical-practical course Prehospital Trauma Care – PTC, according to the guidelines IRC.

- OPEN WATER level diving course (NASDS).

Computer skills and competences

Excellent ability to use Microsoft systems, Office package, internet navigation and use

Patent **Patent A**

BE Patent

AVEGNO, 06/06/2025

Valentina Fassone