



Elisa Bruzzone

✉ Email: elisabrz95@gmail.com ✉ Email: el.bruzzone@asl2.liguria.it

Work permit: Italian Gender: Female Place of birth: Savona, Italy Nationality: Italian

WORK EXPERIENCE

ASL 2 Azienda sociosanitaria ligure

City: Savona | Country: Italy

[12/08/2021 – Current] **Psychiatric Rehabilitation Technician**

My work consists in taking care of patients with psychiatric diseases and mental illness:

- Improving Quality of Life by setting a life project with the patient, helping him in the daily life;
- Cognitive, functional and psychopathological assessment;
- Rehabilitation techniques, psicoeducational techniques, cognitive rehabilitation, modeling, CBT techniques;
- Working in team with other mental health carers such as psychiatrists, psychologists, nurses, occupational therapists etc

Università degli Studi di Genova

City: Genova | Country: Italy

[01/10/2024 – Current] **Contract Professor (SSN)**

University of Genua, DINO GMI- CdL Tecnica della riabilitazione psichiatrica

Academic year 2024/2025: Approfondimenti in Etnopsichiatria, IIIrd year, Ist semester

CRCT Il Gabbiano, Gruppo Korian

City: Vado Ligure (SV) | Country: Italy

[01/04/2018 – 11/08/2021] **Psychiatric Rehabilitation Technician**

Taking care of patients with slight, mild or severe diagnosis of intellectual disability, supporting them in daily life, improving their social skills and practical skills (personal hygiene, use of money etc):

- Improving Quality of Life by setting a life project with the patient;
- Cognitive, functional and psychopathological assessment;
- Rehabilitation techniques, psicoeducational techniques, cognitive rehabilitation, modeling, CBT techniques;
- Working in team with other mental health carers such as psychiatrists, psychologists, nurses, occupational therapists etc

Cooperativa Villa Perla

City: Genova (GE) | Country: Italy

[01/12/2017 – 29/03/2018] **Psychiatric Rehabilitation Technician**

Taking care of patients with severe diagnosis of intellectual disability, supporting them in daily life, improving their social skills and practical skills (personal hygiene, use of money etc):

- Improving Quality of Life by setting a life project with the patient;
- Cognitive, functional and psychopathological assessment;

- Rehabilitation techniques, psicoeducational techniques, cognitive rehabilitation, modeling, CBT techniques;
- Working in team with other mental health carers such as psychiatrists, psychologists, nurses, occupational therapists etc

EDUCATION AND TRAINING

[22/04/2024 – 14/05/2025]

Cultura Inclusiva Course (related to Progetto FAMI nr 551)

Prefecture of Savona e University of Genua

City: Savona | **Country:** Italy | **Field(s) of study:** Migration

3 main topics:

- geography, politics and history of migrations
- psychology of disabilities and community
- etnopsychiatry

[09/02/2024 – 24/11/2024]

Mediazione Etnoclinica Course

Centro Studi Sagara

City: Lari, Casciana Terme (PI) | **Country:** Italy | **Field(s) of study:** Etnopsychiatry, anthropology | **Thesis:** "Gli uomini grigi"

[11/02/2023 – 11/02/2024]

Specialisation Course in Etnopsychiatry and Psychology of Migration

Insistute " A.T. Beck" per la Terapia Cognitivo Comportamentale

City: Roma | **Country:** Italy | **Field(s) of study:** Etnopsychiatry, Anthropology, Psychology of Migration | **Final grade:** 30/30

[19/09/2021 – 27/03/2022]

Specialisation Course in Pathological Addictions

Spaziolris Formazione

City: Milano | **Country:** Italy |

[10/2014 – 11/2017]

Degree in Psychiatric Rehabilitation Technique

Università degli Studi di Genova

City: Genova | **Country:** Italy | | **Final grade:** 110 cum laude | **Thesis:** Stigma psichiatrico. Confronto tra la popolazione generale e gli operatori sanitari che lavorano nel campo della salute mentale.

I studied Rehabilitation Methodologies, Psicoeducational Interventions, Evidence Based Medicine Techniques, Recovery oriented Techniques, Psychopathology, Epidemiology, Biology, Anatomy, Microbiology etc.

Work experience during university in

1st Year: SPDC Irccs Ospedale San martino (GE)

2nd Year: Struttura residenziale "Casa Nuova- Insieme" (Cogoleto, prov. Genova) ASL 3 Azienda sociosanitaria ligure-Centro Diurno " Il girasole" e RSA " Il cammino" (Genova) ASL 3 Azienda sociosanitaria ligure

3rd year: CT Redalloggio (Località Pero, Varazze, prov. Savona)-CEIS Genova- Centro di Solidarietà Comunità Terapeutica

" Castore e Polluce" (Genova)

[09/2009 – 07/2014]

High School Diploma Liceo Linguistico G. Della Rovere

Istituto Statale " Giuliano Della Rovere"

City: Savona | **Country:** Italy |

First Certificate B2 Level

Delf B1

Alliance Francaise

Fit in Deutsch A2

Goethe Zentrum

LANGUAGE SKILLS

Mother tongue(s): Italian

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

French

LISTENING B2 READING B2 WRITING B2

SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2

German

LISTENING B1 READING B1 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

SKILLS

Work in team | communicative | reliable | accurate | willing to improve

CONFERENCES & SEMINARS

[03/06/2024]

" La Recovery e gli interventi evidence based orientati alla Recovery in Riabilitazione Psichiatrica" organised by ASL 2 Azienda sociosanitaria ligure

My speech was titled "(Re)inserimento sociale lavorativo"

PROFESSIONAL REGISTER

[23/11/2018 – Current]

Registered in Psychiatric Rehabilitation Technique Register at number 20 from 23/11/2018

Autorizzo il trattamento dei miei dati personali presenti nel CV ai sensi dell'art. 13 d. lgs. 30 giugno 2003 n. 196 - "Codice in materia di protezione dei dati personali" e dell'art. 13 GDPR 679/16 - "Regolamento europeo sulla protezione dei dati personali".

Savona, 07/06/2025