



## Milko Zanini

Fixed-term assistant professor

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### *Education and training*

2014

#### **PhD nursing research methodology**

University of Genova - Genova - IT

2006

#### **Master Degree in nursing and Midwifery**

Università degli studi di Roma Tor Vergata - Roma - IT

2004

#### **Master Degree in Sociology**

Università degli studi di Urbino Carlo Bo - Urbino - IT

### *Academic experience*

2018 - ONGOING

#### **Researcher TD**

Università di Genova - Genova - IT

Researcher on nursing sensitive outcomes

2010 - 2018

#### **Post-doctoral fellow**

Università di Genova - Genova - IT

1999 - 2010

#### **Adjunct professor**

Università di Genova - Genova - IT

lecturer of Management Infermieristico 'Sociologia generale 'Psicologia sociale Sociologia della salute Antropologia

### *Work experience*

1991 - 2010

#### **Nurse Manager**

ASL 3 Genovese - Genova - IT

infection control accreditation quality and enviromental system

## ***Language skills***

### **English**

Proficient

## ***Research interests***

The main interests are on Nursing Sensitive Outcomes (NSO), and Fundamentals of Care. I'm now working on a specific project to deal with the effect of malnutrition in subjects with swallowing impairment and using Modified Texture Food diet (MTF).

This topic involves a multidisciplinary team with nutritionist, physicians, speech therapist and has conducted to patent a specific food system to provide meals in a modified consistency to these patients.

I'm also interested in Nursing workforce, and I'm working with my colleagues on two specific international programs (RN4CAST and RN\$CAST-PED) aimed to evaluate the relations between the amount of care and nursing outcomes.

## ***Editorial activity***

reviewer for:

- American Journal of Alzheimer's Disease & Other Dementias
- Pilot and Feasibility Studies
- Geriatrics
- BMC Public Health
- Journal of Preventive Medicine and Hygiene
- Current Research in Nutrition and Food Science Journal
- Journal of Clinical Nursing