

# Curriculum Vitae – Dr. Simona Penati

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PENATI SIMONA

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Date of Birth: 23 June 1971

## WORK EXPERIENCE

From May 1, 2005 to present

- Employer: Policlinico San Martino di Genova, Psychiatric Clinic, San Martino Hospital and Affiliated University Clinics. Permanent position as Medical Director Psychiatrist.

Main duties and responsibilities: Psychiatrist with responsibilities in inpatient care, specialist outpatient clinic for adolescents, psychiatric consultant and on-call duties, teaching at the School of Specialization in Psychiatry.

From March 2003 to April 2005

- Employer: ASL 2 Savonese
- Main duties and responsibilities: Psychiatrist at SPDC Ospedale S. Corona Pietra Ligure. Permanent position as Medical Director (former 1st level). Responsibilities included inpatient care, psychiatric consultation and on-call duties. Teamwork with CDAA (Center for Eating Disorders and Adolescence) with integrated on-call service SPDC-CDAA in the same facility.

From January 2002 to February 2003

- ASL 2 Savonese, SPDC Ospedale San Paolo. Permanent position as Medical Director (former 1st level).

From August 2001 to January 2002

- ASL 2 Savonese, SPDC Ospedale San Paolo. Temporary position as Medical Director (former 1st level).

From March to September 2001

- Psychiatric Clinic, San Martino Hospital, Genoa and Affiliated University Clinics. Temporary position as Medical Director (1st level).

From December 2000 to February 2001

- C.T. Redancia, Psychiatric Therapeutic Community. Freelance contract.

## EDUCATION AND TRAINING

- July 23, 1996

Degree in Medicine and Surgery with honors (110/110 cum laude)

- November 29, 2000

University of Genoa

Specialization in Psychiatry with honors (50/50 cum laude)

- Training experience at the University Hospital of Geneva, Psychiatry Department directed by Prof. Andreoli, with focus on adolescent units (2004)

- Lecturer at the course "Integration of the care team in managing hospitalized children with psychological distress", Giannina Gaslini Institute, Genoa, November 22-26, 2010

- Speaker at the conference "Adolescence: middle ground, network of services and community", Genoa, December 11, 2015

- Speaker at the conference "Adolescence: middle ground": Psychopathology in adolescence: Diagnosis, treatment and social suggestions", Genoa, March 21, 2019

- Biweekly teaching at the University of Genoa since 2006 for residents in psychiatry

- Personal training through supervision of adolescent psychotherapy cases at Area G, psychoanalytic psychotherapy school for adolescents and adults, Milan (Dr. Pelanda), 2013–2021

- Participant in the training course "Early intervention in adolescents with psychiatric problems and addiction: theories, techniques and pathways", Genoa 2013

- Participation in study days and seminars organized by Area G, recognized by the Ministry of Education

- Attendee at the seminar "Phenomenology of at-risk mental states", October 2014, Pietra Ligure

- International Conference "Psychoanalytic Clinic: Tradition and Innovation. 25 years of Area G experience in adolescent and adult care", Milan, November 25–26, 2016

- Participant in AGIPPSA Conference "Adolescent Identity in Search of Self in a Complex Society", Milan, October 20–21, 2017

"Developmental Psychopharmacotherapy", Calambrone (Pisa), March 14–16 and May 9–11,

2019

- Participant in the training event “Autism and ADHD in developmental and adult age”, Genoa, November 11, 2019
- Participant in the Advanced Course organized by Area G titled “Clinical work with adolescents and young adults, psychodynamic orientation”, February 18 – December 22, 2020

#### CONFERENCE PRESENTATIONS

- SOPSI National Congress 2006: “Therapeutic alliance with adolescent patients”
- XII Congress of the Italian Society of Psychopathology 2007: “Self-harming behaviors in adolescence: meanings and therapeutic programs: an operational methodology with children and parents” (Ferrigno G., Penati S.)
- SIP Ligurian Regional Section 2012: “Early interventions in Depression and Bipolar Disorders: towards new treatment models” – “Therapeutic alliance with the depressed adolescent: critical aspects and relational models” (Ferrigno G., Penati S.)
- Psychiatry Staff Round, Genoa 2012: “The adolescent on the border between normality and pathology. Diagnostic complexity: capacity and possibility of waiting”
- Genoa 2013: “Adolescents between inner world and social scene” – “When the symptom replaces communication” (Ferrigno G., Penati S.)
- National Event 2014: “Mood disorders across the lifespan: new targets and therapeutic approaches” – “Personality development and characteristics of mood disorders in adolescents/young adults” (Ferrigno G., Penati S.)
- FENASCOP Conference: “What responses to what problems in developmental age: therapeutic skills and strategies, residential and territorial activities. Organizations compared” – “Aggressiveness in Adolescence: meanings and containment strategies” (with Dr. Ferrigno)

#### TEACHING ASSIGNMENTS

- University of Genoa – Degree Course in Neuro and Psychomotor Therapy of Developmental Age: Teaching assignment in “Psychiatry” for the academic years 2017/2018 and 2018/2019
- University of Genoa – Degree Course in Psychiatric Rehabilitation Techniques: Teaching

assignment in “Adolescent Psychotherapy” from 2015 to present

- Teaching assignment in the Advanced Course in Emergency Psychiatry, academic year 2016/2017: “The aggressive adolescent”