

## CURRICULUM VITAE

*First name(s) / Surname(s):* **Dario Arnaldi**

*E-mail:* **dario.arnaldi@unige.it**

*Nationality:* Italian

*Date of birth:* 02/05/1980

*Gender:* Male



**Current position:** Associate Professor of Neurology, Dept. of Neuroscience, University of Genoa; Head of the Sleep Lab, Clinical Neurophysiology, IRCCS Ospedale Policlinico San Martino, Genoa, Italy

## Education, training and work experience

- *February 2025-Ongoing:* Associate Professor of Neurology, Dept. of Neuroscience, University of Genoa; Clinical Neurophysiology, IRCCS Ospedale Policlinico San Martino
- *July 2017-January 2025:* Assistant Professor of Neurology, Dept. of Neuroscience, University of Genoa; IRCCS Ospedale Policlinico San Martino
- *June 2016:* PhD degree in Neuroscience, University of Genoa
- *January 2015-Dec 2015:* Training at the Clinical Epileptology and Experimental Neurophysiology Unit, IRCCS Foundation Neurological Institute "C. Besta", Milan, Italy
- *January 2013-Jan 2016:* Graduate student in Neuroscience PhD program, University of Genoa
- *August 2012- June 2017:* Neurologist in charge at the Severe Brain Injury Unit, Centro di Riabilitazione srl, Genoa.
- *February-June 2015:* Attendance at the Sleep Disorders Clinic of Pitié-Salpêtrière University Hospital.
- *September-December 2011:* Observer at the Comprehensive Epilepsy and Sleep center - Presbyterian Hospital - Columbia University College of Physicians and Surgeons; New York.
- *October 2010:* Title of "expert in sleep diseases" given by the Italian Sleep Medicine Association (i.e. AIMS).
- *Sept 2009-October 2010:* Training at the Unit of Sleep Medicine and Epilepsy, IRCCS Foundation Neurological Institute "C. Mondino", Pavia, Italy.
- *March 2008-March 2012:* Residency in Neurophysiopathology; Clinical Neurophysiology Unit, University of Genoa, Italy.
- *March 2007:* Medicine and Surgery degree; Medical Faculty, University of Genoa, Italy and member of medical association of Savona, Italy.
- *September-October 2006:* Training at Department of Anatomy and Cell Biology, College of Medicine, National Taiwan University; Taipei.
- *1999:* Scientific high school degree; Senior high school specializing in science education, "Orazio Grassi"; Savona, Italy.

## Personal skills and competences

*Mother tongue(s):* Italian

*Other language(s):* English

*Self-assessment:*

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production			
C1	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user

[Common European Framework of Reference for Languages](#)

**Clinical skills and experience:**

- Sleep and Epilepsy disorder
- Neurodegenerative diseases (mostly Alzheimer's and Parkinson's disease)
- EEG (Video-EEG, Continuous-EEG, Quantitative-EEG, Stereo-EEG) and Polysomnography
- Carotid Artery and Transcranial Ultrasonography
- Neuropsychology
- Brain SPECT and PET
- Brain MRI
- Rater/Investigator in several phase II-III clinical trials on Mild Cognitive Impairment, Alzheimer's Disease and Parkinson's Disease.
- Principal Investigator in a phase II clinical trial on Parkinson's Disease
- Training on ICH/GCP 26 April 2023.

Reviewer for: Annals of Neurology; Brain; Cerebral Cortex; Clinical Neurophysiology; European Journal of Neurology; Frontiers; Journal of Geriatric Psychiatry and Neurology; Journal of Neurological Science; Journal of Parkinson Disease; Journal of Sleep Research; Movement Disorders; Neurobiology of Aging; Neurology; Neurological Science; New England Journal of Medicine; NPJ Parkinson Disease; Parkinsonism and related disorders; Preventive Medicine; Sleep; Sleep medicine.

**Awards and Honors**

- 2011: Poster award at the X congress of the Italian Association of Nuclear Medicine (Evidence of posterior cortical dysfunction in de novo, drug naive Parkinson Disease)
- 2015: Best poster for the 'Sleep' session at the XLVI congress of the Italian Neurological Society (REMeDIO: a proof-of-concept study of neuroprotection in REM sleep behavior disorder. preliminary data)
- 2016: Best PhD thesis in Neuroscience (Clinical and neuroimaging features of rapid eye movement sleep behavior disorder in Parkinson's disease), University of Genoa.

**International collaborations:**

- 2025: Elected coordinator of the scientific committee of the Italian Academy of Sleep Medicine
- 2019: Elected treasurer and member of the board of the International RBD study group
- 2018: Elected member of the committee of the Italian Academy of Sleep Medicine
- 2016: Nominated leader of the neuroimaging working group of the International RBD study group

**Research activity:**

Author or co-author of 188 scientific papers on international journals.

H-Index: 35 (Scopus)

Full list of the published articles can be found at this: [LINK](#)

<https://www.scopus.com/authid/detail.uri?authorId=35809752900>

According to law 679/2016 of the Regulation of the European Parliament of 27th April 2016, I hereby express my consent to process and use my data provided in this CV

Genoa, 07/06/2025

Signature

