

PERSONAL INFORMATION

SURNAME AND FIRST NAME: **TRAMONTE FILOMENA**

WORK EXPERIENCE

2024 - 2025

Università degli Studi di Genova - Dipartimento di Scienze della Formazione DISFOR -
Teaching assignment for the discipline "Educazione Motoria"
Planning and implementation of training sessions and examinations

From 2016 to 2024

Università degli Studi di Genova-Dipartimento di Scienze della Formazione DISFOR Alta
Formazione - Course of Specialization for educational support activities to students with
disabilities - Headquarters in Genoa-Savona
Teaching of "Laboratory methods and techniques of motor and sports activities"
Planning and implementation of training meetings

From 2009 to 2020

University of Genoa- School of Medical and Pharmaceutical Sciences - Course of Studies in
Motor Science
Teaching of "Basic techniques of body expression" Planning and implementation of training
sessions

From 2009 to 2023

SET DANCE -METAMORPHOSIS DANCE

School of Training in Dance Movement Expressive Therapy and Teacher Psychodynamics in
courses provided by the program of the School; member of the commission for conclusive
studies and theses; tutoring for students in training
Organization, management, planning and implementation of meetings

From 2016 - unlimited time Istituto Comprensivo Voltri 1 - Genova Secondary training of 1°
Chair of Support

From 2017 to 2019

Cooperative LIBRARSÌ Verzuolo CN- Course accredited by MIUR
Training aimed at teachers of every order and degree "Let's eat it. Act to include"Planning
and implementation of training meetings

From 2006 to 2014

Rehabilitation Institute for physical and mental disabilities "Casa del Santo Bambino" via
TosonottiGenova, in collaboration with the Association Set Danza;
Health, rehabilitation and recreation
Organization, management, planning and implementation of individual and group sessions,
as well as demonstration performances

From 2002 to 2012

MUS-E GENOVA ONLUS, via S. Vincenzo 2, Genoa c/o Associazione degli Industriali Confindustria

Workshops carried out c/ o primary schools: "2 June" elementary school of Teglia, "G.Rodari", "Paganini" of Genoa

Realization of artistic activities, dance and body expression for educational and integrative purposes, with attention to interculturality and discomfort

Management, planning and implementation of meetings of expressive and creative motor activity, their prefixed and in collaboration with the operators of different disciplines (visual and musical area) and realization of representative performances

From 1998 to 2005 Association ITERDANZA

Workshops carried out at nursery schools and elementary schools

Planning, realization of the laboratories and creation of the final performances

From 1993 to 1999

Centro Polisportivo "S.Marziano" di Genova Pegli Sports, educational and recreational sector

Teacher of dance, body expression and modern jazz aimed at different age groups (3-50 years)

Planning and implementation of lessons and end-of-year essays

ARTS AND CRAFTS

From 2009 to 2019

Association VALENTINA ABRAMI - MUSIC IN MOTION

Performer

Creation and performance of choreutic performance on the occasion of the events "Sounds, Body and Words in movement" c/o Sala Concerti del Conservatorio N.Paganini di Genova

From 2002 to 2011

Teatro Carlo Felice di Genova, Teatro Comunale di Ravenna, Teatro Municipale di Piacenza
En occasion of the theatrical performances " Il Flauto Magico "directed by D.Abbado, "Simon Boccanegra" directed by Pier'Alli, "Turandot" directed by G.Montaldo, "Romeo e Giulietta" ballet of the Teatro alla Scala in Milan, "Rigoletto" by M.Bellocchio, "Boulevard Solitude" directed by Lehnoff.

Mime Dancer and Special Extra

From 2001 to 2006

Company - ARAIKÈ Association

Cargo Theatre of Genoa, Valley Christi Rapallo Review, Opening Piazza Lavagna Genova
Performances of Teatrodanza "The invisible cities", and itinerant theme performances.

Creation and direction of the choreographies and artistic interventions in collaboration with the artists of the company.

2004

Theatre company "Il tappeto danzante" Teatro Cargo of Genoa
Realization of the theater-dance show "Saqada"

Dancer-actress

200

Association IL BOSCO E LE LANTERNE

Artistic consultancy for the realization of the event "EMOZIONI NOTTURNE"

From 1995 to 1998

Italian municipal and local authorities:

Promotional, cultural and artistic events

Dancer

Preparation and realization of Contemporary and Medieval Dance performances

EDUCATION AND TRAINING

a.a. 2014-2015

Università degli Studi di Genova - Alta Formazione; TFA - Tirocinio Formativo Attivo

"Specializzazione per l'attività di sostegno didattico agli alunni con disabilità"

School Inclusion, Special Pedagogy, Child Psychiatry, ICF, Legislation, Motor Activity

Laboratories, Music, Computer game therapy, CAA augmented alternative communication...

Qualification for the activity of educational support to students with disabilities in secondary schools of 1° obtained on 16/12/2014 with the score of 30/30 and the dissertation entitled

"The faculty- inclusion beyond words" speaker Prof. Angelo Gianfranco Bedin

a.a. 2013-2014

Università degli Studi di Genova - High Education; PAS - Special Enabling Course School

Design and Assessment, Special Pedagogy, Mediation and Teaching Relationship, Teaching of Learning Disorders (DSA), Educational Technologies (EAS), Teaching of Group Work and Communication

Teaching qualification for the class of competition A029 - Ed.Fisica in Scuola Secondaria di 1° e 2° obtained on 14/07/2014 with the score of 97/100 and the paper entitled "THE FORMATIVE EVALUATION - the importance of constructive assertiveness for the development of competences" Rapporteur: Antonella Sbragi

From 2006 to 2009

University of Genoa - faculty of medicine and surgery

Human Resources Psychology, Didactics and General Pedagogy, Motor Activities for the Developing Age, Sociological Sciences, Medical Sciences (biochemistry), Human Physiology, Neurology, Preventive and Compensatory Motor Activities;

Acquired specific and in-depth skills in the field of prevention and education through motor activity;

Organization and management of activities aimed at achieving, maintaining and recovering, through physical exercise, the optimal framework of health, efficiency and psycho-physical well-being.

Master's Degree in Sciences and Techniques of the Preventive and Adapted Motor Activities, 110/110 vote; Experimental thesis entitled: "The Subtle Dance, the art of relationship through movement" speaker Prof. Massimiliano Barduco

From 2003 to 2006

Scuola Professionale di Danza Movimento Terapia Espressiva e Psicodinamica D.D. Cinzia Saccorotti, c/o l'Associazione "Il Melagrano" of Genoa; School and Association members of the APID.

Psychology, Psychosomatics, Psychoanalysis, Group Psychodynamics, Structuring of preventive and socio-pedagogical interventions, Body Psychotherapy, Biosystemic and Bioenergetic, Anthropology, Ethnology, Elements of Music Therapy and Art Therapy. Diploma of Dance Movement Expressive and Psychodynamic Therapy, vote 50/50 praise; thesis entitled: "The Therapeutic Smile", rapporteur Dr.ssa Cinzia Saccorotti

2005

A.I.M.I. Associazione Italiana Massaggio Infantile, Via Fraschini, Genova Learning the complete sequence of massages; learning the benefits of Massage for the newborn and for children up to 3 years; reflections on the reinforcement of the bounding parent - child; Experiences of non-verbal communication stimulated by massage: smile, eye contact, contact through the skin. Certified child massage instructor for children from 0 to 1 year

2001 - (400 hours of training)

Istituto Professionale "Trucco" in collaboration with the European Union, c/o il Teatro Carlo Felice di Genova

Elements of History of the Theatre, History of Music, History of Melodrama and its protagonists principali, Elements of Tailoring Costumes and Scenography; Contemporary Dance, Clownery, Acrobatics, Body Expression, Acting, Fencing. Qualification of Mimo Theatrical

From 1996 to 2001

I.S.E.F.- Istituto Pareggiato di Educazione Fisica di Firenze (c/o sede distaccata di Genova) Human Psychology (general and development), Pedagogy General and Special, Medical Sciences(Anatomy and Human Physiology), Technique and didactics of motor and expressive activities.

Diploma I.S.E.F. rating 110/110 lode; Degree in Motor Sciences (ex. secondary education 2) Experimental Thesis of Body Expression entitled: "A significant experience: The Body Expression in kindergarten", speaker Prof.ssa A.M. Guglielmino

LANGUAGE SKILLS AND COMPETENCE

MOTHER TONGUE: ITALIAN

OTHER LANGUAGE: ENGLISH level B2

Reading ability -> Very good Writing ability -> Good Speaking ability -> Good

RELATIONAL SKILLS AND COMPETENCE

The attitude and interest in developing relational skills can be traced back to my very first work experiences. Such attention is also evident from the titles of the theses of Dance Therapy and Master's Degree which have as their main theme, research in this area. The field in which I work, from very early childhood, to disability, discomfort, as well as the laboratory activity related to multicultural experience and integration Mus-e and especially

training as Danzremomentoterapeuta, have greatly increased my experiences in this regard, Raising awareness of the importance of the approach to the user lived in mutual respect for differences and personal resources. This approach is also reflected in relations with employees, with whom I have for years interwoven relationships of esteem and trust that allow me to work in a professional atmosphere of respect and serenity.

Over time, I have been able to become aware of what are my innate gifts for building meaningful empathic relationships in which the needs of the interlocutor, appear easily to my eyes allowing me to face and manage the relationship with immediacy and assertiveness.

ORGANIZATIONAL SKILLS AND COMPETENCE

From 2023

I hold the position of President of the Association Metamorfosi Danza that manages the School of Training in Dance Movementexpressive and Psychodynamic Therapy.

From 2008 to 2013

I served as vice president of the sports association Set Danza, for which I have been collaborating since 2005 and which promotes through the realization of workshops, dance and art as a source of education and development.

The association is involved in different realities, municipal kindergartens, primary and secondary schools, rehabilitation centres for psycho-physical disabilities, ASL and vocational training institutions.

My task within the association, in collaboration with the president Claudia Piccolo and the collaborators was of ideation, promotion, realization of projects, management of pedagogical, organizational and bureaucratic aspects.

From 2002 to 2005

Directing, choreography and production of:

- the cultural event "Il bosco e le lanterne" Stella S.Martino (SV)
- the solo dance performed by Delia Pastorino on the occasion of the "Settembre Musicale" c/o il Teatro Cargo di Genova Voltri

• The musical video-clip "mosquitoes" by Paolo Passano
and numerous other artistic events.

From 2002 to 2004

Member and founding partner of the cultural and artistic association "Araikè", with which I produced and performed:

"INVISIBILIA" dance theatre show c/o il Teatro Cargo di Genova and c/oValle Christi di Rapallo, Genoa

"DANCING APERITIF" made during the inauguration for the reopening of Piazza Lavagna, Genoa

All these experiences have matured:

• great adaptability, due to the need to combine work, study, personal research activity, family and social life;

- good mediation skills between the personal-professional level, that of institutions and bodies with which I compare from a bureaucratic point of view and that of users.

ARTISTIC SKILLS AND COMPETENCE

Study of ballet:

Ursula Altmann, c/o the Centro Studi Danza Pegli from 1983 to 1989;

Bianca Campomizzi, c/o Hobbydance from 1990 to 1996

Study of modern dance and jazz:

Maurizia Lettere, c/o Danzarte from 1999 to 2002

Study of contemporary dance:

Giovanni Di Cicco, c/o il Mojudo from 2001 to the present

Kinomichi practice:

Daniele Granone , Manuela Biraghi, c/o Dojo Giustiniani from 2002 to 2004

Practice of Aikido:

Massimiliano Barduco, c/o dojo voltri from 2004 to today

OTHER SKILLS AND COMPETENCES

Dedication to work and a strong sense of duty have allowed me over the years to develop resilience and determination to achieve the goals set, without the great energy invested in its quality.

From a young age used to manage the family household, including all economic, practical and emotional management activities.

I have great manual skills that allow me to do creative/artistic work.

FURTHER INFORMATION

I wish to increase and develop my professional skills and abilities in different fields, related to the educational and training aspect of the individual of any age group, aware that I can offer technical, theoretical and emotional support and feeling able to manage, Integrating them into my different roles, both personal and professional.

I love reading and research, especially in the field of science and psychology and I have the ambition to continue my research in pedagogy, With a particular interest in the experimentation of methodologies that see the body and motor activities as a mediator tool in learning.

PUBLICATIONS

- La rivista di Educazione Fisica - scienze motorie e sport - anno 9, numero 4, Ottobre/dicembre 2019. Pages 24-25

- L'arte nella cura - terapie espressive e riabilitazione psichiatrica- Mimesis - 2024. Article "Beyond the dance" Pages 138-157

Genova, 10 June 2025

I consent to the use of personal data pursuant to Law 675/96.